

### Congratulations White Shield Class of 2023

• Motto: "Everyday is a second chance" • Flower: Sage • Colors: Red, White & Black •



## **Councilman Fred Fox's Greetings**

Greetings to all our Elders, Community Members and Relatives,

I would like send my condolences to the family members that has lost loved ones. The community will be in mourning for the funerals this week in White Shield with the families.

I would also like to say a Happy Belated Mother's Day to all the mothers. The Mother's are the backbone and caretakers of the family. I hope all the Mother's had enjoyed their special day and make sure you thank and tell your mom you love them.

We had a busy week with Graduations and Memorial Day activities in White Shield. The White Shield Graduation had a excellent turnout. We had 7 graduates this year and 23 8th grade graduates. The Senior Class had asked me to do the Commencement Address for the Graduation Ceremonies and I did so to the best of my ability to make a successful address to the Seniors and graduating 8th grade students.

The Memorial Day Program at the Complex had another great turnout, the Ladies Auxiliary served some of the best food and they did the swearing in of officers. The guest speaker was American Legion Department Commander-Elect, Clarence L. Carroll III. Then at 5pm, the





L-R: Duane Bowen, Councilman Fred Fox, Austin Gillette and Jason Morsette

Old Scouts Society held their annually Old Scouts Pow Wow held at the new Community Center. They had 17 drums and over 50 dancers. They had dance contests for all categories and every dancer was paid and drum split for all the drums. So they had a excellent turn out.

The Tribal Business Council recently approved the 2019 Tribal Audit and will be approving the 2020 Tribal Audit end of August. We are on track to have 2021 completed by end of the year. Currently the MHA Nation has a \$60 million operating budget and we have \$860 million in the People's Fund, and \$50 million in the Education Fund. Both funds currently grows every year at a rate of 6-7%, but every year the TBC has been putting into the Fund to continually grow.

Each College Student is eligible to receive up to \$18,000 per year for College Tuition and Fees. This is not including Higher Education Grant and/or Federal Pell Grant. So this is given to every Enrolled Tribal Member.

The list of projects in White Shield are as followed:

- Mens Sober Living Lodge
- Arikara Celebration Arbor

- Restaurant
- Veterans Building
- Professional Housing 3 Twin Homes (6 units)
- Veteran Homes 3 duplexes (6 units)
- Ree Lodge Homes (2 homes)
- Awahu Village Road Paving
- Son of the Star Casino
- Ralph Wells Jr. Original Complex Renovation
- Daycare/Boys and Girls

I would like to wish everyone a safe and fun summer this year, we finally have a summer here, so be safe and enjoy. If there is driving, please plan ahead and be careful on the road. We have a big community 4th of July event planned for June 29th. So wait for the upcoming details.

Thank you and God Bless.

Fred Fox

White Shield East Segment Representative

MHA Nation Executive Secretary

# Community celebrates grand opening of Tskaakit Lodge in White Shield

By Crystal Kwaw Published: Apr. 18, 2023 at 8:25 PM CDT WHITE SHIELD, N.D. (KMOT)

Small businesses are the cornerstone of many cities across the country.

More than 33 million businesses in the U.S. are considered "small," according to the U.S. Chamber of Commerce.

Your News Leader headed to White Shield to find out how a newly opened small business will impact the community.

This is the start of something new at Tskaakit Lodge, meaning "coffee lodge," inside the Arikara Fitness Center.

Shannon Usestheknife calls herself a regular and gave the drinks a 10 out of 10.

"I need it to survive," said Usestheknife.

Fred Everett, CEO of Saunders Development Authority, said the idea came about a year and a half ago. He said MHA Chairman Mark Fox and Councilman Fred Fox played a big role in supporting their launch.

"We thought parents could come and watch their kids swim while they're having a cup of coffee," said Everett.

While the cafe held its grand opening Tuesday, many visitors to the Ralph



Wells Community Center have already had a taste of their coffee.

Manager Pam Nicholson said they allowed free taste tests five weeks prior to the official opening.

"I believe everybody enjoyed that and it helped us to set the actual flavors. We have specialized Red Bull zingers," said Nicholson.

Usestheknife said she likes having more options for places to eat in the area. She said one of her favorites is the turkey provolone.

