



Fort Berthold Tribal Member Crowned 2022 Miss Denver March Pow Wow

Quotes for The Heart & Mind:

*"A peaceful heart is a reward alone for being a good person".~Anonymous~

*"It's hard to lead a cavalry charge if you think you look funny on a horse." Adlai C. Stevenson II~

*"Only one man in a thousand is a leader of men- - the other 999 follow women." ~Groucho Marx~

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Mandaree has been put on the map by some of our most talented people we have who live right in our community. We have Champion dancers, Champion Cowboys, Champion ball players, Champion Artists and Fashion Designers. Some who are very talented in other 🔀 ways as well. Mandaree hits the map once again as it is home to Miss Tessa Charlene Holds The Enemy-Abbey who was recently crowned Miss Denver March Pow Wow 2022. Tessa is very proud of her heritage, she is a tribal member of the Nueta, Hidatsa, Sahnish, Apsaalooke and Fort Peck Dakota.

Tessa is the daughter of Donovan and Caspie Abbey, who all belong to the Ciicga (Prairie Chicken Clan). She is the

granddaughter of Roberta Baker and Charles Moran Sr., and the great granddaughter of Norman and Beverly Baker. Tessa was born in Crow Agency, Montana on January 15, 2005, and has lived here in Mandaree for the past seventeen years. Tessa was blessed with two Indian names one Hidatsa name and her Apsaalooke name. Her Hidatsa name is "Barn Swallow Woman", given to her by her grandma Lyda Bearstail, and her Apsaalooke name "Believes in Prayer" by her grandma Sandra Shield.

This young lady started dancing as soon as she could walk, when she was younger still trying to find her groove in dancing in a certain category. Since she didn't know what category, she wanted to dance in. Her aunt, uncle and her mom would all make her a jingle dress, fancy shawl dress and a traditional dress until she decided what category she wanted to dance in. Once she decided she wanted to dance like her mom and that's where she started to dance Crow style when she first began to compete in contests.

Continue on page 4.

Councilwoman Turner-Lone Fight Update



Greetings to everyone far and near. Before I begin this update, I would like to extend my deepest sympathy to the Pete Hale family and relatives. I just heard the sad news of Kyle Grady; I would like to extend my condolences to his family and relatives. Our prayers are with you all. Kyle's obituary will be in our next paper.

First of all, I would like everyone to know in our community that Renay Brown will no longer be in transporting, or driving people in our community to their doctor's appointments. Renay will be busy taking care of the grocery store. I would like to congratulate Bruce Fox Sr., who named the grocery and mini café Wolf Chief Store, great job Bruce. I would also like to congratulate Tessa Holds the Enemy-Abbey who was recently crowned Miss Denver March awesome way to represent our MHA Nation, we are all very proud of you.



I recently attended the MHA Elders Fair in Parshall. It was awesome to see all the elders come together and enjoyed the fair. I paused to take picture with Mr. & Mrs. Bill Reeves our elders from West Segment.

On another note, as you know we have plans underway for construction in our area which I have been keeping you updated. So far, the West Segment Master plan is now completed by the Architect and Engineer from Brunton Architects. Construction soon to be underway for the following; rodeo fair grounds, the community center, clinic and assistant living building. So far everything should be on track. Remember all this takes time and patience. I was so happy to see the good turnout we had at our community Easter



dinner at the Water Chief Hall. We had a lot of activities and gave Easter baskets out to the kids they were gifted bikes



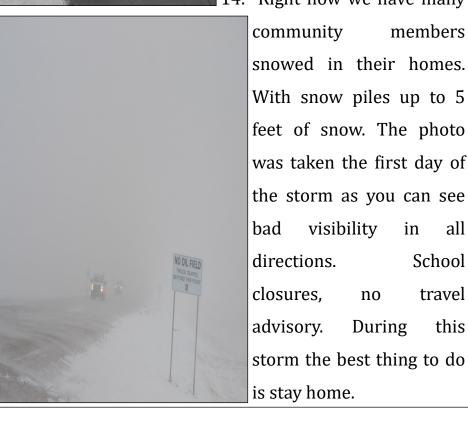
from West Segment as well. So everyone who attended ate good and the kids ventured out on a egg hunt. While others colored eggs, or took photos with the Easter bunny and other activities as well. We are in a winter storm watch the week of April 12-14. Right now we have many

all

School

travel

this



Information For West Segment Elders



April is here and has brought us a winter storm. I hope all our elders stay warm and stay home. This is one of the biggest storms we've had in our state.

Once again, I will keep reminding you of the Elders Program in how we can assist with your medical needs:

Dentures

Hearing Aids

Glasses,

Doctor appointments and Elder ramps.

Another service West Segment provides is light housekeeping, such as; vacuuming, sweeping, mopping and errand runs. To qualify for these benefits, you must be of age 60 and enrolled with the tribe.

Please provide all your documents to me at least 7-12 days prior for scheduling. Please be advised all checks will be mailed out to the vendor, I will pick up the appointment travel checks and deliver them to you.

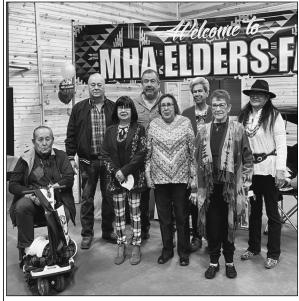
West Segment Super Senior Casino Day is every Wednesday remember to call in at 759-3377 to sign up or come inside the Water Chief Hall and sign up. The bus leaves at 10am and will leave the casino at 1pm, so you will be home by

2pm. See poster on page 24.

The elders fair was a hit with many elders who attended as you can see in the photo to your left.

All elders from our six segments attended as buses were provided by each segment to

drive their elders to the MHA Elders Fair that took place in Parshall. Some elders drove their own vehicles to the MHA Elders Fair.



They had a nice banner that welcomed all the elders. In this picture to your left are some of the elders who attended the MHA Elders Fair. I am not sure who is all this photo; sitting is Tooksy Eagle, I don't know the tall man than

Rosie Johnson, Gloria Fast Dog, June Lizotte, Michaela Bacon. All those who had fun and enjoyed the afternoon in Parshall.



