

The South Segment administration will strive to serve members of the South Segment living both on and off the Fort Berthold Indian Reservation, to further their living standard, promote self-sufficiency, sustainable energy, and food sustainability within the tradition of the Mandan, Hidatsa, and Arikara Nation.

#### VOLUME 1 / ISSUE 5

JULY 2015

# COMMUNITY SPOTLIGHT



#### Biography:

Hello Champions! My name is Alisha Brim, I am an administrative assistant at the Twin Buttes Tribal office here in Twin Buttes. My grandparents from Twin Buttes are Victor Brim and Lillian (Spotted Bear) Brim. My parents are Julie Brim and the late Dean Brim. I have an older sister named Laura and she has one daughter, my only niece McKenzie. I was born in Dickinson but I grew up in Washington state. I moved back to Twin Buttes in February 2011 and have been working at the Tribal Office since 2012. You may have seen me helping out at our community functions. I have two dogs, Roxas, my 10 year old black lab, Jack, my 4 year old Doberman mix and Vega, my 1 year old grey tabby cat. They are my babies :) I am a light, easy going person and more than happy to help with anything I can. Feel free to stop into the Tribal Office and say hello!

#### What are your current hobbies?

Currently my hobbies include drawing (my specialties are charcoal and digital) singing, zumba and playing video games in my spare time. I also have been spending some time at the corral with the horses and learning to ride.

#### What are you passionate about?

I am passionate about the work I do here at the office. I am very excited about all the construction, jobs and new homes that are going around Twin Buttes. I am honored to be of service to our people, and I love being a part of the services that help our community.

#### Where is your dream vacation spot?

My dream vacation spot...hmmm...would probably be in Japan. I love their mix of ancient tradition and modernism in everything from their daily lives to their art, their clothes and their food. I would love to experience their culture.

#### If you could make anything happen in Twin Buttes, what would it be?

With all the exciting plans waiting in the wings for Twin Buttes it's hard to pick something that hasn't already been proposed. However I suppose one thing I would like to happen in Twin Buttes is for us for have our own Grocery Store, full fleged. Something like Cashwise, or my favorite grocery store WinCo! I would also not be opposed to a small movie theater or a skate park...maybe a swing set for adults? I love the swings! :P

## **TWIN BUTTES POW-WOW 2015**

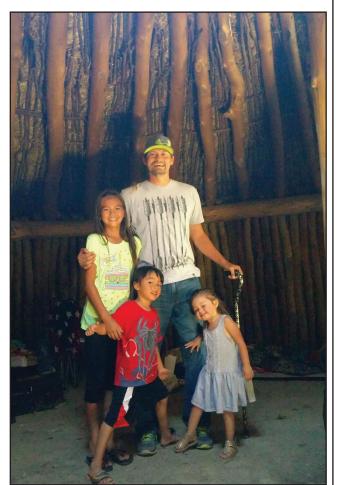


## COUNCILMAN SPOTTED BEAR'S GREETINGS



## HAU NUMAKAKI AAME (Greetings to all),

I hope everyone is enjoying this summer season. Powwow season is in full swing. We had a nice Twin Buttes Celebration this year. Thank you to everyone who was involved in putting together such a nice event for our community and our visitors. I encourage our 2016 powwow committee to do it all again and do it even better! We will continue to make improvements on our powwow grounds each year. There has been some discussion about relocating our grounds up closer to the community, but most people agree our current location would be tough to beat. This year we had people swimming, fishing, and kayaking right at our powwow grounds. Once we have our shoreline returned from the Army Corp of Engineers, we will be able to do even more development around our current powwow grounds area.



Cory, Morning Grace, Niibwin and Shahkohe at the Nu'eta, Hidatsa, Sanish College Culture Camp

Construction season is in full swing and the dirt is moving in our community. Our community has three infrastructure projects that are either underway or in the plans. The dirt work for our lagoon project is underway. We are still waiting for a few easements to be signed to begin our water distribution line project. The ultrafiltration water treatment project is being planned out and land has been secured for the new water treatment plant site.

