



Trip to Deadwood was a Time for Elders to Enjoy themselves with friends and family

Quotes for The Heart & Mind:

- * "The only person you are destined to become is the person you decide to be".~ Ralph Waldo Emerson~
- * "The best time to plant a tree was 20 years ago~The second best time is now".~Chinese Proverbs~



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Pictured above from left to right is; Donna, Rosie, Paul, Councilwoman Gladys Sherry Turner-Lone Fight and Frank White Owl. They are all family members; Rosie White Owl, Paul White Owl Sr., and Frank White Owl are all siblings. Donna is the wife of Paul and Councilwoman is a sister to her White Owl family.

Being in Deadwood was a fun time for our elders. A time for them to enjoy themselves in a different environment. We stayed at the Mineral Palace which was a very nice place to stay. They also gave us meal coupons for breakfast and dinner. Within the past four administrations I worked for, this was the very first trip I went on and I must say it was awesome. I even rode the bus down and that was a nice bus ride. Cont. on page. 4

Councilwoman Turner-Long Fight Update



Greetings to each of you, our elders, our community members and to those who live out of state. I want to say Happy April! Before I begin, I would like to extend my deepest sympathy to the family and relatives of Lisa Mason. Our prayers are with you all. We are very sorry for your loss. We

are very blessed as a community to have the opportunity to expand our infrastructure. I am delighted to report we have taken our first step towards building our dream community complex. The tribal council has granted us the first \$25 million dollars we need to commence building our infrastructure. Our goal is to provide beyond expectations the family friendly gathering place all our community members can enjoy now and for many years to come. The complex will be built as an all-inclusive multiplex, that will include an indoor/outdoor water park, bowling alley, state of the art athletic stadium, party rooms, strength and conditioning studio, full commercial kitchen and concession in the arena. The complex expands through a climate controlled tunnel that connects our assisted living and state of the art clinic that will be the heart of our community. The design reflects the way our people enjoyed living before the Garrison Dam flood. Gathering together to work and to play, creating the harmonious atmosphere our people were meant to live and thrive in. As your humble leader, I am working hard to build our community up and looking forward with absolute faith for our generations to come. Mandaree brings more blessings. My heart is bursting with pride, congratulations to all our budding scientist who made us proud at the North Dakota Native American State Science and Engineering Fair. A special shout out to Ayla Hale, for earning the "Best in Show" award.

Our community loves our Veterans, and honoring them is foremost on our agenda every month. The gathering brought many veterans together to enjoy dinner and to

remembrance, it was a very heart felt convocation. Our featured veteran in March was Bill Reeves, and we honored his service at the dinner. This months we are featuring Elton Spotted Horse you see this on page 19.

The basketball fans gathered together to enjoy our brand new school stadium where Mandaree School hosted the District tournaments. The conference was bitter sweet as this was the last time we will be battling it out with our New Town School Eagles, they will be promoted to Class A. Good luck Team Eagles!

I hope all the seniors who participated in the Deadwood senior trip had an incredible vacation. I was pleased to see the large turn out and believe we all had a marvelous time. Also those elders who couldn't join us, still received the funds to do as they wanted. I love my elders, you are all so appreciated.

Also I would mention that the Veterans park will be located kitty corner from the Hidatsa celebration grounds, on the east side. A campaign for families that wish to honor their veterans by buying plaques to be displayed in tiers of bronze, silver, a diamond; Diamond being \$2,000 or more. Veterans Memorial wall– still serving and veterans still with us. Walk of Flags of each branch. There will be fire pits, barbecue pits and picnic tables. It will be awesome for our veterans.

We are looking forward to planning the grand opening for July 1, 2023. The process of building will begin after the ground has thawed and our weather is nicer out.

I thank each of you for being patient, all these buildings do take time. If you have any questions, or would like to visit with me my door is always open.

This is all I have for now, keep reading our monthly newspaper for what's been happening in our community.

Thanks for being a good reader

GoWids

Information For West Segment Elders



April is Parkinson Awareness month.

Parkinson's disease is a progressive disorder that affects the nervous system and the parts of the body controlled by the nerves. Symptoms start slowly. The first symptom may be a barely noticeable tremor in just one hand. Tremors are common, but the disorder may also cause stiffness or slowing of movement.

In the early stages of Parkinson's disease, your face may show little or no expression. Your arms may not swing

when you walk. Your speech may become soft or slurred. Parkinson's disease symptoms worsen as your condition progresses over time.

Although Parkinson's disease can't be cured, medications might significantly improve your symptoms. Occasionally, your health care provider may suggest surgery to regulate certain regions of your brain and improve your symptoms.

Symptoms

Parkinson's disease signs and symptoms can be different for everyone. Early signs may be mild and go unnoticed. Symptoms often begin on one side of the body and usually remain worse on that side, even after symptoms begin to affect the limbs on both sides.

Parkinson's signs and symptoms may include: **Tremor.** A tremor, or rhythmic shaking, usually begins in a limb, often your hand or fingers. You may rub your thumb and forefinger back and forth. This is known as a pill-rolling tremor. Your hand may tremble when it's at rest. The shaking may decrease when you are performing tasks. **Slowed movement (bradykinesia).** Over time, Parkinson's disease may slow your movement, making simple tasks difficult and time-consuming. Your steps may become shorter when you walk. It may be difficult to get out of a chair. You may drag or shuffle your feet as you try to walk. **Rigid muscles.** Muscle stiffness may occur in any part of your body. The stiff muscles can be painful and limit your range of motion. **Impaired posture and balance.** Your posture may become stooped. Or you may fall or have balance problems as a result of Parkinson's disease. **Loss of automatic movements.** You may have a decreased ability to perform unconscious movements, including blinking, smiling or swinging your arms when you walk. **Speech changes.** You may speak softly, quickly, slur or hesitate before talking. Your speech may be more of a monotone rather than have the usual speech patterns. **Writing changes.** It may become hard to write, and your writing may appear small.

When to see a doctor: See your health care provider if you have any of the symptoms associated with Parkinson's disease — not only to diagnose your condition but also to rule out other causes for your symptoms. **Causes** In Parkinson's disease, certain nerve cells (neurons) in the brain gradually break down or die. Many of the symptoms are due to a loss of neurons that produce a chemical messenger in your brain called dopamine. When dopamine levels decrease, it causes atypical brain activity, leading to impaired movement and other symptoms of Parkinson's disease. The cause of Parkinson's disease is unknown, but several factors appear to play a role including; **Genes** Researchers have identified specific genetic

changes that can cause Parkinson's disease. But these are uncommon except in rare cases with many family members affected by Parkinson's disease. However, certain gene variations appear to increase the risk of Parkinson's disease but with a relatively small risk of Parkinson's disease for each of these genetic markers. **Environmental triggers.** Exposure to certain toxins or environmental factors may increase the risk of later Parkinson's disease, but the risk is small. Researchers have also noted that many changes occur in the brains of people with Parkinson's disease, although it's not clear why these changes occur. **These changes include:** The presence of Lewy bodies. Clumps of specific substances within brain cells are microscopic markers of Parkinson disease. These are called lewy bodies, researchers believe these Lewy bodies hold an important clue to the cause of Parkinson disease. Alpha-synuclein found within Lewy bodies. Although many substances are found within Lewy bodies, scientists believe an important one is the natural and widespread protein called alpha-synuclein. It's found in all Lewy bodies in a clumped form that cells can't break down. This is currently an important focus among Parkinson disease researchers. **Risk factors include:** Age. Young adults rarely experience Parkinson disease. It ordinarily begins in the middle or late life, and the risk increases with age. People usually develop the disease around age 60 or older. If a young person does have it then genetic counseling might be helpful in making family planning decisions. Work, social situations and medication side effects are also different from those of an older person with Parkinson and require special considerations. Heredity; having a close relative with Parkinson increases chances that you'll develop the disease. However, your risks are still small unless you have many relatives in your family with Parkinson's disease. Men are more likely to develop Parkinson's than women. **Exposure to toxins;** Ongoing exposure to herbicides and pesticides may slightly increase your risk of Parkinson disease. Parkinson's disease is often accompanied by these additional problems which may be treatable: Thinking difficulties. Depression and emotional changes, swallowing problems, chewing and eating problems, sleep problems and sleep disorders, bladder problems, constipation, blood pressure changes, smell dysfunction, fatigue and pain. Some other research has shown that people who consume caffeine, which is found in coffee, tea, and cola, get Parkinson's disease less often than those who don't drink it. Green tea is also related to a reduced risk of developing Parkinson's. However it is still not known whether caffeine protects against it or is related in some other way. Currently there is not enough evidence to suggest that drinking caffeinated beverages protects against Parkinson's.

By Reprinted from Mayo Clinic Staff

Attention: Foot Care at the Mandaree Clinic on Wednesday, April 19, 2023 from 12 Noon to 3:00pm Please call to register at (701) 759-3422.

West Segment Elders Enjoy Trip to Deadwood



As soon as we arrived at the Mineral Palace, we were assigned our rooms we settled in and all met for our social hour to visit and enjoyed snacks before we all set out to gamble or some elders just enjoyed Deadwood.

On the ride down to Deadwood, Rayne and Loretta handed out bingo cards and we played cash bingo. It was fun to play it made the trip worthwhile and time went by so fast.

When we arrived at the Mineral Palace, we all went in and checked into our rooms. After we were settled into our rooms then we went to the social gathering where everyone got to visit and enjoy snacks.

When that was all done, some of the elders went to try their luck at gambling. It was so nice to see some families come together to have fun and to see some of the sites.

On the agenda a slot tournament was held after the buffet dinner. So those elders who participated in the first round of the slot tournament, the high scorers qualified for the finale. This was a first time for the Mineral Palace to host a tournament. I'm sure after this they will start doing slot tournaments.

Then on Saturday the chartered bus took those who want to go to Rapid City at 11:00am. The bus driver took us to the Prairie Edge store down town, and some just walked around at different shops. After that we left for the Mt Rushmore mall.