In the picture to your left; is Rosie White Owl, Veronica Serdahl and Rayne Brown all from our West Segment

community who participated and attended the MHA Elders Fair.

Happy Birthday Wishes to our Elders for April:

Veronica Serdahl

Ethan Hall

Claryca Mandan

Donna Standish

Sheila Jenner

Clayton Danks

Paula Danks

Eldora Poitra

Clement Baker Jr.

Happy Birthday with many blessings to you all.

Sincerely Rosie Johnson, Elders Advocate

Work Number: 759-3377 ext. 226 Cell: 701-421-8519.

Tessa Holds The Enemy~Abbey Miss Denver March Continue

Photo by Caspie Holds the Enemy-Abbey



When she was about nine years old, her parents got her first stationary dress and ever since then Tessa has been a stationary dancer. Today Tessa dances in the young ladies' traditional dance style, as you can see her picture on the front page in her regalia.

When she has free time Tessa likes to bead, and watch movies with her family. "Me and my siblings love to bug

our parents while they try to relax and watch tv. I also enjoy doing and learning different things I know beading lets me figure out how creative I am. Such as designs there are no limits and there are many ways of creating different designs. So, I would have to say my hobby is beading."

This gal not only loves to dance pow wow style, she loves dancing hip hop or to country music or any music in general.

Tessa shares some of her happiest moments in her young life is when she is dancing, at her happiest time is when she got to dance old style fancy for the first time at the Denver March Pow wow, when she was little for her kaala (grandma) Gladys Jefferson's special.

According to Tessa the person in her life who had the most influence on her would be her mom. "She's such a strong person and always helps people even when they say they don't need help. My mom always tries to make easier ways of doing things to help people too. Both Tessa and her mom Caspie share the love of our traditional ways of life and both love to dance at celebrations.

During her reign as Miss Denver March 2022, she would like to encourage not only the youth but everyone to get their education first before anything. I would encourage our people to know and understand where they come from their roots, and their language.

As the new 2022 Miss Denver March I will be traveling all over this up coming pow wow season. This title isn't just about being a princess and wearing a pretty crown and banner. Its about being an ambassador for my people, its about carrying myself in a good way so the younger generation know that when you do good things, good things come around for you. Being the best example, I can be for our younger ones.

Right now, I am a senior and currently homeschooled I enrolled in Ogburn Academy based out of Ferdinanda Beach, Florida. After I graduate from high school, I plan on going right into college summer courses for Native American studies at the Nueta, Hidatsa, Sahnish College in New Town. I would like to obtain my Bachelors degree and become a middle school teacher.

In closing, Tessa shares this, "I would like to see more of our younger ones remember who they are and where they come from. To always know having an education is such a cool thing because with that education you will have so much more opportunities coming to you. With that I will say thank you in our Hidatsa language

(maacagiraac)."



Proud auntie moment
Tessa with her aunt Norma
Flying Horse, whose home
is Mandaree. Fashion
Designer, also known as
Red Berry Woman.

Around West Segment

Photo by Jamie R. Hale

Five Generational Picture



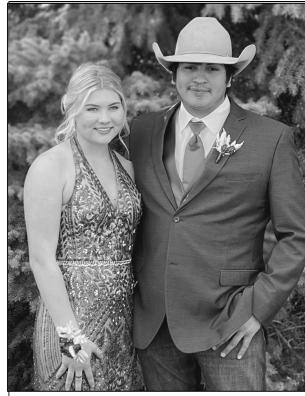
Big Hitters Boys Traveling Basketball Team Baller; Darren Poitra pictured with his mom Kylee Dawes, Grandma DeAnn Driver, Great grandma Melva Driver and great-great grandma Ina Mae Driver. Special thank you to Jamie R. Hale for taking this wonderful five generation picture what a treasure!

Danks Rodeo Team Results from 2022 Indian Three Irons Memorial

Submitted by Paula Danks & photos

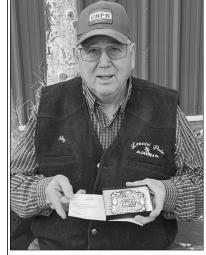


From NDRA Rodeo Team Roping Champion To Dancing under the Stars



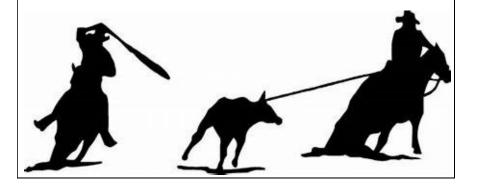
This young cowboy does it all. Participates in the Rodeo and wins the Tie Down Roping at the 2022 **NDRA** Rodeo in Minot, North Dakota. He roped earlier that day and by evening he was dancing under

the stars with his date. Pictured is Daylon Danks and his date Dani all set for the prom.



The Indian Three Irons Memorial Team Roping was in Laurel, Montana. It started on Friday with Daylon winning the 11.5 Heading side with Guy Fransau. On Saturday Clayton placed 4th Heading in the 6.5 and

Daylon placed 8th in 9.5 with Dawson Jackson. Dani Fladland also placed 10th in the 9.5. On Sunday, Megan came back high call Heading in the 7.5 but drew a bad steer, she still placed 10th.



Sneak Peek at the New School Gym

Photos by Colleen Halvorson





That is one amazing score board up where everyone is able to see.

Another awesome item in the new school gym is the painted picture of the Warrior right in the center of the gym floor. The floor is so shiny and glossy.

Not only is the gym awesome but as you can see a lot of the classrooms are very nice as well. In the photo to your right is our Councilwoman Gladys Sherry Turner-Lone Fight standing in the doorway of the new gifted and talented room. Councilwoman is also on the Mandaree School Board as well.



Sneak Peek at the New Mandarge School

Photos by Colleen Halvorso



With these photos you can tell without even going inside the new school that it's going to be awesome! With so much more room. The hall ways are beautiful and the classrooms look so nice.

All the teachers and students will for sure be all excited to move into this beautiful new school!