The dirt work for the west housing additional housing area is nearly complete and dirt work for the gas station and community center area is on-going. We are finalizing plans for the gas station layout, the community center, elder's center, tribal building expansion, and twin buttes custom homes building. Our community development corporation recently purchased a portable concrete ready-mix plant and will begin making batches of concrete for our development projects as well as for outside contracts. Our lumbervard, hardware store and ready-mix plant project are on-going. There has been major dirt work done at our Twin Buttes Custom Homes building site to address high water and run-off issues. I believe our efforts saved the custom homes building from structural failure. I have been informed the building is valued at over four million dollars. There has been no progress made on our proposed athletic field other than an on-going site plan. We recently got our elders meals up and running in the community.

I would like to thank Polly Cummings-Chase for her for her assistance and dedication to the elders of Fort Berthold. I would also like to thank Vernette Wolf and Jake Bosley for their involvement with the elders meals. We also recently accomplished establishing a Bountiful Baskets Food Co-op pick-up site in our community. It was a very long and difficult process to achieve attaining a pick-up site in our community and I am very proud of our achievement. In the entire state of North Dakota there are only a handful of pick-up sites and Twin Buttes is one. Now our elders receive a basket of healthy fresh fruits and vegetables every two weeks as a service from our segment. We have loyal participants from the Dodge community who volunteer and pick up their baskets in Twin Buttes. I say thank you to the Dodge folks as well.



White Shield Pow-wow submitted by Norma Baker-Flying Horse

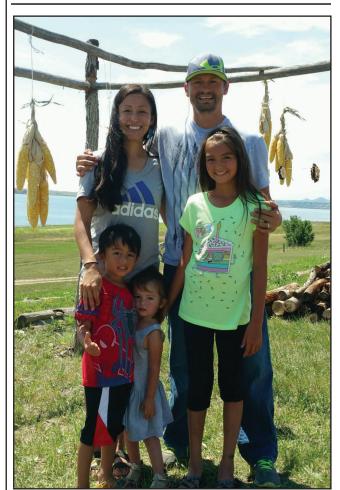
Our Fort Berthold elders distribution dinner is set for July 21 at Northern Lights in New Town. Each of our elders will receive \$600 in addition to our \$1,000 July People's Fund distribution.

Everybody in the community is working really hard. There have been approximately 32 jobs created in the community since last November, plus about 20 summer youth workers, two summer youth coordinators, and two college summer interns. Bringing the number of jobs created in the community to around 56 people employed. We will continue to create job opportunities and a stable local economy as the controlled responsible development activities continue. I would like to take this time to thank all our employees for their dedication to serving the Twin Buttes community and Fort Berthold Indian Reservation.

We continue to improve the substandard living conditions in some of the housing units in Twin Buttes and renovating housing units that have been abandoned for years. We also continue to address the home improvement needs of our elders. In time it is my hope we will have helped all our elders in need to improve the living conditions of their homes. We are currently renovating housing unit 113 working directly with our Fort Berthold Housing Authority. The community development corporation has also purchased five trailer homes and is developing an area for these homes and five RV hook-ups to address some family housing needs as well as some of our employee housing.

I hope everyone had a good Fourth of July, I hope you all are enjoying the nice weather, the camping, swimming, and all the fun events that surround the summer. We have much to look forward to as a People and a Community.

Hahoo, a'taro'sh. Councilman Cory Spotted Bear Twin Buttes Representative



Cory and his family at the Nu'eta, Hidatsa, Sanish College Culture Camp

## TWIN BUTTES FIELD CLINIC



High School Sports Physical Day: July 27, 2015 9-4pm CST please call to schedule appointment

WIC: August 18 2015 11-2pm CST



CLINIC HOURS

t 18 pm CST Monday 9:00AM - 4:30PM Friday 9:00AM - 4:30PM CST

### Back to School Immunizations

#### August: National Immunization Awareness Month

The month of August marks the beginning of back to school preparedness and excitement as school age youth prepare for another school year. It also is a time for our community clinic to help ensure our schools are protected against the increasing public health challenges caused by insufficient immunizations. In working together with parents and our schools we can prevent potential outbreaks of chickenpox, measles or mumps that have the potential impact on attendance and health of siblings, classrooms, grades and entire schools. The Twin Buttes Clinic will be having a Head Start Roundup and High School Sports Physical Day where your child's immunization status will be discussed with parents and immunization updates available that same day. You can also access the North Dakota Department of health website for the 2015-2016 immunization requirements for school attendance as well as vaccine information sheets on all vaccine preventable diseases. Go to www.ndhealth.gov.immunize/schools-childcare/. If you are in need of a copy of your child's official immunization record just contact Anna at the Twin Buttes Field Clinic.