"It's convenient to have fresh food," said Usestheknife. Everette said when a business is very new, it can be a little frightening.

"We want it to be successful and I'm judging my success a little differently than other people," said Everette.

He said he's invested in training the newcomers, even if they don't have much experience in the working world.

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# 2023 Arikara Celebration Warbonnet Parade

Young Hawk/Bear Post 253 & Ladies Auxiliary retreating the flags

Photo Credit: Leta Killer



#### Submitted by Britnee White

Nishu Bay Welcomes New Customers.

May 29, 2023 at around 9:30 am the German Shepherd named Bo Katan who had been kenneling over the Memorial Weekend. Unexpectedly went into labor and started giving birth to her first batch of puppies.

After completing a groom and giving dogs back to their owners I decided to start cleaning up my kennels. As I walked in I heard what sounded like a kitten crying. As I looked into an empty kennel there was a tiny puppy who had crawled into the kennel next to where its mother was giving birth.

She had a total of 4 at the kennel. The pet parent picked her up and at the end of the day she had a total of 9 puppies. What an experience

Anyone interested in owning a German Shepherd Mix puppy you're more than welcome to call the kennel and I can get you in touch with the owner.

Their Birthday is 6/29/2023





### 2023 Memorial Day Program



Good turnout for the 2023 Memorial Day Program



Ladies Auxilliary officers being sworn in



### Upcoming Campus Events

June 5-9

MHA Rookie Fire Training - NHSC cafeteria

June 7-8

NHSC Equine Phil Haugen Horsemanship Workshop - HHR at 9am

June 10

New Town Car Show

June 13-15

AICF Summer Conference hybrid/online and in person

June 19

Campus Closed - Junteenth

July 4

Campus Closed - Independence Day

July 6

Last Day of Summer classes

July 14-15

Storm High School Shootout

July 17-21

NHSC STEM Culture Camp Earthlodges

Interested in playing athletics for NHSC?

Contact our Athletic Director Kyle DeCoteau for more information @ kdecoteau@nhsc.edu

- NHSC will be celebrating 50 years of impact for the MHA Nation on May 2, 2023. Please watch the NHSC Facebook page and our website for updates on the community planning events.
- We are now accepting applications for students in 8th-12th for our annual STEM Culture Camp. Applications can be completed by scanning the QR Code on our NHSC Facebook page, or under the events portion of our website.
- Did you know that recent Fort Berthold High School graduates can qualify to receive a tuition waiver if they attend NHSC during the first year after they've graduated High School? For more information, you can talk with our Students Accounts Coordinator, Sasha Sillitti at ssillitti@nhsc.edu.
- NHSC is always interested in feedback from our community.
   We are currently conducting a Community Needs Assessment and we are in need of your help. Please complete our survey and help us to make more informed decisions to improve our students experience at NHSC, along with finding possible new programs to offer. Scan the QR code to complete our survey -



2023 FALL APPLICATIONS AND DOCUMENT DEADLINE DUE BY JULY 31!

NUETA HIDATSA SAHNISH COLLEGE





### **THURSDAY, JUNE 15, 2023**

5:00PM - 7:00PM • ALL MHA SEGMENTS

**FIRST 50 FATHERS WILL RECEIVE A GIFT** 

#### **SEGMENT REC SPECIALISTS INFO:**

NORTH SEGMENT: CHRISTINE DROSDAL (701) 421-3874
WHITE SHIELD: SHELDON RUSH (701) 897-6441
TWIN BUTTES: DANICA BURR (701) 421-1656
MANDAREE: TIA MANDAN (701) 421-0239
PARSHALL: CHEY HART (701) 898-8888
FOUR BEARS: TYRELL SMITH (701) 421-2374