This hall way has stairs
I'm not sure where the
stairs go but in our next
West Segment News we
will take more photos so
you can see first hand how
this new beautiful school
looks. Even on the outside
this school looks
awesome!

West Segment Easter Dinner



The West Segment Easter dinner was a huge success it was great to see all the community members who come out and enjoyed a nice Easter meal. Since Covid-19 this gathering was the first social gathering for our community. There were a lot of activities for the kids to do. They had face painting, jelly bean guessing game where you had to guess how many jelly beans there were in a jar. Easter egg coloring, raw egg toss, cake walk, Easter Bunny basket raffle.

Delma Fox family sponsored the Easter Egg hunt. One of the



highlights of this Easter event was for the kids seven years of age and under who all got bikes. There was also a place set up where pictures could be taken with the Easter bunny. In the photo to your left, you can see the kids coloring their Easter eggs.

The winner for the jelly bean estimate was Mr. Greg Sherwood, he donated his winnings back to the West Segment Emergency closet.

Gayla Likes Eagle family won the big Easter basket. This year was a lot of fun for the kids. On behalf of West Segment, we would like to thank Delma Fox for sponsoring the Easter Egg hunt for the kids. Also, a big thank you to the West Segment employees and volunteers who helped make baskets, those who

cooked, decorated the hall and helped clean up after everything was done. A thank you to Councilwoman Gladys Sherry Turner-Lone Fight for making sure everyone left the building with something.

Pictured to your right is a young girl who won a cake from the

cake walk. She also had her face painted. Two cuties sit by an Easter basket. It was good to see everyone having a wonderful time.





For Your Information



West Segment Covid-19 Testing

When: Monday-Friday

10am to 3pm daily

Where: East Entrance of Water Chief Hall in Mandaree, North Dakota

Everyone is welcome to come in and get tested!

Open to Everyone!

For any questions, please call Shelby at

701.421.3461

MHA Employment Opportunities For Mandaree:

CHR-Mandaree

Management: No

Description: Regular, Full-time, Benefits

Pay:\$DOQ

Deadline: Open until Filled Questionnaire: Child Care

Department of Transportation:

Management: No

Description: Regular, Full-Time, Benefits

Pay: \$18.00-\$21.00/hour Deadline: April 29, 2022

Good Road Recovery Center:

House Manager x2

Management: No

Description: Regular, Full-Time, Benefits

Pay: \$DOQ

Questionnaire: Vulnerable Adult

Solid Waste: Transfer Tech

Management: No

Description: Regular, Full-Time, Benefits

Pay: \$17.00/hour

Deadline: April 22, 2022

Native Printing LLC IN Mandaree Is Open For All Your Printing Needs

Native Enrolled Member in the Mandaree Area:

We offer the following:

Embroidery

Sublimation

Vinyl Heat Press

DTG

Silk Screen Services

Phone: (701) 421-1027

Email: nativeprinting_nt@yahoo.com

Updated Mandaree Post Office Hours:

Monday~ Friday: 12:00~4:00pm Saturday: 11:00~1:00pm

St. Anthony's Catholic Church Schedule:

Saturday: 7:30 pm New Town
Sunday: 8:30am New Town
Sunday: 11:00am Mandaree

Mandaree Fitness Center Hours As of March 7th



Monday, Tuesday,

Wednesday: 7:00am-8:00pm

Thursday & Friday: 7:00am-

[†] 10:00pm

Saturday & Sunday: 12:00pm

-10:00pm

Gym membership is free

If you have any questions you may contact the Fitness Director Santos at 421-0322

For Your Information

To Grow in the Spirit of God



Now is the time for all to start a spiritual practice that helps us grow as we seek to live a good life, a life to see good days. "Whoever exalts himself shall be humbled and whoever humbles himself shall be exalted." (Luke 14:11) What does it mean to surrender to God? It takes humility, which means we keep the reverence of God before our eyes.

To grow in our spirituality, we must surrender to the will of God. Growth will happen when we are able to admit

our faults and to be able to admit when things are just beyond our control. The things we have lost control of are the things we try to control more.

How do we come to believe in God? Seeing is believing, and personal testimony from others helps us see. But Jesus says blessed are those who do not see but believe! (Jn 20:29)

If we want to grow spiritually, we must turn our problems over to God. It takes practice to let go and let God. When we identify a problem to turn over to God, we begin to see the difference between our will and God's will. With our will, we find frustration when things don't go as planned. We need to remember that when we pray, God is not Burger King. We don't always get it our way!

We also need to always be on guard and aware of our actions. We need to make Jesus present in our thoughts, especially when we look at ourselves. In Matthew, Jesus asks, how can you judge your brother when you can't even see the log in your own eye? (Mt 7:3-5) Remember, Jesus is never the voice that condemns us or accuses us. Jesus said, when quoting the prophet Isaiah, I came to heal the brokenhearted and set the captive free. (Is 61:1, Lk 4:18) As a Catholic, when I look at myself and can admit where I have separated myself from God, I can go to confession and be forgiven and be united with God once again. Admitting my sins to another person and God brings healing. We can always ask God to remove the defects in our character – we are not perfect.

When we take a daily reflection of our actions, there might be people who we have harmed. We must be willing to make amends to them. Remember, in the prayer "The Our Father," we ask to be forgiven by God in the way we forgive others. God is asking us to be willing to make amends. The action of making amends, the action of admitting to another that I'm sorry for hurting you, brings healing. We must be at least willing to make amends for all the wrongs we have done to others unless when to do so would re-injure them. To admit to ourselves that our actions may have disturbed another person helps us more quickly admit when we are in the wrong.

The daily practice of making Jesus present in every moment of our day helps make Jesus our best friend. As Jesus truly becomes our best friend, we ask him to give us the knowledge of God's will for us. We ask for the Grace and power to do his will. In letting God be present in our lives we become more aware of God in our daily life which allows us to be able to admit our faults and want to make amends to others, to take ownership of our mistakes. When we can admit to ourselves the truth of ourselves, then we can turn it all over to God.