Here are the Fredericks gals Kathleen, Sharon and Bonnie are all enjoying their meal.



Sherman Guimont and his wife Romana enjoying their meal.

West Segment Elders Enjoy Trip to Deadwood



Councilwoman Gladys Sherry Turner-Lone Fight enjoying her meal with her husband Ted Lone Fight III.



Mavis Huber and her husband enjoy a meal with her sisters Doreen Charging and Betty Young Bird. It was a great time to visit and laugh.



It was so nice to see relatives and families come together to enjoy a meal and have some fun gambling and if you didn't gamble there were many sites to see.

A lot of elders drove down with their spouses and some with their friends. So there were elders there who had their own transportation and took it upon themselves to go to Rapid City or Mount Rushmore, or where ever they wanted to go.

I know I enjoyed playing some of the slots.

Pictured to your left is our bus driver, Lenny Tesky, from Beulah, North Dakota. He was an amazing driver, nice and patient, he liked to visit.

On behalf of myself I would like to say thank you to West Segment, Rayne Brown and Loretta Lone Bear, who were there helping make this event fun! I would like to thank Bernadine Fredericks Mendez for her efforts in getting our rooms. I loved the room I was in it was a real nice room. So thank you to all those who had a part in this whether it be getting us checks, meals, and getting us the nice bus to ride on. It was a trip worthwhile. I know I am not the only elder who appreciated this trip. I know for sure all of us had a wonderful time and enjoyed seeing each other as well.

Elders Slot Tournament in Deadwood



Mandaree Elders are all set for slot tournament. In the picture below is JoAnn Keehn who is all set to go in the slot tournament. All elders sure enjoyed themselves participating in the 1st time slot tournament. I know I did.



Catherine Smith and Hank Bolman as they wait patiently the slot tournament to begin.



To your right we have the Saddle Butte sisters; Judy Black Hawk, Fayann Moberg and JoAnn Keehn. Thank you Doris Johnson for taking this picture, it was a nice photo so I asked the girls if I could put this photo in our newspaper and they all agreed so thank you.

It looks like they all enjoyed themselves at the Mineral Palace in Deadwood.



Veterans Gather At Mandarøz Elders Building



Councilwoman Gladys Sherry Turner-Lone Fight looks on as Aaron Abbey Veterans Liaison talks with all the veterans who came to the elders building to enjoy a meal together.

As each month goes by a Veteran is honored. Aaron Abbey is the newly appointed Veterans Liaison for the West Segment community.

This department invites all the Veterans who reside in our community to share a meal which was provided by Councilwoman Gladys Sherry Turner-Lone Fight and her staff.

Their motto "The Mission Continues" we want to give the veterans of West Segment the opportunity to continue serving their community.

If you need any assistance you can contact Aaron Abbey his cell is (701) 421-5076.

Each month he will be featuring a Veteran in our newspaper. This month's veteran is Elton Spotted Horse Sr, featured on page 11 of the West Segment News.

Pictured below is William Reeves Sr, also known to everyone as Bill, he was recently featured in our West Segment News as Veteran of the month. Here he is gifted with a star quilt. Standing with Councilwoman and Veterans liaison Aaron Abbey.



The beautiful Mrs. Ethel Reeves enjoying a meal with her husband Bill Reeves. Ethel has also served her country she is a Veteran.



West Segment Honors Dallas Fox-Osborne and her Duties at Fort Berthold Rural Water

Submitted by Joseph Silveria, Director of The Fort Berthold Rural Water



West Segment honors one of their own community members. I am grateful for the opportunity to talk about the work Dallas performs at the Fort Berthold Rural Water Program. Dallas works every day with a determined goal of protecting the quality water for the people of the Three Affiliated Tribes. In her position as the Executive Assistant, Dallas provides me direct

support and has equal duties in administering the Fort Berthold Rural Water Program. Which I am thankful to her.

Over the past couple years, Dallas has been instrumental in working with our Senate and Congressional delegation on a ceiling increase to the Dakota Water Resources Act of 2000. This congressional act provided the Three Affiliated Tribes with \$70M dollars in 2003 for the development of the FBRW system. Currently those efforts to reauthorize this act are underway in Washington DC. Dallas has been involved with that coalition along with the other Dakota Area Tribes and the State of North Dakota in an effort to lobby for over \$227M for the Three Affiliated Tribes/Fort Berthold Rural Water Program. Her efforts were most recently on display during a trip to Washington DC as a member of the North Dakota Rural Water Delegation and participated in meetings on Capitol Hill with Senator Hoeven, Senator Cramer and Congressman Kelly Armstrong.

In 2022 Dallas participated in meetings with the State of North Dakota and the other Dakota area Tribes. She assisted and provided valuable key insight with North Dakota House Bill 1385. This bill allowed for changes to the North Dakota Century code to allow all North Dakota Federally Recognized Tribes to have access to the State Water Commission cost share funding for Rural Water Projects.

Three Affiliated Tribes will now be an eligible sponsor under this law essentially putting the MHA Nation on a equal level with other non-tribal rural water systems. This bill passed out of the House 87-0 and last week passed the Senate 47-0 in favor of the North Dakota Tribal Nation's. Dallas will be present for the Bill signing ceremony with Governor Doug Bergum and Chairman Fox at the State Capital this Thursday.

In 2022 Fort Berthold Rural Water applied for 12 grant applications under President Biden's Bipartisan Infrastructure Law. These applications were submitted for FBRW's Aging infrastructure on the Fort Berthold Reservation. Dallas provided technical support and insight in identifying critical infrastructure needs for the FBRWS regarding these grant applications. Last week we were notified that FBRW received \$54,380,000.00 in Federal assistance for those Specific projects. Approximately \$28,000,000.00 of those grants are to be invested back into the community of Mandaree for those infrastructure projects. Dallas's work on these projects and applications were essential and her efforts should be recognized for the hard work she performed on behalf of the Three Affiliated Tribes/Fort Berthold Rural Water Program.

Last year Dallas helped represent the FBRW Program in a meeting with President Biden's commissioner Camille Touton to the DOI Bureau of Reclamation from Washington DC. Dallas helped advocate for additional Operations and Maintenance annual funding for the system. Additionally, a follow up meeting in Santa Barbara late last year regarding these same topics resulted in the FBRW program receiving an additional \$2M a year for O&M. With out Dallas's work and commitment to this issue, FBRW would not have seen an increase of this size in this short amount of time.

Dallas is one of the few current Tribal Employees to have been granted access to the Bureau of Indian affairs Trust Asset and Accounting Management System. A Land Title and Records data base which she uses for the benefit of the program managing our federal right of ways to ensure FBRW can continue to connect new users to the system each year. One of Dallas's many responsibilities at the program is

Continue on next page

West Segment Honors Dallas Fox-Osborne and her Duties at Fort Berthold Rural Water

coordinating with the EPA Region 8. Ensuring that all of our Federal Monitoring Requirements are adhered to and she administers that oversight on behalf of program.

I've worked with Dallas at the Fort Berthold Rural Program for a few years and I have been fortunate to watch her develop in to a strong leader within the program. Dallas's work ethic is second to none, her hard work and continued unwavering determination is reflected amongst those she works with.

I can speak on behalf of the program that we are thankful for her leadership, determination and steadfast commitment to protecting the quality of water for the MHA Nation. In closing I would like to thank Councilwoman Lone fight and the Fox Family for inviting me to speak about Dallas and share with you what she means to the program, The Community of Mandaree and The Three Affiliated Tribes.

Submitted by Joseph Silveria, Director of The Fort Berthold Rural Water



One can bet this won't be the last of her accomplishments we will hear of as Dallas continues to move forward as the Executive Assistant.

Pictured to your right is Dallas holding the cake that was made in her honor.

Dallas is the daughter of Bruce

Fox Sr., and Katherine Mann, who all reside in the West Segment community.

She has proven herself a leader and a doer in her job duties as you read what her boss wrote about her.

We are all so very proud of her accomplishments in working with the Fort Berthold Rural Water Program.

Dallas drives from Mandaree every morning to the main base in New Town. She resides out East of Mandaree with her husband Jonnie C. Osborne III, they are the parents to two daughters and one son.

In working with Rural water, She follows the footsteps of her father Bruce Fox Sr., who also was a dedicated and committed worker at the Fort Berthold water treatment plant here in Mandaree.

In fact, the new water treatment plant will be built here in Mandaree within the next two years will be named after her father, Bruce A. Fox Sr., along with his Hidatsa name "His Horses are Fast".

Again, we are all so very proud of Dallas and we wish her the best as she continues to work for all of us here on Fort Berthold.



Councilwoman Gladys Sherry Turner-Lone Fight, Dallas Fox Osborne standing by her dad; Bruce Fox Sr., and The Director of The Fort Berthold Rural Water; Joseph Silveria, who wrote and read the speech in honor of Dallas.

Community Easter Egg Hunt & Dinner

All photos by LeeAnna Nation



Councilwoman Gladys Sherry Turner-Lone Fight greets everyone who came to the Easter Dinner. Also the MC Elton Spotted Horse stands by.

The coordinator for the West Segment Events is Renay Brown, she is the one who gets all the items needed for every event we have. We are so grateful for her hard work and everyone who help her get things done. Also to the West Segment staff members who furnish the meal, and to the Maintenance department for all their help.

A great line up of activities for everyone to enjoy.

They have the Egg Toss for ages 8-12 with prize monies;

1st-\$100.00

2nd-\$80.00

3rd-\$60.00

For ages 13-17 for the Egg Toss

1st-\$200.00

2nd-\$150.00

3rd-\$100.00

For ages 18-39 Years:

1st-\$200.00

2nd- \$150.00

3rd- \$100.00

For ages 40-59 years:

1st- \$250.00

2nd- \$200.00

3rd- \$150.00

For ages 60 years & Older:

1st-\$400.00

2nd- \$300.00

3rd- \$200.00

The other highlight would be gunny sack races there will be prizes for 1, 2nd and 3rd place but no prize was listed.