#### Why Immunize?

Why immunize our children? Sometimes we are confused by the messages in the media. First we are assured that, thanks to vaccines, some diseases are almost gone from the U.S. But we are also warned to immunize our children, ourselves as adults, and the elderly.

#### Diseases are becoming rare due to vaccinations.

It's true, some diseases (like polio and diphtheria) are becoming very rare in the U.S. Of course, they are becoming rare largely because we have been vaccinating against them. But it is still reasonable to ask whether it's really worthwhile to keep vaccinating.

It's much like bailing out a boat with a slow leak. When we started bailing, the boat was filled with water. But we have been bailing fast and hard, and now it is almost dry. We could say, "Good. The boat is dry now, so we can throw away the bucket and relax." But the leak hasn't stopped. Before long we'd notice a little water seeping in, and soon it might be back up to the same level as when we started.

#### Keep immunizing until disease is eliminated.

Unless we can "stop the leak" (eliminate the disease), it is important to keep immunizing. Even if there are only a few cases of disease today, if we take away the protection given by vaccination, more and more people will become infected and will spread disease to others. Soon we will undo the progress we

#### have made over the years.

### Japan reduced pertussis vaccinations, and an epidemic occurred.

In 1974, Japan had a successful pertussis (whooping cough) vaccination program, with nearly 80% of Japanese children vaccinated. That year only 393 cases of pertussis were reported in the entire country, and there were no deaths from pertussis. But then rumors began to spread that pertussis vaccination was no longer needed and that the vaccine was not safe, and by 1976 only 10% of infants were getting vaccinated. In 1979 Japan suffered a major pertussis epidemic, with more than 13,000 cases of whooping cough and 41 deaths. In 1981 the government began vaccinating with acellular pertussis vaccine, and the number of pertussis cases dropped again.

#### What if we stopped vaccinating?

So what would happen if we stopped vaccinating here? Diseases that are almost unknown would stage a comeback. Before long we would see epidemics of diseases that are nearly under control today. More children would get sick and more would die.

#### We vaccinate to protect our future.

We don't vaccinate just to protect our children. We also vaccinate to protect our grandchildren and their grandchildren. With one disease, smallpox, we "stopped the leak" in the boat by eradicating the disease. Our children don't have to get smallpox shots any more because the disease no longer exists. If we keep vaccinating now, parents in the future may be able to trust that diseases like polio and meningitis won't infect, cripple, or kill children. Vaccinations are one of the best ways to put an end to the serious effects of certain diseases.

http://www.cdc.gov/vaccines/vac-gen/why.htm

## TWIN BUTTES POLICE <u>Department</u>



Dear Twin Buttes community members, Officers Dustin Krueger, Ana Alvarez, and Cody Smith, would like to thank you all for a successful Pow Wow / Celebration this year. The seat belt check

point was effective, and well-organized in ensuring that all persons traveling

in and out of the Pow Wow were practicing safety.

Thanks to Councilman Corey Spotted Bear and his office, there will be a traffic sign placed on Highway 8. Law Enforcement would like to request signs to be placed on BIA 22 near the west housing for "Quiet Zone No Engine Braking" This will reduce and hopefully eliminate the noise level from the truck's utilizing their engine brakes.

Law Enforcement attended the White Horse Women's Outreach Awareness Day which was a success. Children's I.D. Kits were distributed at the event and we would like to thank all community members who took advantage of the I.D. Kits. If you did not receive one or have any question about the I.D. Kits or in general, feel free to contact Sgt. Dustin Krueger or Officer Ana Alvarez.

Thank you,

Ana Alvarez Dustin Krueger and Cody Smith South Segment Police Officers Three Affiliated Tribes

## TWIN BUTTES SECURITY

Well we had a good turn out for the Pow-wow. Security operations went well, we had coverage all the month of June.