Belief in God allows us to take this journey of self-examination which leads to growth spiritually. As we become more God-centered rather than self-centered our despair turns to hope. Our focus is more on God and less upon ourselves. Our faith becomes stronger, and we become happier in God's love. This is true nature, to live in God's love.

Have a great day with Jesus Christ. By Deacon James Baker St.Antony's Catholic Church New Town, ND St. Anthony's Catholic Church Mandaree, ND

West Segment Emergency Closet Needs Donations



West Segment is accepting nonperishable food items and toiletries for our emergency closet. You can drop off at a box set up in the reception office at the Water Chief hall.

Nucta Hidatsa Sahnish College News

Submitted by Dr. Connie King Gottschall, Vice President of Student Services

- 1) We are now accepting applications for our Summer 2022 and Fall 2022 semesters! Summer Applications will be accepted until April 30th with documents due no later than May 10th. Fall applications will be accepted until July 30th with documents due no later than August 10th .
- 2) Congratulations to our 2021-2022 Student of the Year
- Patricia Dubois. She's won a \$1,200 scholarship from the
 American Indian College Fund for this prestigious award.
- 3) Congratulations to Irene Hale for being awarded the 2022 Coca-Cola scholarship through American Indian College Fund.
- 4) Our NHSC Recruitment team will be attending a few College and Career Fairs in the upcoming weeks. Do you want the Recruitment team to attend an event that you are hosting? Contact our Director of Admissions and Recruitment to set something up admissions@nhsc.edua.
- a. April 7th at UTTC Spring Festival from 3:00pm-5:00pm
- b. April 26th Saginaw Chippewa Tribal College andCareer Fair Virtual Attendance 8:30am-4:30pm
- 5) What's happening at NHSC? Check out a few of our upcoming events happening during March –
- a. Lunch and Learn Drug Awareness April 5th –12pm in the Student Success Center
- b. Distress Fest Main Lobby April 20th 12pm
- 6) Join us on May 13th to celebrate our Spring graduates. Graduation will be held at the Interpretive Center Amphitheater @ 10am.
- 7) Are you a former NHSC or FBCC student and want to join our Alumni group? Reach out to our Alumni team at alumni@nhsc.edu for additional information.

- 8) Want to join the NHSC team? We have a number of jobs currently open and would love for you to join our team. Check out our website; www.nhsc.edu/jobs to apply.
- A. Native American Studies Instructor
- B. Computer Science Instructor
- C. Engineering Instructor
- E. Information Technology Assistant
- F. Network Administrator
- G. Director of Sponsored Program
- H. Tutor (English, Math, Science, Psychology and/or Computers)
- I. NEH Rescue Intern
- 9. We have openings for our NAS and NACTEP cohorts for our upcoming semester. Both cohorts are available for students that are registered for the Spring semester. For additional information on each cohort, go to www.nhsc.edu/students/student-cohorts
- 10. Interested in playing for the Storm Athletics program? Contact our Athletic Director Kyle DeCoteau @ kdecoteau@nhsc.edu We have Athletic tuition waivers available on a first come, first serve basis. Contact Kyle early to sign with us and apply for your tuition waiver.
 - a. Men's Basketball
 - b. Women's Basketball
 - c. Golf



Mandarge School News

Submitted by Mrs. Bluestone, Supt. Mandaree School



April 20th: Spring Title I Review at 5pm in the new gym. Meeting and box

supper.

April 29th: Regular School Day

For the month of May: Date to be determined Employee Appreciation Dinner

in the old gym at 6pm.

May 7th: Prom

May 9 or 10: Spring Concert ** Date and Time to be finalized

May 12: Academic and Athletic Awards Banquet at 6 pm in the old gym.

May 18: Kindergarten graduation at 2pm

May 19: 8th grade transition to High School Ceremony at 2pm

| Monday, May 16 | Tuesday, May 17 | Wednesday, May 18 | | | | |
|---------------------------------|--------------------------------|--------------------------------|--|--|--|--|
| Field Trips for grades, K, 1, 2 | Field Trips for grades 3, 4, 5 | Field Trips for grades 6 and 7 | | | | |
| (plan together or separately) | (plan together or separately) | (plan together or separately) | | | | |
| | | | | | | |
| Classroom Awards Assembly | Classroom Awards Assembly | Classroom Awards Assembly | | | | |
| for grades 4-5 at 10am and 6- | for grades K-1 at 10am | for grades 2-3 at 10am (every | | | | |
| 7 at 1pm (every student gets | (every student gets | student gets recognized) | | | | |
| recognized) | recognized) | | | | | |

<u>Congratulations to Class of 2022 Valediction</u>-Pretty Star Woman Beston <u>Congratulations to Class of 2022 Salutatorian</u>-Ashlyn Grady

Class of 2022: Gradation Date: May 21, 2022

Motto: "Tell everybody I'm on my way and I'm loving every step I take" Quote from "Brother Bear"

Theme: Dripping with Gold

Colors: Gold, White, Burgundy, Black

Flowers: White Rose & Lily

Mandarge School News



Mandaree Lady Warriors Ashlyn Grady is pictured at the United Tribes College where she signed her letter of intent to play basketball at the United Tribes Technical College. Here she is with her parents; her mother, DaVonna and her dad Kyle Grady as they witnessed her signing.



Here is a picture of some of her family members who made it to her signing at United Tribes Technical College in Bismarck.

Ashlyn Grady is the daughter of Dovonna and Kyle Grady who reside here in our West Segment community. Her siblings are Ashton, Aspen, Kyle Jr., Kenyon and Ky.

Her grandparents on her mother's side are Rita Elk Eagle and Gordon Condon. On her father's side; Eldora Poitra and the late Robert Grady.

Ashlyn was given the Indian name "Stands with the Star Nation Woman" by her grandmother Margie Loud Hawk from Cheyenne River during the Sundance.

Ashlyn comes from a family raised on their values and her traditions and teachings especially from her grandmothers Rita and Eldora.

She is an enrolled member of the MHA Nation on her father's side and on her mother's side she is Cheyenne River Sioux.