Also available for the evening will be pictures with the Easter Bunny.

Easter baskets will be given to the youth.

A Jelly bean Guesstimate 50/50, half to the guesser and the other half will go to the Emergency Closet.

The dinner will be provided by the West Segment employee's.

On behalf of West Segment we hope you all enjoyed yourselves at this year's Easter Dinner.

Thank you for coming



Community Easter Egg Hunt & Dinner

All photos by LeeAnna Nation



Lyda Bearstail, one of our prominent elders kindly accepts the offer for the opening prayer before everyone has their dinner.



Florene Halverson and her daughter Colleen enjoying their meal with their family.



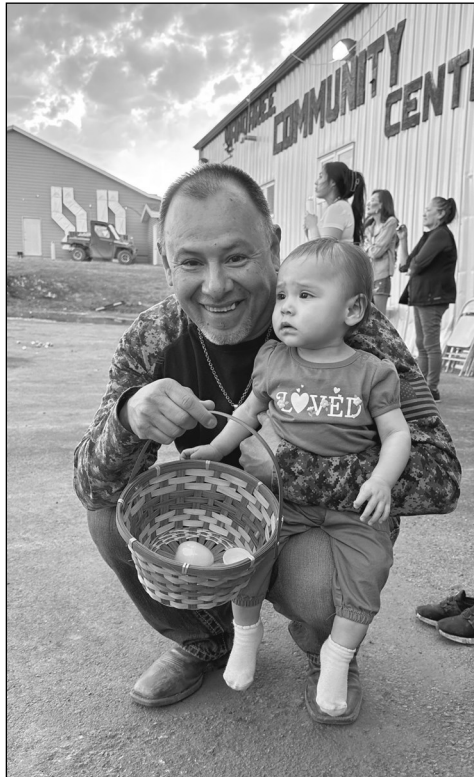
Cheryl Fox and her grandson enjoying their Easter meal. It great to see people enjoying themselves.



People are lining up to get their Easter dinner. The food looked great, it was all provided by the West Segment employees. The turn out for the Easter festivities was great, and the weather was nice outdoors for the kids to enjoy their egg hunts. Eat first then the fun begins.



Community Easter Egg Hunt



The first ones to start off with were the babies who wanted to take part in the egg hunt. Here we have the little ones with the help of their parents or their grandparents so they can have eggs in their baskets. In the first picture Tedsena guides her daughter, Lillian in hunting eggs. In the second picture we have Tony Two Bears and his daughter as he helping her during the egg hunt.



Grandma Jade helping her granddaughter collect eggs.



These kids were all set and ready to go for the egg toss contest. Prize monies for egg toss were from one dollar to twenty dollars. All age groups had money eggs filled with different amounts and up to fifty dollars for adults everyone had fun!

Community Easter Egg Hunt



Everyone got in the egg toss started out with these two younger ones and then the older ones stepped in as you can see in this picture. They all had fun tossing their eggs.



Here are some of the adults participating in the egg toss. We have Lanahazel Conklin and Bernadine Fredericks-Mendez tossing the egg. Denver and his wife Jade were also participating in the egg toss. In which they were the winners!



How to make a child happy is hand them an Easter Basket and you will see nothing but smiles and a happy face.

We were very glad to see all the kids excited and happy to get their Easter baskets.

There was plenty of Easter baskets to go around.

All the kids got one. Thanks to West Segment staff for the great meal and to Councilwoman Gladys Sherry Turner-Lone Fight for the wonderful Easter baskets for the kids to enjoy!



Mandaree Posts Honors Veterans in Hawaii

Photos Courtesy of Harriet Goodiron



The Bearstail and Goodiron family along with their daughters, nieces and grandchildren all gathered to honor Nathan J. Goodiron and Myron B. Johnson. American Legion Auxiliary Post 271. This was the banner they carried in the Vietnam Veterans Day Parade In Hawaii.

In the bottom picture are members of American Legion Post 271 they carried their banner in the Day parade in Hawaii.



Veterans Will and his wife Ethel Reeves were also there in Hawaii pictured here with Veteran Kelly Cummings McGrady.



Lori O'Berry, Delreen Robertson, Harriet Goodiron-Gold Star Mother, Vida Craig all sisters stand behind their mother Lyda Bearstail. During the Vietnam Veterans Parade.

For Your Information

Pathways to Wellness Program

Submitted by Verdell Thunder Horse/ Sidney Huntsalong

If the MHA Nation people are going to continue to live and survive into the future, we must save ourselves. We must start the process of self-repair and healing; we are starting to self-destruct from dis-ease and addictions. It is now understood that negative or unhealthy thoughts, feelings/emotions, and beliefs cause mental and physical illness. The illness or dis-ease process starts with a person in a constant state of anxiety, depression, and stress. We try to “cope” with this distress with drug, alcohol, tobacco and even food.

The unhealthy coping/addictions manifest into heart disease, diabetes, high blood pressure, cancer, cirrhosis, and other illnesses. Since we live in an isolated rural area, it is difficult to get adequate services to address our addictions.

We might not get the needed therapy or counseling, but we can educate ourselves on the basic of good mental and physical health. We can learn how to take care of ourselves in our own homes and community. This program is a grassroots educational program to help individuals become aware of what is causing the dis-ease and addiction and what can be done prevent further harm. The journey of a thousand miles begins with the first step! The way you eat an Elephant is one bite at a time! We look forward to taking this learning and healing journey with you! See you soon!

“We have this belief that something outside of us can fix something wrong inside of us. The problem isn’t outside of us, it is within us, and if that’s true then the solution is within us”.

Philosophy: Everyone has the capability and capacity to grow and heal themselves and live a purposeful, meaningful and satisfied lives.

Vision: To educate every adult community member on how to get their emotional needs met to improve their mental and physical health and wellbeing. To create a safe, peaceful, and healthy community through self-repair and healing.

Mission: Our mission is to provide education and awareness on how unhealthy thoughts, feelings/emotions, and beliefs manifest into dis-ease and addictions. To educate individuals on how to get their emotional needs met. To educate and implement methods and techniques to repair and heal the mind, body and spirit.

Mandaree Boys & Girls Club

The Mandaree Boys and Girls club keep busy with a number of activities. They do all kinds of things inside and outdoors. Mostly indoors if the weather isn't so nice and when they get a chance they all go outdoors and do an activity as a group.

Pictured below the boys and girls are being very creative and showing what they made. They also got creative with glitter and made some items with that. They also made their own puppets that was amazing what these kids can do.



Mandaree School Presents Bullying Prevention Day



Mrs. Angie Cummings is with students at Mandaree school educating and presenting on what is bullying?

The Mandaree School recently had the MHA Nation Anti-bullying and Suicide Prevention Team. As you can see to your left is one of the team members presenting to the students in their classroom and educating them on what is bullying. The team went into every classroom and grade and gave their presentations on Anti-bullying and Suicide.

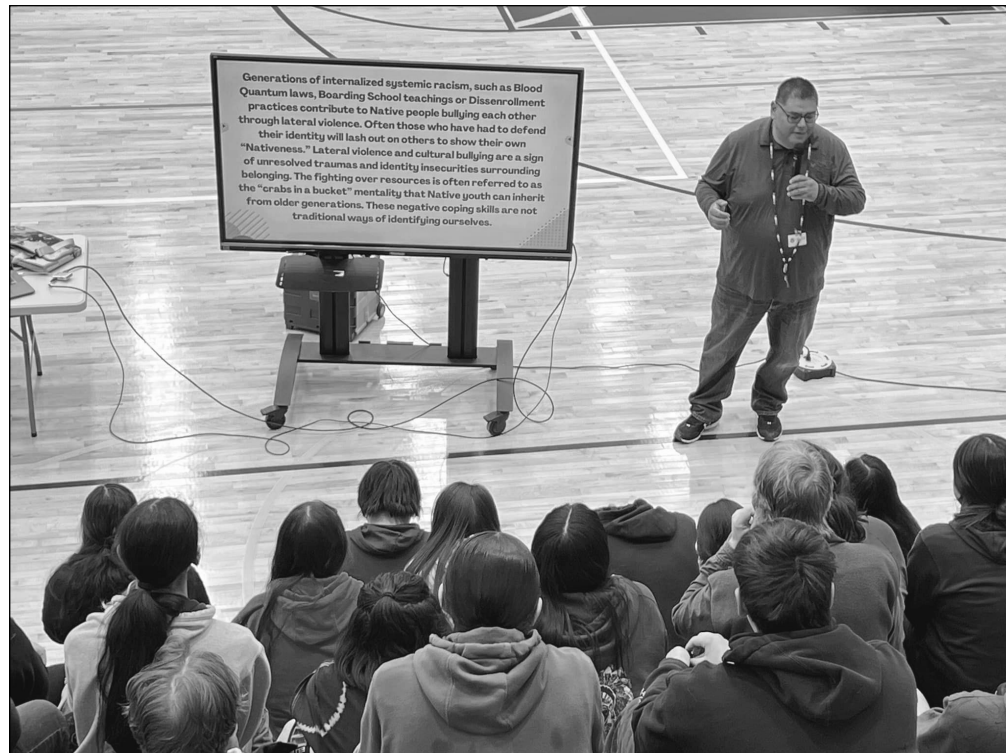
Elbowoods Memorial

Health Center Native Connections and Tribal Opioid Response programs joined forces with the TAT Law Enforcement and the Four Bears Healing and Hope Project to combat against suicide and substance abuse among our sacred youth of the MHA Nation.