Officers attended fire training at the hall. Also we were able to assist the police on a couple of calls. We hope everyone had a good 4th of July. The sec officers will be on patrol all weekend.

End of Report.

Tom Sage South Segment Head of Security Three Affiliated Tribes Security



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> Calvin Black Hawk, Maintenance (701) 770-4713

Mark C. Little Owl, MSW Director

(701) 421-2703 Tribal Cell mlittleowl@mhanation.com

### COMMUNITY SUBMISSION

#### A Fathers Broken Heart

A father is not perfect. He makes mistakes in his life. When he gives up drinking and stays sober for 11 years, he does so for his children. He wants to lead by example, and do right by his family. Then, despite the talks about how drinking can destroy your health and your life, he finds his children are drinking anyway. That is how to break a fathers heart.

#### Anonymous

### Under Age Drinking Myths



## TWIN BUTTES 4TH OF JULY CELEBRATION

Hey everyone! Well it was that time of year again for FIREWORKS!! We celebrated our community "4th of July" on Thursday July 2nd. There was great food,fun games, and to top it off, a firework display at dusk for all that attended.

Congratulations to Hank Starr and his team for winning the tug-o-war competition and to all the lucky bingo winners who took home yummy pies!

It takes a lot to put on an event for the whole community and I would like to say Thank you to all that helped. Vernette Wolf and her crew, The Christian Life Camp group, The Summer Youth workers, Sommer Cummings, Lori Fredericks, Alisha Brim, The Fitness and Rec. crew and Paulson Fireworks.

If you would like to volunteer for a community event please give me a call at the Twin Buttes Tribal office 938-4403 or on my cell 421-0351. Thank You



Hanky's Panky's vs The Fredricks Five



The Estonian's vs The Fredericks Five



Hanky's Panky's vs The A Team

Relaxing at the celebration

Bingo!

Blanche Hunts Along Events Coordinator Twin Buttes South Segment Office



<image>

Our cook, her crew and the ticket master



Calling out Bingo & Making Flags

Our lovely volunteers helping to pick up door prizes



Our volunteers enjoying lunch time



Getting ready for Tug-O-War



Little one's having fun at the party

## **BOUNTIFUL BASKETS**



I'm proud to announce that our first Bountiful Baskets delivery was a success! We had plenty of volunteers from both Twin Buttes and Dodge come out to help with the unloading and the readying of the fresh produce we all pitched in to buy. There were a total of 51 baskets that we loaded and passed out to the contributors that afternoon. 30 of those baskets went to our own Elders here in Twin Buttes, thanks to Councilman Spottedbear!

How Bountiful Baskets works is you register an account online and contribute \$15 for a basket the monday before the weekend of delivery, which is comprised of half fresh fruits and half fresh veggies. On the Saturday of the delivery, volunteers show up at the site an hour early to off load the produce from the truck and sort them into baskets for the contributors. At the specified time, the contibutors show up to the site and present their reciept to the group coordinator, then they, or other volunteers, load their produce into their vehicle to take home.



There are plenty of delicious vegetables and fruits that come in the standard basket. They also have extra packages you can contribute for which change every two weeks and stay seasonal. Our last order came with something called a Firecracker Chip & Dip Pack. It contained avocados, fresh & dry chiles, fresh cilantro, limes, roma tomaotes and a 1 lb package of corn tortillas!