Ashlyn is currently a senior at Mandaree School and plans on attending United Tribes Technical College this fall in Bismarck, North Dakota.

In her class of 2022 Ashlyn Grady is the Salutatorian. She will graduate from her Class of 2022 on May 21st.

Their class motto: "Tell everybody I'm on my way and I'm loving every step I take". Quote from Brother Bear.

On behalf of West Segment, we wish Ashlyn the best as she walks into a new journey of her life. Good luck at United Tribes!! We will be rooting for you. Our deepest sympathy goes out to Ashlyn and her family on the recent loss of her dad Kyle Grady.

Updated West Segment Staff & Security Schedule

West Segment Staff and Security Schedule:

| West Segment Security | Sun | Mon | Tues. | Wed. | T | hurs. | F | riday | Sa | turday | | | Cell # |
|---------------------------|---|--------------------|--|-------------------|----------|----------------|--------------|----------------|----|--------------|----------|----------|--------|
| James Johnson | | 8am- 4pm | 800 L 2 800 C 4 40 C 500 | 8am- 4pm | | am- pm | 8am- 4pm | | | | 421-9732 | | |
| Rhonda Hall | | 8am- 4pm | | 8am- 4pm | 60.00.00 | am- pm | 8am- 4pm | | | | 421-0547 | | |
| Benner White Owl | 5pm- 1am | 5pm- 1am | 5pm- 1am | 5pm- 1am | 100 | pm- am | | | | | 421-3122 | | |
| Robin Hall | | 8am- 4pm | 40-01-01-103-103-01-01-101-101-101-101-10 | 8am- 4pm | 60 101 | am- pm | 8am- 4pm | | | | 421-4599 | | |
| Steven Good Bird | 12am- 8am | 12am -8am | | | 30 | 2am- am | 12am- 8am | | 12 | 2am-8am 42 | | 21-4573 | |
| Frank Bear Claw | | 12am -8am | 12am- 8am | 12am- 8am | | 2am- am | 12am- 8am | | | | 421-0700 | | |
| Manuel Lucio | | | 5pm- 1am | 5pm- 1am | 1 | pm- am | 5pm- 1am | | 5p | 5pm-1am 4 | | 421-6185 | |
| Tiffany Hall | 9:30a m-6am | 9:30a m- 6am | 9:30a m-6am | 9:30a m-6am | | | | | 9: | :30am-6am 42 | | 21-4548 | |
| Layne Dupris | | | 9:30a m-6am | 9:30a m-6ar | | 9:30a m-6am | | 9:30a m-6am | | 9:30am-6am | | 421-2564 | |
| Amber Black Hawk | 9:30a m-6am | 9:30a m- 6am | | | | 9:30a m-6am | | 9:30a m-6am | | 9:30am-6am | | 421-7036 | |
| Orlando Black Hawk Jr. | 8 94 H 10 10 10 10 10 10 10 10 10 10 10 10 10 | | 9:30a m-6aı | GO SECO BOOK AS S | | | 9:30am-6am | | | | | | |
| | pr some to | | | | | | 7 10 77 2 | | | | | | |

Vehicle Crushing Clean up Project Has Started



West Segment transportation will assist the Vehicle Crushing Cleanup project removing all non-working vehicles.

This project will start on Friday, April 1st and end on June 1st, 2022.

All West Segment Residents who want vehicles removed will be paid \$125.00 per vehicle. Contact Gus at (715) 338-4937 for more information. Keep in mind, Gus will give you a slip, and please do not lose this slip. You need to go to the West Segment office and give your slip to Bernadine Fredericks Mendez. From there

West Segment will pay cash to the owner who brings in their slips. Remember, if you do not have your slip, then no cash payment will be made without it.

Vehicles need to have a tag if you want them removed and crushed. Please contact Michaela Bacon at (701) 421-1365 to receive tags.

This includes all of our West Segment community. Letters will be sent out to Mandaree in town residents.

We want our community of Mandaree to look nice when we have visitors travel through here. Having junk vehicles in our yard or parked in our parking lots its an eye sore for our visitors to see.

We need your participation in order for us to get this done and be successful in cleaning up our community.



Local & Surrounding Area Directory

Mandaree Boys & Girls Club Branch Manager: Olivia: 759-3049

Mandaree Catholic Church Father Roger Synek: 759-3412 or

627-4423

Mandaree Clinic: 759-3422 Fax: 759-3209

Mandaree Clinic Pharmacy: 759-3151 or Fax: 759-3181

Mandaree Elder's Meal Site: 759-3092 Head Cook: Pamela Fox- 421-3118

Assistant Cook: Teressa Fox

Delivery/Helper: Brad Howe: 421-5705
Monica Nagel Henry: Helper/transporter

Mandaree Elders Program: 753-3092

Elder's Care: Nina Finley Newman: 753-3092

Aging Services: Director: Polly Chase: 421-0905

Aging Services Main Office New Town: 627-4913

NHSC Mentor's Office: 759-3545 or Fax: 759-3528

Native Printing LLC: Jody Brieck: 421-1027 Email:

nativeprinting_nf@yahoo.com

Mandaree Fire Chief: Marle Baker: 759-3124 or cell: 421-1423

Little Plume Head Teacher 1: 759-3369

Mandaree Post Office: 759-3370

Mandaree Roads Dept: 759-3420

Daniel Hall Sr.: 421-5683

Tony IU: 421-2710

Aaron Yellow Wolf: 421-6136

Mandaree One Stop: 759-3609

Mandaree School Numbers:

Bus Garage: 759-3395
Business Office: 759-3120
Main School Office: 759-3311

Mandaree MHA DOT Dispatch Operations: 759-3576

Motor Carriers:

Matthew Yellow Wolf: 421-8676 Michael Blacksmith: 421-5651 Ricardo Villagrana: 421-9121 Denver Spotted Bear: 421-3124 Thomas Fredericks: 421-3064 Jocko Frank: (701) 550-6797

Rylan Howling Wolf: (701) 805-5628

Dane Fox: 421-1695

NHSC Mandaree Community Liaison: Frances Buff White: 759-3545

Mandaree Water Treatment Plant: 759-3160 or Fax: 759-3199

Mandaree Non-Emergency: Antoinette Kitagawa: 421-1361 or 421-

1357

Emergency or Ambulance: 911

<u>Mandaree TAT Solid Waste Transfer Station:</u> 759-3641 <u>Transfer Station Supervisor: Parker Gwin:</u> 701-421-7940

Transfer Station Hours: M-F 7am-6pm

Saturday: 8am-4:30 pm

Sunday: Closed.