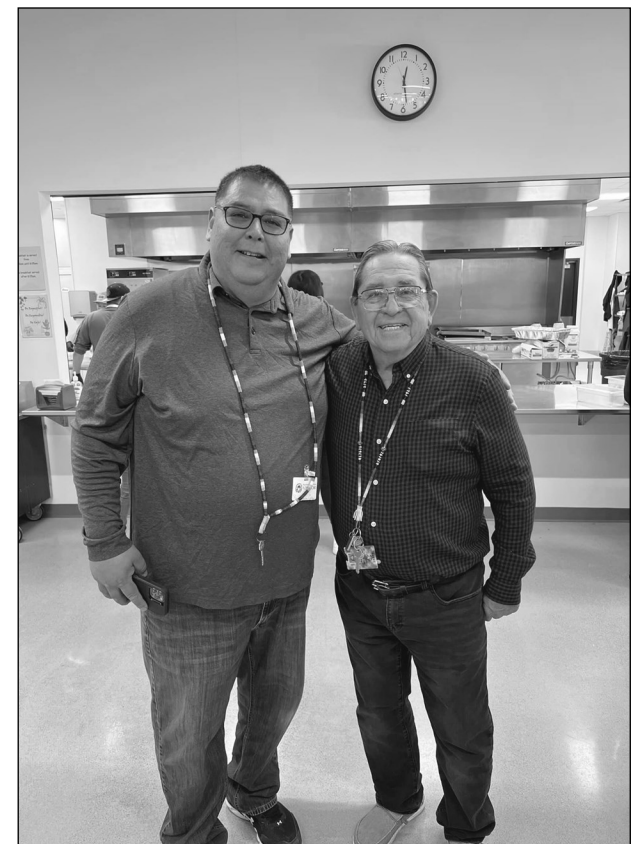
We thank the Mandaree School Principal Mr. Sherwood and Superintendent Mrs. Carolyn Bluestone.



Mrs. Medicine Crow is currently the Director of Native Connections for the MHA Nation. Here she is pictured getting ready to present to this elementary class in Mandaree.



In the picture above is Beau Medicine Crow who is presently the Director of TOR which stands for Tribal Opioid Response Program for the tribe. Who delivered an excellent presentation to the students at the Mandaree School.



The same day these two take a few minutes to take a picture. Beau Medicine Crow stands with Mandaree School Principal Mr. Sherwood.

TAT Law Enforcement, Four Bears Healing and Hope & Native Connections All Join Forces in Prevention



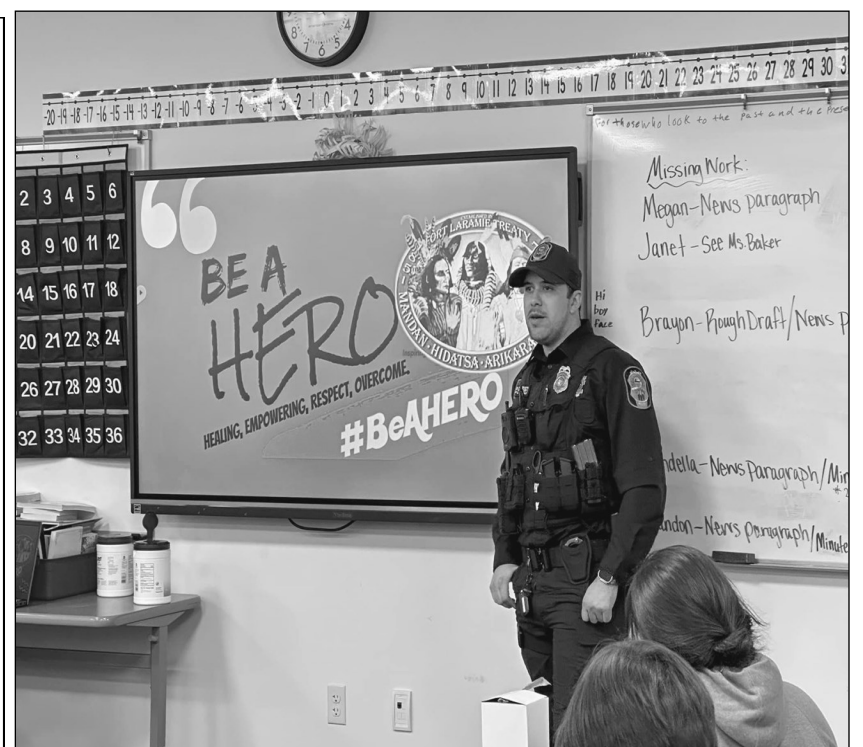
Left to Right: Angela Cummings, Officer Torres, Ellenora Craig, Principal Mr. Sherwood, Hank Richardson, Rhonda Medicine Crow and Beau Medicine Crow.

Beau and Rhonda Medicine Crow both work for EMHC Behavior Health Department. Rhonda works for Native Connections grant and Beau works for the Tribal Opioid Response Program.

Hank Richardson and Angie Cummings both work for the Four Bears Healing and Hope Project out of the Four Bears Segment.

Officer Torres and Ellenora Craig both work for the MHA TAT Law Enforcement located in New Town, North Dakota.

Submitted by Beau Medicine Crow.



Local Author Visits for National Reading Month

Photos by Mandaree School Staff

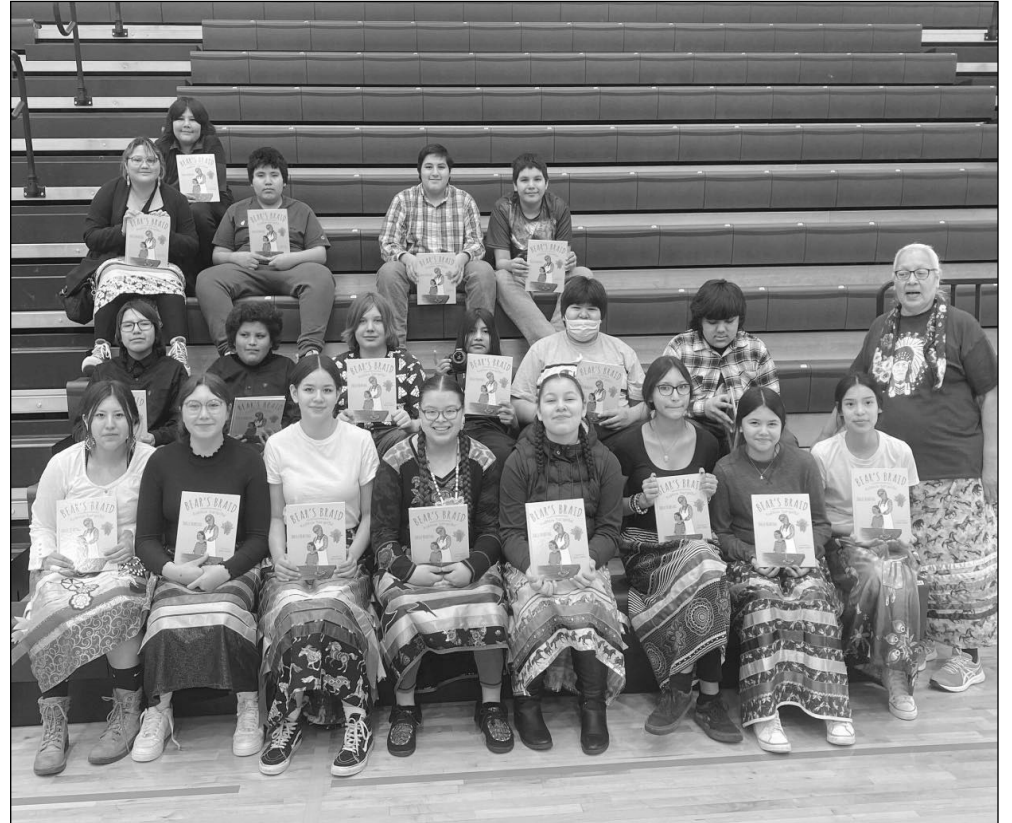


Joelle Bearstail's son starts off her presentation of Bear's Braid by having him dance. Of course he has long braids.

By Joelle Bearstail

We made it to Mandaree School to share Bear's Braid for National Reading Month! This visit has been in the works for almost two years. We were so happy to finally make it to this amazing, new school. Each student in grades K-8 received their very own copy of Bear's Braid. I would like to say thank you Ms. Eldora Poitra, Mr. Sherwood, staff and students for the warm welcome. Its been awhile since we had a school lunch. (The hot-wings were good!) Awesome group of students that were culturally knowledgably and had great questions for discussions. We also met the MHA Bulling Task Force, along with Native Connections, Tribal Opioid Response Program, (TOR) TAT Law Enforcement, and Four Bear's Healing and Hope, who happened to be on the Mandaree School campus giving presentations as well. It was very fitting that our presentations were on the same day.

All the students and faculty of the Mandaree School enjoyed this day with Joelle Bearstail and her son. Everyone was very happy in receiving their own free copy of her book.



Ms. Eldora Poitra stands with her students as they hold their free copy of Bear's Braids for National Reading Month.



Author Joelle Bearstail stands with some of the students whom she gave a free copy of her book. Bear's Braids. All students within the school received a free copy of her recent published book.

Students do well at the North Dakota Native American fair

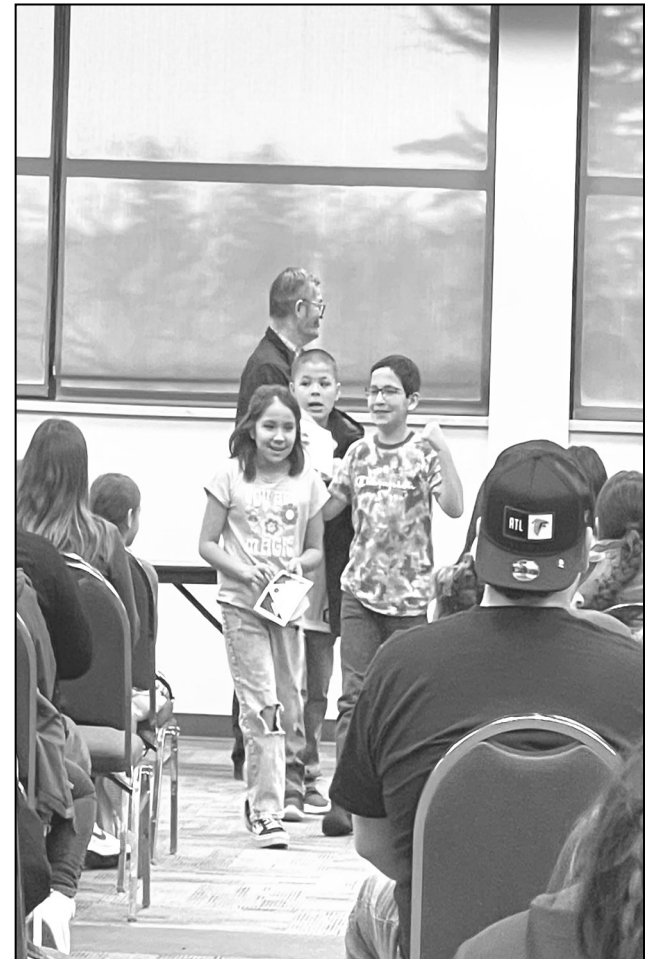
Photos by Acorn Holds the Enemy



Ayla Hale did an outstanding job at the Science fair she got the award for "Best in Show". So proud of her efforts. Ayla is the daughter of Shanna Fox both reside in the West Segment community. Again Congratulations Ayla!!