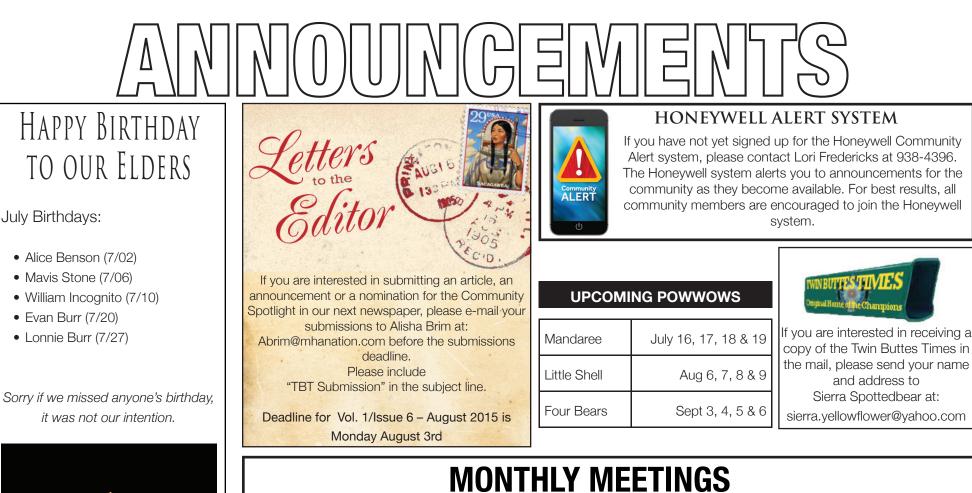


If you are interested in contributing and receiving your own Bountiful Basket, please visit **www.BountifulBaskets.org!** 

If you have any questions or need help contributing for a basket, please contact Brittany Benson or Sierra Spottedbear at 701-301-1328 or 701-421-1342 respectively.

Thank you to all the volunteers who came out for our first delivery on the weekend of June 27th! Please don't be shy and come volunteer some of your time to help out this great service for our community! The more people we have the faster the process is. I hope to see more people participating in this wonderful sevice soon. Bountiful Baskets delivers to our site once every 2 weeks, so don't miss the opportunity to get yours!

> Alisha Brim Administrative Assistant Twin Buttes South Segment Office



ELDER'S ORGANIZATION

MEETING TIMES: EVERY 3RD WEDNESDAY 10AM (CST)

## COMMUNITY BOARD

MEETING TIMES: EVERY 3RD WEDNESDAY 6PM (CST)

#### SCHOOL BOARD

MEETING TIMES: EVERY 2ND TUESDAY 4PM (CST)







### Congratulations!

On May 16th,

Monique Bell participated in the 40th Annual Arizona Decathlon / Heptathlon State Championship.

She came in 2nd in the Girls Pole Vault Decathlon, Girls Long Jump Decathlon, Girls High Jump Decathlon and 3rd in the Girls Shop Put Decathlon.

Her senior year marks 4 years of Decathlons and has earned her a Letter in Track & Field.

Job well done Monique!



Monday - Friday 7:00am at the Twin Buttes School Gym \*\*please contact Jess Grinnell in case of class cancellations\*\* (701-421-6173)

your day off right with a brisk Zumba class led by Jessica Grinnell!

IS BACK!!

The Twin Buttes Community would like to thank

Tom R. Sage

for his 32 years of service with MHA Nation.

Thank You!

Please be advised that I have been hired as a Medical Support Assistant with Elbowoods Memorial Health Center and am working at the Twin Buttes Field Clinic.

My job duties include working with Patient Benefits, Signing up all seniors 65 and older with Tribal Health Insurance and assisting Diane Tomlin as her replacement during her time off.

I will also be assisting in the Mandaree area from time to time filling in the for the Patient

Registration Clerk at their field Clinic when needed.

Should any enrolled members need alternate resources for health insurance they can contact me at the Twin Buttes Field Clinic (701) 938-4540 to apply for them.

\*\* We highly advise any and all enrolled members to apply for alternative

resources if they do not have a current insurance carrier.

Thank You!

Sincerely,



Anita Gegelman Medical Support Assistant Twin Buttes Field Clinic



Please join us Saturday July 18th from 7:00pm to 8:00pm at the Twin Buttes Memorial Hall for an NA and AA open group meeting. We will be having two guest speakers. If you have any

questions, please contact me on

my cell phone (701) 390-3059 -Nikki Krueger

701-938-3293



Club Hours: 9:00AM - 3:00PM



If anyone is interested in volunteering to help for a

www.bountifulbaskets.org and register for an account. you need help, please feel free to contact Brittany Benson at 701-301-1328 or Sierra Spotted Bear at 701-421-1342. You are also welcome to stop by the Nu'eta Language

Building or the NHS Community College mentor site with your questions.

\*\*PLEASE REFER TO BOUNTIFULBASKETS.ORG IN **CASE OF TIME CHANGES.\*\*** 





and Alyssa Starr (Activity Coordinator)

		CONTACT IN	FORMATION	ORMATION		
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Fred Fox (Member)

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