New Town Solid Waste Director Kanzen Johnson: 627-2034

New Town Tribal Office: 627-4781

New Town Elbowoods Health Center: 627-4701

New Town Diabetes Program: 627-7969

New Town Tribal Enrollment office: 627-4238

New Town Animal Control: 627-2654

Delia Baker: 421-5214 Travis McCabe: 421-3095

New Town Circle of Life Director: Nellie Boyd: 627-4700 Fax: 421-4105

TAT Fitness Recreational Specialist: Tia Mandan: 421-0239 or

tiamandan@mhanation.com

New Town Boys & Girls Club: 627-4415

Poison Control: 1-800-222-1222

TAT CHR Main Office in New Town: 627-4240

TAT Utilities: 627-5291

TAT Mortgage Program: 627-2560

Game Warden: Bradfield Sage: 421-6977

Beuford Joe: 421-1233

TAT Police Dept: 627-3617 or 1-800-952-7923
Interim Chief Of Police: Marty Foote: 627-3605
New Town Tribal Court: 627-4803 Fax: 627-4602

<u>Tex Fox Justice Center:</u> 627-3500 <u>McKenzie County Sheriff:</u> 444-3654

* North Dakota Travel Information service dial 511. When dialing out of North Dakota for weather /road conditions you can dial: 1-866-696 -3511.

* Please read: Some numbers have changed some removed. Some of the names changed. Please post this so you can find what numbers you need. Thank you for being a good reader.

West Segment Employee Directory

Councilwoman Turner-Lone Fight: 421-9820

Executive Admin. Assistant: Jodi Finley: 421-2011

New Town Office Admin. Assistant: Florene Halvorson:421-1017

Colleen Halvorson:421-8971. Office: 627-8202

CEO West Segment: Regina Yeahguo: 421-4611 or 627-8186

CO-CEO West Segment: Bernadine Fredericks Mendez: Office: 701-

759-3377 Ext. 229 Cell: 421-5687

Water Chief Hall Receptionist: 759-3377 ext. 206

Loretta Lone Bear Cell: 421-5510

West Segment Program Analysts': Ted Lone Fight III: 421-2481

West Segment Security Director: James Johnson: 421-9732

Security Receptionist: Rhonda Hall: 421-0547

Security Officers:

Robin Hall: 421-4599

Benner White Owl: 421-3122

Steven Good Bird: 421-4573

Frank Bear Claw: 421-0700

Tiffany Hall: 421-4548

West Segment Curfew Guards:

Layne Dupris: 421-2564

Amber Black Hawk: 421-7036

Hidatsa Housing Director: Shanna Fox: 421-6205

Hidatsa Housing Secretary: Losa lu: 759-3399

Time & Attendance: 759-3377 Ext. 203:

Supervisor: Hailey Abbey: 421-7819

Sunshine Halvorson: 421-9127

Colleen Halvorson: 421-8971

West Segment Maintenance Specialist: Sam White Owl: 421-2605

<u>Main Number:</u> 759-3377 Ext. 209 & 219

Receptionist: Michaela Bacon: 421-1365

West Segment Maintenance On-Call Schedule on Page 19:

West Segment CARE Recovery Center Point of Contact:

Tiffany Hunts Along: 421-3736

CARE Custodian/Night Watchmen: Zehuman Chazieman: 421-5343

West Segment Health Dept: 759-3377 ext. 203

West Segment Health Director: Cathy Lone Fight: 421-5525 or 2427

Health Aid: Myra Red Stone: 421-0574

West Segment Community Health Driver:

West Segment Custodian Supervisor: Rosie White Owl: 421-9450

<u>Mandaree Elders Building Custodian:</u> Ken White Lightening: ext.213.

West Segment Elders Advocate: Rosie Johnson: 759-3377 ext.

226. or her cell: 421-8519

West Segment Education Director: Bernadine (Fredericks)

Mendez: Office: 701-759-3377 Ext. 229. My Cell: 421.5687

IT Specialist: Aaron Abbey: 421-5076

West Segment Transportation Specialist: Curtis Hall Sr.: 421-7907

West Segment Transportation Receptionist: Michaela Bacon:

Office: 759-3766 or her cell: 421-1365.

West Segment Fitness Center:

Director: Santos Casarez 421.0322

<u>Admin. Assist.</u>—Cody Spotted Bear

Fitness Tech: Dana Sam: 421-1050

West Segment Events Department: Lindsey Fox Sepeta: 421-

6347

Language Specialist: Lila Gwin 421.6605

Martha Bird Bear

Mary Yellow Wolf—Gachupin

<u>Land & Livestock Supervisor:</u> Megan Danks

Land & Livestock receptionist: 759-3978

Minot Outreach Specialist: Dusty (Brugh Jackson): {701] 421-

4266 Fax: 701-839-0835

Bismarck Outreach Specialist: Leah Black Hawk: Office:

701.751.1481. **Fax:** 701.751.1489

Assistant: Sharron Lone Fight: 751.0456

Fargo Outreach Specialist Jolene Gonzales: 421-6200

Fargo Outreach: 701-478-6811 Fax: 701-478-6818

TERO Information person: Carson Hood

West Segment Facebook page: LeeAnna Nation: 421-1868 or

Jordan Mann: 421-9214

West Segment News Editor: Lovina Fox: lovinafox@mhanation.com

West Segment News Assistant: LeeAnna Nation: 421-1868

*Keep in mind some cell numbers are not listed because they are personal cell numbers and not tribal cell phones. Some workers have been changed so please keep this information handy when you need numbers for West Segment. Most numbers here use area code 701 when calling long distance.