Another winner is Karreace Birdinground. Congratulations on an excellent job! Karreace is the daughter of Tasha Shane.



Mandaree School students did an outstanding job at the North Dakota Native American State Science Fair. This was held at Minot State college. Every student who participated and presented all placed. A huge congratulations to all our students for placing in this year's Science Fair.

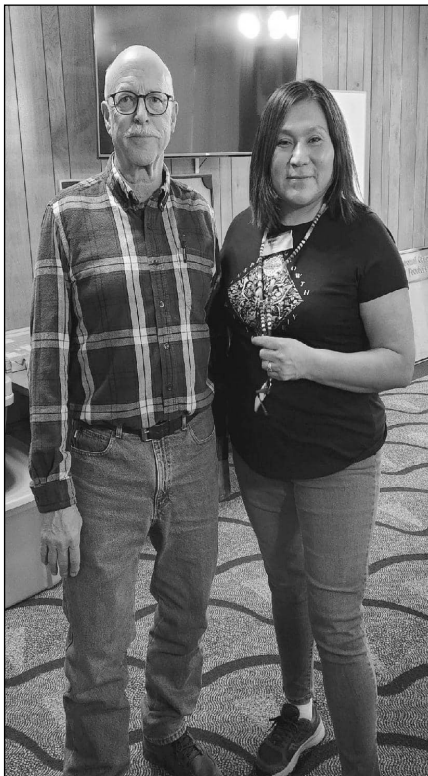
Submitted by Acorn Holds the Enemy.



This award was set for Brandee Rhae Mays a senior this year at the Mandaree Public School. Congratulations Brandee you did an awesome job!



From District 4A Representative Lisa DeVille



On 3-20-23 I was invited to speak at the Bismarck Area Legislative Forum at the Kennedy Center in Bismarck sponsored by the district 35 Democratic-NPL.

Here was the announcement from Don Morrison, "State Representative Lisa Finley-DeVille (DNPL, District 4A) from Ft. Berthold Reservation, will be there to talk with folks from around the Bismarck-Mandan area. She is a conscientious, well-informed, tireless leader. We are fortunate she is in the legislature. She will talk about the critical issues and ND legislative action with people you can trust. There still are many really ugly bills to stop and some much-needed bills to get passed!"

I spoke, that I am not a politician, I am an advocate for our future generations and our land. My advocacy work started over 20 years ago. We advocated to be at the table when ND state legislatures make decisions about our lives.

I then spoke about my three resolutions that failed and its importance: HCR 3027 Safety Needs on state highways on Ft. Berthold Reservation, HCR 3028 study spills from oil, frac sand, and produced waste water on state highways on Ft. Berthold Reservation, and HCR 3029 Air Quality on Ft. Berthold Reservation. This was the first time ND Legislatures heard of impacts from oil and gas. ND is a pro-oil and gas state. There were other bills that failed that I felt are important: Food Sovereignty, Pollinators.

I mentioned the importance of ICWA and the study on racism and discrimination in ND sports that I co-sponsored.

I spoke about bills I opposed Cafos but I did make a recommendation that passed to include ND Native American to task Force because we have origin stories throughout ND. Also bills I opposed such as the gun bills that, thank goodness, were all recommended to be put into a study, and all the anti-transgender and LGBTQ bills. So much hate with these gun and anti-transgender and LGBTQ bills. We as Native Americans, were taught to live in harmony with everyone and everything. I see these bills coming from are the much younger legislatures who went to private Christian schools.

I did not mention a lot of important bills such as the school lunches for low-income families. 24 million for private schools, child care, mental and behavioral health, tribal schools impacted, and oil and gas bills. The bills I did mention are what I thought of at that time. I took questions and answered. I thanked Don and District 35 Democrats for inviting me and the opportunity to speak with them.

Representative Lisa Finley-DeVille



On 3-30-23 a picture of the Tribal Chairman's and Governor Burgum at reenacted signing of SB 2377. After a picture of myself, Chairman Fox and Governor Burgum was taken. The North Dakota 68th Legislative Assembly

SB 2377 Update

Previously explained:

SB 2377 relating to state-tribal agreements for the administration and collection of alcoholic beverages wholesale tax and alcoholic beverages gross receipts tax within the exterior boundaries of a reservation in this state; and to provide for application was heard by the House Tax and Finance Committee on 3-7-23 voted 12 yes and 0 no with myself carrying SB 2377 to House. Chairman Fox testifies in support. On 3-9-23 SB 2377 was voted passed by the House, 92 yes and 0 No. On 3-15-23 Governor Burgum signs SB 2377 with a press release.

Thank you, Mr. Speaker.

Mr. Speaker and members of the assembly I bring to you SB 2377 from your Tax and Finance Committee who gave it a unanimous do pass.

SB 2377 amends and reenacts state-tribal agreements for the administration and collection of alcoholic beverages wholesale and gross tax receipts within the exterior boundaries of a tribal reservation in this state.

This bill eliminates dual taxation and provides for a uniformed tax in the tribal nations with a split between tribal government and state government to be determined by government-to-government compacts. SB 2377 creates tax revenue for the state of ND and tax revenues for tribal nations to be utilized for tribal financial obligations.

There was no opposition. The Fiscal Note indicated an increase in the state general fund and state aid distribution fund of an undetermined amount. Please support your House Tax and Finance with a green vote for SB 2377.

Representative Lisa Finley-DeVille

From District 4A Representative Lisa DeVille



The North Dakota 68th Legislative Assembly

HB 1385 relating to tribal contracts with the state water commission was heard in House Energy and Natural Resources committee on 2-10-23 where it received a do pass. On 2-22-23 the House voted do pass, 97 yes and 0 no. Sent to Senate Energy and Natural Resources committee where it was heard on 3-9-23 and received a do pass. On 3-20-23 the Senate voted do pass, 47 yes and 0 no. Governor Burgum signed 3-28-23. Governor Burgum sent out press release.

Representative Lisa Finley-Deville and Dallas Fox-Osborne, MHA Nation Rural Water Executive Assistant. These two wonderful ladies both reside in the Mandaree, West Segment Community.

Representative Lisa Finley-Deville

Special Olympics Fundraiser

On 3-23-23 North Dakota Legislatures Raise over \$20,000 for Special Olympics by participating in a free throw contest. The Senate and House Democrats and Republicans had five person per team. Both myself and Representative Jayme Davis participated with the House Democrat team.

Representative Lisa Finley-Deville



North Dakota 68th Legislative Assembly

HB 1536 relating to Indian child welfare; and to provide for a legislative management study was

heard today 3-22-23 in the Senate Human Services and passed in its original form and with amendments Representative Davis recommended. It now goes to Senate floor. I will give update. I gave a verbal and written testimony see below.

Good morning, Chairwoman Lee, and members of the Senate Human Services Committee. For the record my name is

Representative Lisa Finley-Deville.

I am an enrolled member of the Mandan, Hidatsa and Arikara nation. I represent the people of District 4 A which includes the Fort Berthold Reservation. I am here to testify in support of House bill 1536 as I am a cosponsor of the bill. As you may know, Federal ICWA laws are facing scrutiny at the highest level of our judicial system. Which is why I support North Dakota adopting similar provisions to protect our Native children.

House bill 1536 addresses the unique needs and rights of Native children in the foster care system by placing Native children in Native homes. Like ICWA, House bill 1536 will preserve the cultural and kinship ties that exist within our communities by placing Native Children in homes where they will be raised within their own cultural traditions and values. As Native people, our identity is our culture, tradition, heritage, language, and our families. By adopting and implementing State ICWA policies, we can ensure that Native children receive the best possible care and support while preserving their cultural, heritage, tradition and familial ties.

As young children, my two younger siblings and I were removed from our home. Because of ICWA, we were placed with our grandmother who took us in and raised us. Stories like mine are about how ICWA was designed to work and benefit Native children.

While there have been legal challenges to the law, many agencies continue to support its underlying principles and its goal of promoting the best interests of Native American children. I ask that the committee recognize the need for State ICWA provisions and how it is essential to the well-being of Native American children. I ask that you give a do pass recommendation for House bill 1536 and join us to work for the protection of Native children and youth.

Thank you, I will now stand for questions.

The North Dakota 68th Legislative Assembly

SCR 4010 a concurrent resolution designating the Winchester Model 1876 as North Dakota's state firearm was voted on the House today 3-15-23 and failed, 34 yes and 59 No. The bill carrier said he spoke to the ND Historical Society verifying Winchester Model 1876 was Theodore Roosevelt's first rifle and not for military. Representative Jayme Davis stood up to speak in opposition of HCR 4010 giving the ND House a Native American 101 real history about the Winchester Model 1876. I will give a brief description; this rifle was used to nearly kill off our buffalo that was our lively hood making us depend on government rations and killing Native Americans. Representative Mary Schneider also stood up in opposition. It was a very emotional moment for I and Representative Davis.