Thank you for being a good reader.

In the Event of Power Failure

FBIR Warming Shelters for Winter Storm

New Town

1. Northern Lights Wellness Center

Physical Address: 710 East Avenue, New Town, Nd

POC: Building Main Phone: 701.627.3456 (24/7 Security)

Security Shift Cell: 701-421-8005 or Nathaniel Mayer: 701-421-8219

2. New Town High School

Physical Address: 300 Eagle Drive New Town, ND

POC: Marc Bluestone: 701-421-0865

Four Bears

New Thomas Johnny Bird Memorial Building

Physical Address: Chief Dragswolf Village, New Town, ND

POC: Building Main Phone: 701-627-8300 (24/7 Security)

Mandaree:

Emergency Response Center (Fire and EMS Station)

Physical Address: 6 1st Ave. North East Ridge Road, Mandaree, ND

POC: Marle Baker: 701-421-1423

Twin Buttes:

Twin Buttes Community Center/Fitness Recreation Center

Physical Address: 691 80 J Ave. NW Halliday, ND

POC: Morley Spotted Bear: 701-220-1182

White Shield:

Public Safety Building

Physical Address: 401 Son of the Star Ave. White Shield, ND

Building Main Phone: 701-743.4000

POC: Cody White Bear: 701-421-5899 or David Blacksmith: 701-421-6507

Parshall:

Red Hall

Physical Address: 315 2nd St. Northwest Parshall, ND

POC: Building Main Phone: 701-862-3841 (24/7 Security)

MHA EMERGENCY OPERATIONS CENTER

For Your Information



TAT Head Start Emrollment



Documents Required:

- 2021–2022 Completed Application
- · Copy of Birth Certificate
- Copy of Current Income Documentation (Check stub, Direct Deposit) or Employment Letter
- Current Health Physical/Blood work/Immunization records
- · Copy of Custody Papers if applicable
- Copy of Medical Insurance cards (if Any)
- Any records that indicate Special Services (IEP, IFSP, Physician referral, ST or OT)
- Copy of Tribal ID for extra enrollments points





For more information, please contact
TAT Head Start @ 701-627-4820
509 9th St N
New Town, ND 58763

Fillable applications are available on our website at: www.tatheadstart.com

Continuously Accepting Application

Winter Storm Called Snowmaggedon 2022



My front door I can't open it drifts are about 5 feet high.

For many of us who have lived in North Dakota all our lives know that having storm in April is not unusual. happens from time to time. The generation have now haven't seen what our generation has seen as far as storms like this. According sources the last

bad storm we had in our area in North Dakota was in 1966. I believe this storm takes the cake, this winter storm will be one we won't forget. People who have social media are able to see what's going on in other areas. There are those who don't have social media, I listened to a live feed from the Watford City Police Office Iensen was on live and warning people to stay home. He said the roads are still bad with snow drifts about 3 1/2 to 4 feet high in places and in some places higher because the snow is still coming down. He mentioned road conditions in town weren't good they are still snow and ice. Some roads were plowed in Watford City for the first responders even then the roads may get covered again. Anyone who has social media will see how much snow we have received. For those who don't have social media, I took some photos around my own home so you can see for vourselves how bad this snow storm is. I can't even open up my front door it is completely covered up with a huge snow drift. The drifts around my home are at least 4 to 5 feet high. I can imagine what other homes look like in our area as well. I know I'm not the only one snowed in their homes. With the recent report from Officer Jensen he stated, all roads are closed with snow drifts are 2 to 3 feet on some roads there is a no travel advisory with more snow on the way.

Today is Thursday, and I am still snowed in at my home thank goodness I can work from here and still get this paper off today through emailing.

I recently spoke with Bob, one of the printers from Northwest Publishing he mentioned the roads are still closed in the city of Minot. Since it's snowing out I don't think the road ways will be open any time soon. So West Segment News may be delayed this month due to weather conditions. We all have to take precautions this winter storm is no joke, mother nature is very serious, North Dakota made national news with the seriousness of this winter storm.





More snow is predicted. There is no sense in shoveling the snow as new snow will only cover it. I wanted to show a before and after picture so you can see how much snow we got. The first photo was taken when it first started to snow. The second photo was taken on Thursday, April 14. I just wanted to show everyone this storm is bad all away around us. Many people are snowed in their homes like me. The snow is deep all around my home and our road way is blocked. There were many community members who posted their pictures of how much snow was around their homes on social media as well. Our community had a misfortune, a loss of a community member due to his health. Thank goodness Dr. Benj Kitagawa was on hand there was only so much he could do. The family is very grateful for his assistance. Our deepest sympathy to his mother, Eldora, his wife, Dovonna, and their children and the rest of his family.

April is Stress Awareness Month

April 7th, 2021|Daily Life

Stress Awareness Month has been recognized every April since 1992, but this year it seems particularly important.

Learning to cope with our stress and finding healthy ways to deal with these situations can go a long way in living a healthy and positive life.

What does stress mean to you?

We all experience stress – yet we may experience it in very different ways. Because of this, there is no single definition for stress, but the most common explanation is a physical, mental, or emotional strain or tension.

Stress is a reaction to a situation where a person feels anxious or threatened. Learning healthy ways to cope and getting the proper care and support can help reduce stressful feelings and symptoms.

Common reactions to a stressful event can include:

- Disbelief, shock and numbness
- Feeling sad, frustrated and helpless
- Difficulty concentrating and making decisions
- Headaches, back pains and stomach problems
- Smoking or the use of alcohol or drugs
- *Affecting more than just your mind

Long-term stress can prove to be more than just a mental issue. From headaches to stomach disorders to depression – even very serious issues like stroke and heart disease can come as a result of stress.

When you are placed in a stressful situation, specific stress hormones rush into your bloodstream leading to an increase in heart rate, blood pressure and glucose levels. This is helpful in emergency situations, but having this "rush" for extended periods of time can be dangerous and make you susceptible to the issues mentioned previously.

Learn to overcome issues you cannot change

Sometimes the stress in our lives is not something we have the power to change. Try to:

Recognize when you don't have control, and let it go.