Representative Lisa Finley-Deville

For Your Information

Battle Ground



Many people think evil only exists in hell. Evil is always at work, and sometimes it is easily recognized. But most of the time it starts with subtle notions in our minds. Evil is always at work to enter our personal beliefs. Several areas where it can enter is when we become angry, when we feel let down or when we feel humiliated. We feel this way when we hold on to or believe that we have been betrayed, when we hold on to resentment and believe that we were disrespected or have been ridiculed. These are called entry points or situations in our lives where evil wants to attach itself and wants us to hold on to these things. These entry points start as feelings. Here are more feelings that could become entry points: the feelings of being isolated or abandoned which leads to loneliness and sadness in areas where we feel like we have been victimized or are fragile. This leads to vulnerability which could lead to depression, feeling inferior, ashamed, or even feeling powerless. Believing these feelings and living in them will leave us sad, in despair, and hopeless. Also, be on the watch for areas where you are fearful. The following feelings are rooted in fear, or in other words are the entry point for fear: the feeling of being helpless, frightened, overwhelmed, worried, inadequate, or inferior. And all these feelings are fed from the outer feelings of being scared, anxious, insecure, weak, or rejected.

Remember, sin starts with a thought which leads to an action. So, the door to sin is in our thinking, in our thoughts within our mind. All these feelings that I have identified are not sins, they are feelings. It's the action that we take after the thought that counts. Evil likes to attach itself to a feeling and this can become a form of bondage. A person can become stuck in a feeling.

Being a slave to our feelings and a feeling if acted upon incorrectly can become a sin (see John 18:34). You see, evil or satan comes to steal your identity. He only wants you to believe that there is no other relief from these thoughts. This is the ongoing battle. We need to know who the enemy is and we need to know where the battle is. We need to know and understand the weapons and tactics of the enemy.

Always be on guard of the enemy (see John 10:10). There is hope always, our sure hope is Jesus Christ!

Here is a prayer I found on "Jesus We Pray" a page I follow on Facebook.

When you wake up say: Jesus, I love you

When leaving the house say: Jesus come with me

When you feel like crying say: Jesus hug me

When you feel happy say: Jesus, I adore you

When you do something say: Jesus help me

When you make a mistake say: Jesus forgive me

When you go to sleep say: Thank You Jesus and cover me with your holy mantle!

Jesus, I Trust in You!

May God Bless you always

Have a great day with Jesus Christ

By: Deacon James Baker

St. Anthony's Catholic Church/New Town and Mandaree

2022-23 Mandaree Celebration Bingo



Attention Bingo Players:

The Committee's Bingo fundraisers will be held every Sunday at 3:00pm at the Water Chief Hall. Bingo, lunch sale, door prizes and baskets. This coming Sunday will be a Cash Bingo with the following Sunday a prize bingo. Please keep in mind our bingo fundraisers will automatically be cancelled due to wakes or bad weather. Thank you for your supporting you local celebration committee and have fun playing bingo!

West Segment Veterans Dept. Features Veteran of the Month

By Elton Spotted Horse



My name is Elton Spotted Horse., I have lived in Mandaree West Segment for close to thirty-five years. I married my wife, Jeanine Spotted Horse in 1981 and had four children; Janelle, Elton Jr., Jessica and Marie. I also have a niece and nephew that we raised like our own children. Cornell and Katarie. My wife and I also been raising foster children over twenty-five years and have two boys that I will be adopting shortly this year.

We've been married for over forty years now and she is still the sunshine of my life. I enlisted in the service (Army National Guard) in 1979 and went to Ft. Leonard Wood Missouri to do my basic and AIT training. My MOS was heavy equipment operator and combat engineering. We built portable bridges across rivers and waterways for the military equipment to cross. I was also served in a platoon in which I was assigned with two other soldiers as a M-60 machine gunner.

When I returned home, I traveled to Devils Lake, North Dakota to complete my training. I loved the military training I received. I was very involved with the training and became the third highest soldier to receive an award out of a Company of 120 soldiers.

After completing the military, I became a police officer for the MHA Nation for twenty-three years, three of them years as Chief of Police. I received my awards in my law enforcement career in showing bravery and courage in line of duty. One was taken down of a man who killed a sixteen veteran law enforcement officer in a downtown bar. He was shot and killed in the bar while confronting the man. I traveled to Watford City to assist other law enforcement on this incident. There were also over fifty officers involved with two swat teams. When the man came out of the bar at about two am, I was behind the dead officer's vehicle on main street with two other officers and the man turned south walking away from us. I holstered my weapon and took off running after him. I caught up to him as he was turning around and tackled him to the sidewalk. Two officers caught up to me and helped handcuff the individual and we took him up to the law enforcement center. That was extreme excitement for me that day. I received an award for showing extreme courage and bravery on that incident.

I was also a director for the EPA for over four years and CHR director for five years. I served as a magistrate for several years and three years as fire marshal for the tribe. I wore my hats. It is a great honor to receive this award. There are many men and women that given the greatest sacrifice in the wars that we been in over the years and centuries as our four fathers fought and died for their people. I lost family and relatives in WW2, Korean conflict Vietnam conflict and other battles that they fought for us. We can not forget their sacrifice they have given so other can enjoy freedom.

One of our Hidatsa warriors in the 1870s traveled up north with six other warriors. His name was Scarface. On their journey they ran into a large group of enemy Cree warriors. The Cree's begin shooting at them from behind a wagon. Scarface knew it was death for all of them as they were caught out in the opening. So he said to the other warriors what he was going to do and told them to find cover. He then ran toward the enemy zigzagging. The enemy quickly opened fire on him giving the other men a chance to get into cover and concealment. Scarface knew he was going to get killed but he gave his life so that the other men had a chance to survive. The Cree warrior who usually all the time scalp their enemies instead brought out a white Hudson blanket highly prized at that time and laid it on him. They honored him because of how he showed bravery in the battle.

Our mothers also had to show extreme courage and bravery to see their sons or daughters off to war, knowing it might be the last hug they got from their son or daughter as they left.

Veterans. We went to serve because of who we are, to fight the enemy, so our lands, our people, and our children's freedom will always be there. There is a war going on in our villages my brave warriors. We face an enemy that has no face that is invisible. My brothers, the enemy that is killing our children our young adults are the drugs that flourish in our lands. Lets reach out to our children and become mentors for them and fight this war of drugs and alcohol.

Thank you

Elton Spotted Horse

For Your Information



List of 2023 Warbonnet Parades on Fort Berthold:

Mandaree Hidatsa Celebration Warbonnet Parade is set for Saturday, April 29, 2023 at the Water Chief

Hall in Mandaree, ND.

Little Shell Celebration Warbonnet Parade is set for Saturday, May 6, 2023. Mourners feed at 11am in the New Town High School cafeteria. The Warbonnet Parade will begin at 1pm in the New Town High School gym.

Arikara Celebration Warbonnet Parade is set for Saturday, April 15, 2023. Mourners feed at 1:00pm at the New Ralph Wells building. The Warbonnet Parade will begin at 2:00pm at the New Ralph Wells building in White Shield.

Twin Buttes Celebration: Warbonnet Parade is set for Saturday, April 8, 2023 1:30 Central Time Zone at the Memorial Hall. Mourners feed at 12 noon at the Memorial Hall in Twin Buttes.

Santee Lucky Mound Celebration: Warbonnet Parade is set for 1:30pm Sunday, April 23, 2023 at the Parshall Red Hall. Mourners feed at 11:00am at the Parshall Red Hall in Parshall.

2023 Celebration Dates Around Fort Berthold



*2023 Four Bears Celebration May 26, 27, 28th in New Town, North Dakota

*2023 Santee Lucky Mound Celebration June 22-25, 2023. In Parshall, North Dakota

*2023 Arikara Celebration July 7-9th in White Shield, North Dakota

*2023 Mandaree Celebration July 13-July 16th in Mandaree, North Dakota

*2023 Twin Buttes Celebration August 4-6th in Twin Buttes, North Dakota

*2023 Little Shell Celebration August 11-13 in New Town, North Dakota

These are all six celebration that take place on the Fort Berthold Reservation every year. So you can put these dates on your calendar. All six of these celebration are from each segment within the reservation boundaries of Fort Berthold.

For Your Information



Wolf Chief Store hours are as follows:

Monday through Friday: 6am to 10pm

On Saturday and Sundays the Wolf Chief Store will open at 10:00 a.m. to 6:00p.m. 759-

3140

If you have any questions, or need some assistance concerning the Wolf Chief Store, you may call the Wolf Chief Store at 759-3104

*** The Emergency Closet is open Monday thru Friday 6:00am to 2:00pm . Lindsey Fox Sepeta will be there if you have any questions you can call her 421-6347.**



West Segment Covid-19 Testing

**When: Monday-Friday
10am to 3pm daily**

**Where: East Entrance of
Water Chief Hall in
Mandaree, North Dakota**

**Everyone is welcome to come in and get tested!
Open to Everyone! For any questions, please call
Shelby at**

701.421.3461 Or Valerie 701.421.3462

Native Printing LLC IN Mandaree Is Open For All Your Printing Needs

Native Enrolled Member in the Mandaree Area:

We offer the following:

- Embroidery
- Sublimation
- Vinyl Heat Press
- DTG
- Silk Screen Services
- Phone: (701) 421-1027
- Email: nativeprinting_nt@yahoo.com



Breakfast daily: Monday thru Friday from: 8:00am -10:30

Lunch daily: Monday thru Friday: from: 11:00am-3:00pm.

Times and dates may change:

Café Manager: Lindsey Fox-Sepeta at 759-3140 or cell 421-6347

St. Anthony's Catholic Church Schedule:

- Saturday: 7:30 pm New Town**
- Sunday: 8:30am New Town**
- Sunday: 11:00am Mandaree**

Mandaree Post Office Hours:

- Monday-Friday: 12:00-4:00pm**
- Saturday: 11:00am- 1:00pm**

Mandaree Field Clinic Hours

**Clinic is open Monday-Friday: 8:00am-4:30pm:
Closed for Lunch 12pm-1pm**

**FNP Lori Jepson: is in the Mandaree Clinic on
Monday, Tuesday, Thursday & Fridays**

**Every Wednesday: a Nurse will be at the Clinic
for immunizations only by appointment.**

**Mandaree Clinic Pharmacy: is open everyday
during the week Monday-Friday 8:00am to
4:30pm**

For Your Information



2023 SPRING JUNK HAULS

APRIL 4TH – APRIL 30th

CURBSIDE PICK UPS BY APPOINTMENT ONLY.

RESERVATION WIDE & BISMARCK AREA.

**ELIGIBLE ITEMS INCLUDE FURNITURE,
APPLIANCES, MATTRESSES, ETC.**

NO HOUSEHOLD TRASH

**PLEASE CALL LAUREN AT 701.421.4103 FOR
ASSISTANCE WITH SCHEDULING YOUR PICK UP.**

For Your Information

MANDAREE YOUTH GRADES K-6TH

TRACK & FIELD

PRACTICE STARTS ON

APRIL 11TH 2023

6-7PM

MONDAY-THURSDAYS



MEET AT THE SOFTBALL FIELD. WAIVERS WILL NEED TO BE SIGNED
FOR MORE INFO CONTACT MIKE DEVILLE 421-2335.
AMANDA DEVILLE -421-8119
OR TIA MANDAN 421-0239.

What the Old Ones Say

By Arvella White and Carol Newman

You are what your mother's clan is. For example; if your mother belongs to Prairie Chicken clan, that means you belong to the same clan as your mother. So, when you select for the War bonnet dance or pow wow committee you pick your clan brother or clan sister's children.

Once you belong to your mother's clan that is what you are. It is unheard of to be adopted into another clan. On our father's side (whatever is his clan), we are a child of our father's clan. Our clan father or clan aunt can select us for the war bonnet or pow wow committee.

In any give away or honoring you always give the best to your clan father and clan aunt. They will be ones to take care of you when you journey to the spirit world. As far as donating I have never heard or seen a person of the same clan being a senior pallbearer and adopting people that have a clan already and donating to your mother's clan. Unless your father and mother are from the same clan; then you still donate to your father's clan.

The only time you donate to your mother's clan is if you pick a clan child for the war bonnet dance or picking a clan child for the pow wow committee. The reason you only donate in naming or honoring you then donate to your father's clan is in preparation for the spirit world when you pass away.

Here are some of the things that I have already seen. I have never heard or seen a person of the same clan being a senior pallbearer, and adopting people that have a clan already and donating to your mother's clan. Unless your father and mother are from the same clan; then you still donate to your father's clan.

You only donate to your mother's clan if you pick a clan child for a war bonnet parade dance or picking a clan child for the pow wow committee.

The reason you only donate in naming or honoring you then donate to your father's clan is in preparation for the spirit world when you pass away.

Translation of Hidatsa Relations

Relationship to Family:

If you are a girl:

Who are your mothers?

1. Birth mother
2. Mother's sisters
3. Your father's brother's wives
4. Your clan father's wives (Your clan father)

Who are your fathers?

1. Birth father
2. Father's brothers
3. Mother's sisters husbands
4. Fathers sisters sons
5. Clan father (Your father's clan)

Who are your children? (sons & daughters)

1. Those born to you (Mother)
2. Sister's children
3. Your Husbands brother's children

Who are your Aunts?

1. Father's sisters
2. Father's sisters daughter
3. Clan aunts (Father's clan)

Who are your grandpa's?

1. Mother's father
2. Father's father
3. Father's sisters husband
4. Husband's sisters husband (do not tease out of respect)
5. Husband's father (do not tease out of respect)

Who are your grandma's?

1. Mother's mother
2. Mother's Mothers sister (grandmas sister)
3. Husband's mother (do not tease out of respect)

Who you don't talk to out of respect communicate through other members of the family:

Your daughter's husband, your sister's daughter's husband, your brother's daughter's husband, your husband's sisters husband. There is exception, in case of emergency where there is no one else around. Cont. on next page.

For Your Information

Translation of Hidatsa Relations Continue

If you are a boy:

Who are your mother's?

1. Birth Mother
2. Mother's sisters
3. Father's brothers wives
4. Clan father's wife (Father's clan)

Who are your Father's?

1. Birth Father
2. Father's brothers
3. Mother's sisters husbands
4. Father's mother brother's (grandma brothers)
5. Clan father (fathers clan)

Who are your children? (Sons & daughters)

1. Those born to you
2. Brother's children
3. Mother's brothers children
4. Sister's sons children

Who are your Aunts?

1. Father's sisters
2. Father's sisters daughters
3. Clan aunt (father's clan)

Who are you grandpa's?

1. Mother' father
2. Father's father
3. Father's sisters husband
4. Clan Aunt's husband (Father's clan)

Who you don't talk to our of respect.

1. Wife's mother
2. Son's wife
3. Wife's Brothers wives

Some Other Announcements:

A Correction on Name



A correction on Tiana Lester's mother's name her name is Michelle Wauneka not Mongram.

We are sorry for the inconvenience

Foot Care located at the Mandaree Field Clinic on Wednesday, April 19, from 12 noon to 3:00 pm. Please call to Register (701) 759-3422

2023 Mandaree Celebration Committee

Flag Bearer: Jimmy Johnson

President: Roseanne Johnson

Vice President: Walter DeVille Sr.

Secretary: Lara Jackson (Daughter of Echo Claymore)

Treasurer: Frannina Lincoln

Head Man Dancer Corey Goodiron

Princess: Karson Dawes (daughter of DeAnn Johnson)

Drum Keeper: Terrance Morgan

Arena Director: Ethan Three Stars

Announcer: James Moran

Nueta Hidatsa Sahnish College News

For the rest of the application you can stop by the NHS College and pick one up. These applications will be posted at our local post office. There are four pages to this application that you must fill out.



Community Garden Program
301 College Drive / PO Box 490
New Town, ND 58763
juran@nhsc.edu
Phone No. Cell. (307) 679-8687

Summer of 2023

NHS College Community Garden Plot Application

The Nueta Hidatsa Sahnish College is now accepting applications for summer community garden plots. Plots are approximately 30 ft x 40 ft. We take applications on a first come, first served basis. **Planting deadline is June 15th.**

We are highly encouraging all community gardeners to consider establishing a home garden. NHSC will provide assistance to anyone interested in establishing a home garden.

Name(s): _____

Phone: _____ Cell Phone: _____

Address: _____ Email: _____

Preferred Method of Contact: _____

OPTION 1: I would like to request a single 30 ft x 40 ft community garden for me and/or my family's gardening activities and agree to complete a 1 page data worksheet at the end of the season (attached).

OPTION 2: Are you interested in a partial or sharing a single plot with a group to share work & produce of one garden to collaborate and learn with others? I also agree to complete a 1 page data worksheet below. Answer yes or no, and provide any names of team members or comments below:

OPTION 3: Are you interested in volunteering for trade of produce from the gardens? If so, we need to know what tasks you would prefer to learn, and what days and times you are interested in volunteering at the gardens:

OPTION 4: I want assistance in establishing a home garden. Please describe below your desires.

What are you planning to grow and how will you utilize it?

___ Fresh Eating ___ Canning/Preserving/Drying ___ Trade ___ Seed Saving ___ Other

How would you describe your level of gardening knowledge/experience?

Beginner ___ Intermediate ___ Advanced ___ I Can Mentor Others ___

Do you want your plot tilled prior to planting? ___ Yes ___ No

What gardening activities would you like to know more about?

Nueta Hidatsa Sahnish College News

Submitted by Frances (Buffy) White. NHSC Mandaree Liaison

NUETA HIDATSA SAHNISH COLLEGE

WHAT'S GOING ON FOR THE UPCOMING WEEK



WHAT'S GOING ON AROUND CAMPUS?

- March 30th-April 1st - AIHEC Basketball tournament hosted by NHSC. Games will be played at Four Bears Events Center, Northern Lights, and Johnny Bird Gymnasium.
- April 4th - NHSC College Talk - Facebook Live - 11:00am.
- April 4th - NHSC Alumni meeting - Room 37 - 12:00pm - lunch provided.
- April 6th - Lunch and Learn - Drug and Alcohol Awareness - 12:00pm in Room 37. Lunch provided.
- April 7th-April 10th - Campus closed/No classes for Easter Break.
- April 13th - AIHEC Luncheon - 12:00pm in the NHSC Cafeteria.
- April 17th - Financial Aid Day - 9:00am-12:00pm in the Student Services conference room.
- April 18th - NHSC College Talk - Facebook Live - 11:00am.
- April 18th - NHSC Alumni meeting - Room 37 - 12:00pm - lunch provided.