- Avoid getting anxious about situations that you cannot change.
- Take control of your reactions and focus your mind on something that makes you feel calm and in control.
- Develop a vision for healthy living, wellness, and personal growth, and set realistic goals to help you realize your vision.
- * Healthy ways for coping with your stress

Here are some basic ideas to help you cope with stress:

- Take care of yourself eat healthy, exercise regularly, get plenty of sleep, give yourself a break if you feel stressed.
- Share your problems and how you are feeling and coping with a family member, friend, doctor, pastor or counselor.
- Avoid drugs and alcohol. These can create additional problems and increase the stress you are already feeling.
- Recognize when you need more help know when to talk to a psychologist, social worker or counselor if things continue.

Potentially the most valuable takeaway here is knowing how to talk to others about your stress. This goes both ways, as you need to know how to discuss your problems with others as well as talk to anyone that comes to you with their issues.

Original post:

By **Pam Meyer** is the Wellness Director, BLC-Wahpeton.

For Your Information

MANDAREE CELEBRATION
JULY 15-17, 2022

MANDAREE, NORTH DAKOTA

MANDAREE, NORTH DAKOTA

WESSNER TYPE OF THE PROPERTY O

MEMORIAL HAND DRUM CONTEST

PENDLETON JACKETS | HAND DRUMS | STICKS

2ND PLACE: \$4,000 PLUS JACKETS

3RD PLACE: \$2,000 PLUS JACKETS

THE FAMILY WILL ALSO BE FEEDING THE SINGERS AND VETERANS AT THE THE SMITH CAMP LOCATED WEST OF THE AROOR ON SATURDAY DURING SUPPER BREAK.

Obituary



James "Pete" Hale, 65, New Town, died Monday, April 4, 2022, in a Minot hospital.

Celebration of Life/Memorial Service: Saturday, April 9, 2022, at 11 a.m., at the Bill Hale, Sr. residence (9882 25th St NW - New Town)

Following Pete's wishes cremation has taken place.

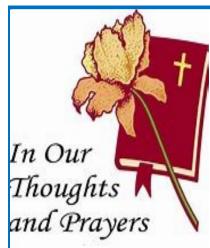
A friend to many. An open hand to the broken. A loving father. A dedicated Papa. James "Pete" Hale, 65, New Town, passed away on Monday, April 4, 2022, in the arms of his children. James Peter Hale (Holy/Sacred Leaf) "Mira'aba Xuba'a" was born on September 22, 1956, in Los Angeles, California, the son of Millard and Irene (Bluestone) Hale. He was raised on the Fort Berthold Indian Reservation, until attending boarding school from a young age. He graduated in 1976 from St. Mary's High School in New England, where he was a standout athlete in football,

basketball, and track. During his younger years, he enjoyed Rodeo as a steer wrestler. He also traveled the country playing basketball with many close friends for several years.

Pete was blessed with five children, three born from his seventeen-year marriage to his high school sweetheart. His children were the most important thing in the world, but his grandchildren were the air he breathed, filling his heart with new life. Through the years, Pete lived and worked in several places throughout western North Dakota and the United States. From oil rigs to the Buffalo Project, to truck driving, to finally landing at Thunder Butte Petroleum Services, inc. Pete embodied the definition of a hardworking man. He was also so proud to serve his community as the Mandaree Tribal Council Representative for several years.

Pete was a talented fisherman and enjoyed hunting, golfing, and pontooning with his family and friends. He was an excellent cook and loved listening and dancing to his favorite country music. It wasn't uncommon to find Pete visiting the local YMCA to "have a good sweat". He had a traveler's heart, always on the go, meeting new friends along the way, lending a hand to anyone that asked or needed help, even if it meant that he went without. Pete cherished his family and his grandchildren and was well-loved until the very end. He will be truly missed.

Pete is survived by his children, Sheyenne Griswold (Bill), Sierra Almogela (Justin), Samuel Hale (Sara), Jace Burr (Emma); and Tuesday Church (Johnathan), father, Bill Hale Sr.; sister, Diana Hale; brothers, Bill Hale Jr. (Crystal), Neal Hale (Kim), Tom Hale (Jodi), Shanon Hale, Dustin Hale, Jay Hale, Elmer Four Dance, Scott Wilson, Victor Shivone, Eric White, Russell Denny, Ernie Holds the Enemy, Mike Tveter, Fred Baker, Paige Baker, Gerard Baker, and Pastor Cary Enno; eleven grandchildren; and several nieces, nephews, aunts, uncles, and extended family. He was preceded in death by his paternal grandparents, Pete and Maggie (Baker) Hale; maternal grandparents, Tom and Margaret (Young Bird) Bluestone; mother, Irene Hale; brother, Adrian Hale; and sister, Lorrie Sherman.



Our deepest sympathy and prayers to the family and relatives of James Pete Hale and most recently the Kyle Grady family and relatives on the loss of your beloved ones. Prayers of comfort for each and every one of you. Also sending our

condolences to other family and relatives who have lost loved one from other segments.

From Councilwoman Gladys Sherry Turner-Lone Fight and Personnel.

Community Announcements

- Just a reminder Renay Brown is no longer transporting people to their doctor's appointments.
- Reminder if you want your car crushed please contact Gus at (715) 338-4937 for more information.
- To get your vehicle tagged that you want removed or crushed contact Michaela Bacon at (701)0421-1365.

West Segment Super Senior's Casino Day Every Wednesday



West Segment will depart from the Water Chief Hall at 10am. The bus will leave the casino at 1pm

and return back to Mandaree by 2pm. Elders can come in the Water Chief Hall to sign up, or call 759-3377 the Tuesday

before to reserve seating on the bus.





Happy Birthday Wishes to Our Elders!!



remembering you on your special day... happy birthday!!

Veronica Serdahl

Ethan Hall

Claryca Mandan

Ponna Standish

Sheila Jenner

Clayton Panks

Eldora Poitra

Paula Panks

Clement Baker Jr.

* Please forgive us if we forgot to mention your name, it was not done intentionally.