****NHSC Career Fair/Summit - April 20th (10:00am-5:00pm) - Four Bears Event Casino
 ****Storm Family Study Session - April 26th (4:30pm-7:30pm)

COMMUNITY EVENTS

Bingo Events

- Little Shell/Antelope Society
 - Every Wednesday at Northern Lights - 6:30pm Early Birds

Warbonnet Parades

- Four Bears - March 4th
- Parshall - April 23rd
- White Shield - April 15th
- Mandaree - April 29th
- Twin Buttes - April 8th
- Little Shell - May 6th

Fort Berthold Recovery Support Groups

- Sunday
 - AA Meeting @ 6pm - Mandaree CARE Program
 - Big Book @ 7pm - White Shield Ralph Wells Memorial Complex
 - NA Meeting @ 8pm - White Shield Ralph Wells Memorial Complex
- Monday
 - AA @ Noon - The Door in New Town ZOOM ID - 5426378537
 - AA Big Book Study - @ Noon - Parshall Resource Center - ZOOM ID - 331523606
 - AA/NA @ 8pm - New Town Healthy Skins
- Tuesday
 - NA @ Noon - The Door in New Town ZOOM ID - 5426378537
 - NA @ 6pm - Mandaree CARE Program
 - Big Book @ 7pm - White Shield Ralph Wells Memorial Complex
 - AA @ 8pm - White Shield Ralph Wells Memorial Complex
 - AA @ 8pm - New Town Lutheran Church
- Wednesday
 - Wellbriety Talking Circle @ Noon - The Door in New Town ZOOM ID - 5426378537
 - AA Big Book Study - @ Noon - Parshall Resource Center - ZOOM ID - 331523606
 - Men's Talking Circle @ Noon - Mandaree, CARE Program
 - Crystal Meth Anon @ 8pm - Parshall Resource Center
 - AA @ 8pm - Four Bears, Johnny Bird Memorial Hall
- Thursday
 - NA @ Noon - The Door in New Town ZOOM ID - 5426378537
 - Big Book @ 8pm - White Shield Ralph Wells Memorial Complex
 - AA @ 8pm - New Town Lutheran Church
- Friday
 - AA @ Noon - The Door in New Town ZOOM ID - 5426378537
 - AA/NA @ 8pm - Healthy Skins
- Saturday
 - AA Meeting @ Noon - The Door in New Town ZOOM ID - 5426378537
 - Women's Meeting @ 6pm - Mandaree CARE Program
 - AA/NA @ 8pm - Parshall Resource Center - ZOOM ID - 331523606



NHSC COLLEGE

Mandaree Public School Calendar

Mandaree Public School | 2022-2023 CALENDAR A | (4-Day FD: 8/16; S1: 12/21; S2: 5/18)

School Days = 0
4 Observed Day Off

Black Fridays are regular, required school days with all students expected to attend.

Gray Fridays are Enrichment/Tutoring days with school open for activities.

JULY '22						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

School Days = 16
2 Winter Break
13 PD #5 all staff no school
16 M.L. King Day
27 Snow Day make-up
6,20 Enrichment/Tutoring

School Days = 12
8 & 9 New Staff PD no school
10 – 12 PD #1-3 all staff no school
15 Teacher Prep Day 6 hrs.
16 First Day of School
19,26 Friday Regular School Day

AUGUST '22						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

School Days = 16
9 Parent Teacher Conf.
10 PD #6 all staff no school
17 Regular School Day
20 All Chiefs Day
24 No School Day

***BB District Hosts: 24,25,27**

School Days = 17
5 No School - Labor Day
9 PD #4 all staff no school
13 Parent Teacher Conf.
2 Friday Regular School Day
16,23,30 Enrichment/Tutoring

SEPTEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MARCH '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

School Days = 18
9 End of Q3 (40)
3 Snow Day make-up

10, 17, 24, 31 Enrichment/Tutoring

School Days = 14
7 Friday Regular School Day
13 End Q1 (38)
17-21 No School – Fall Break
14, 28 Enrichment/Tutoring

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

School Days = 13
10 PTC Comp (No School)
7 Good Friday
14, 21 Friday Regular School Day
3-7 Spring Break
10 PTC Comp (No School)
13 Parent Teacher Conf.
28 Snow Day make-up

School Days = 17
11 Veterans' Day
18 Friday Regular School Day
23-25 Family Break
4 Enrichment/Tutoring

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY '23						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

School Days = 12
5, 12 Enrichment/Tutoring
18 Last Day of School
18 End of Q4 (37)
18 End of Sem. 2 (77)
18 End of Year (150)
19 Teacher Close Day 6 hrs.
20 Senior Graduation

29 Memorial Day

School Days = 13
1 Parent Teacher Conf
2 Enrichment/Tutoring
9 Friday Regular School Day
16 Snow Day make-up
21 End of Q2 (35)
21 End of Sem 1 (73)
22 PTC Comp (No School)
23-31 Winter Break

DECEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21		23	24
25	26	27	28	29	30	31

JUNE '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MHA Elders Fair

MHA ELDER FAIR:

When: On Tuesday, May 16, 2023 from 10:00am– 3:00pm

Where: North East Segment Red Hall in Parshall, North Dakota

Event Information: MHA Nation Tribal Business Council Representatives and MHA Programs that provide Elder services will present throughout the day.

Door Prizes & Bingo all elders are welcome to attend.

Meal: A Turkey dinner will be served.

Program Booths: Programs that provide elder services are invited to set up a booth.

Sponsors: MHA Elders, Organizations & Northeast Segment Office.

Contact: For more information please call Minnie Two Shields at (701) 421-3580.



Obituary

Lisa (Autumn Woman) was born April 25, 1988 in Watford City, North Dakota to Lorna Hunts Along and Terry Mason. She was a member of the Dripping Dirt Clan and a child of the Water Buster Clan.

Lisa grew up in Mandaree, North Dakota where she attended Mandaree School. Lisa obtained her High School Diploma and was the class of 2006. In high school she was an avid basketball player and was a proud Mandaree Lady Warrior.

In Lisa's younger years she loved to spend time at the lake, where she loved to fish and shoot her dad's rifles. She also enjoyed painting, gardening, being outdoors and spending time with her family and friends.

After high school Lisa attended Quentin Burdick Job Corps in Minot, ND where she received her CNA license. After receiving her CNA she moved back home to Mandaree and worked in Killdeer at Hilltop Home and Comfort Nursing Home.

At that time, Lisa entered into a union with Philip Young Bear, where they had three children; Curtis Young Bear, Emberly Young Bear and Kaedyn Mason.

In her later years, she resided with her companion Bruce Fox Jr., up until the time of her passing. Together they had Hunter Mason and infant daughter Autumn Mason.

Lisa was a very caring compassionate woman, who cared greatly for her family. All of her children were her world and she loved them very much.

Lisa is survived by her paternal grandfather; Edward Lone Fight, siblings; Ila Mason, Kelly Mason and Jordan Jetty; children; Curtis "Cole" Young Bear, Emberly Rose Marie Young Bear, Kaedyn Kane Mason and Hunter Terry Mason.

Lisa is preceded in death by her paternal grandmother; Vivian Doris (Mason-Jetty); maternal grandparents; Mathew Hunts Along Sr., and Blanche (Wolf) Hunts Along; her father, Quentin "Terry" Mason; her mother; Lorna Hunts Along; sisters; Jessie Mason, Tara Mason, and her infant daughter Autumn Michelle Mason.

Obituary

In Loving Memory Of Lisa Michelle Mason

“Mah Daah Mia” Autumn Woman

April 25, 1988~March 30, 2023



Wake

Monday, April 3, 2023 at 5:00pm
Water Chief Hall, Mandaree, ND

Funeral Services:

Tuesday, April 4, 2023 at 11:00am
Water Chief Hall, Mandaree, ND

Officiating:

Kevin Finley

Active Pallbearers:

Jacob Wagon Michael Mann
Vincenz Hunts Along Wade Hunts Along
Jerome Hunts Along Jr. David Jetty
Brandon Johnson Quentin Mason

Senior Pallbearer:

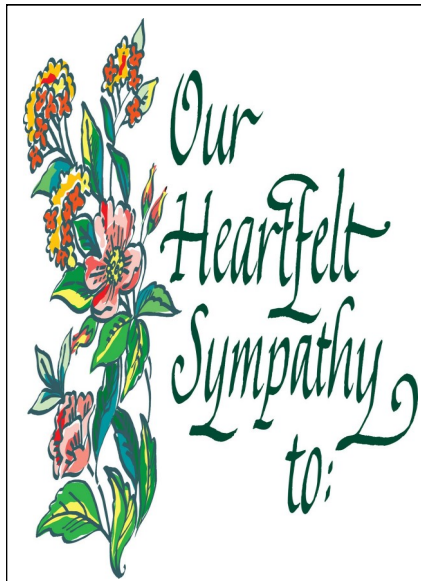
Samantha Lucio

Honorary Pallbearers:

Shantel Fetting Toni Hale Dallas Fox Randy Fox
Camran Hale Maybella Long Fight Derriek Irwin Dustin Hale
Alicia Standish Kelli DeAnn Spotted Bear Kenny “Dude” Smith
Jacob Take the Gun
Extended Family and Friends

Final Resting Place:

Congregational Cemetery
Mandaree, North Dakota



Our heartfelt sympathy goes to the family and relatives of Lisa Mason on the loss of your beloved one. We are sending our prayers of comfort for family and relatives during this sorrowful time.

Councilwoman Gladys Sherry Turner-Lone Fight & Personal



We would like to thank everyone who came and celebrated our Easter dinner with us. We all hope you enjoyed yourselves.

God Blessings to all!!

Councilwoman Gladys Sherry Turner-Lone Fight & Personal

21 DAY! **MANDAREE!**

YOU AND A PARTNER TAKE ON THIS 21-DAY CHALLENGE AND BE EACHOTHER'S MOTIVATORS THROUGH EXERCISE, NUTRITION, AND OVERALL GOOD HEALTH!

IT TAKES 21 DAYS TO BUILD NEW AND HEALTHY HABITS. MAKE SMALL LIFESTYLE CHANGES THROUGHOUT THIS 3-WEEK CHALLENGE!

HEALTH & WELLNESS

PARTNER CHALLENGE!

-WEEKLY CHECK-INS!
-WORKOUTS NEED TO BE LOGGED IN MAPMYRUN!

THERE WILL BE BONUS CHALLENGES FOR HEALTHY COOKING, GARDENING AND MORE!

FREE AND OPEN TO ALL!

STARTS APRIL 7TH ENDS APRIL 28TH!

FOR MORE INFO AND TO SIGN UP

CONTACT TIA MANDAN
701-421-0239
OR VIA FACEBOOK MESSANGER



Happy Birthday Wishes to Our Elders!!

- Veronica Sgrdahl
- Ethan Hall
- Claryca Mandan
- Donna Standish
- Sheila Jenner
- Eldora Poitra
- Jo Ann Kezhn
- Clayton Danks
- Clement Baker
- Paula Danks



We wish you the best Birthday Ever!

* Please forgive us if we forgot to mention your name, it was not done intentionally.