# 2023 Arikara Celebration Flag Raising Schedule

#### Friday July 7th, 2023

Sgt Bobtail Bull - Arikara Scout

Little Brave - Arikara Scout

Bloody Knife - Arikara Scout

Thomas Rogers - Charges Alone - US Army / WWI

Dr. Herbert Wilson - One That Heals - US Army Air Corp / WWII

#### Saturday July 8th, 2023

Myron White Bear, Sr. - White Horse That Runs Along The Ridge - US Army

Karmen Fox - Crow Tail - US Navy

Gerald White, Sr. - Standing Crow - US Army / Vietnam War

Gerald Deane - Young Bear - US Navy / Korean War

Paul Bateman - Wolf In The Blizzard - US Army / WWII

Bentley Heart, Sr. - Sitting Eagle - US Marine Corps / Vietnam War

#### Sunday July 9th, 2023

Carolyn White Bear - Woman Of The War - US Navy / WWII

Margaret Starr - New Land Woman - US Army / WWII

Elizabeth "Betty" Felix - Bloody Horn - US Army / WWII

Laura Bell-Huber - US Army / WWII

Jonnie Ree Zotti-Schmaltz - Sahnish Arikara Woman Warrior - US Army / Persian Gulf

2023 Arikara Celebration Flag Bearer
Dawn White - Seeing Eagle Woman - US Army

### 2023 ARIKARA CELEBRATION

# CRAFT/FOOD VENDOR APPLICATION DEADLINE

**JUNE 30, 2023** 

Send application and payment to:

"Arikara Celebration" 1701 South Main Street Roseglen, ND 58775

Questions regarding application, call

Martha Hunter

Secretary of 2023 Arikara Celebration

(701) 421-2666

### Ralph Wells Community Center

### RENTAL PRICES

BOOKING DEPOSIT IS \$250

COMMUNITY ROOM \$100.00

\$700.00

BUILDING

POOL \$75.00

KITCHEN \$75.00

PRIVATE PARTY \$300.00

 ONLY GUESTS OF THE EVENT ALLOWED IN POOL AREA

### BOOKING/CLEANING DEPOSIT: \$50.00

EVENT COORDINATORS ADJUST THEIR WORK SCHEDULE TO EVERY EVENT

FIRST COME, FIRST SERVE

RESERVATIONS MUST BE MADE 2-3
WEEKS IN ADVANCE

48 HOUR CANCELLATION OR RESCHEDULE TIME FRAME

BOOKING DEPOSIT MUST BE TAKEN
AT TIME OF BOOKING

**EVENT COORDINATORS:**JAKE KNIFE: (701) 550-9472

RAYLENE FOX: (307) 240-0783

### Recipe Corner

### **Layered Taco Dip**

This healthy recipe comes from NDSU Extension.

#### **INGREDIENTS**

- 8 ounces fat-free cream cheese
- 8 ounces plain Greek yogurt
- 16 ounces jar salsa
- ½ package Taco seasoning (1.5 tablespoons)
- · 2 cups lettuce, shredded
- · 2 roma tomatoes, diced
- ½ cup red onion, diced
- 1 bell pepper, diced
- ¾ cup black beans, drained and rinsed
- ½ cup cheddar cheese, shredded

#### **DIRECTIONS**

In a large bowl combine cream cheese, yogurt, salsa and taco seasoning. Mix well with an electric mixer. Spread on the bottom of a 9x13 inch shallow glass dish. Top with shredded lettuce, tomatoes, onion, pepper, black beans, and shredded cheese.

Serve with whole grain or baked tortilla chips.



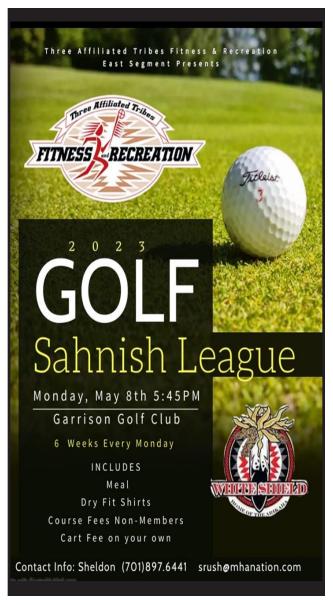
### SPORTS SECTION

MAY 2023









### SPORTS SECTION

MAY 2023

COMING JUNE & JULY: 24 SESSIONS

Every Tuesday - Wednesday - Thursday

4pm-5pm 2<sup>nd</sup>-5<sup>th</sup> Grade Boys & Girls 5pm-6pm 6<sup>th</sup>-9<sup>th</sup> Grade Boys & Girls 6pm-7pm 10<sup>th</sup>-12<sup>th</sup> Grade Boys & Girls

# WHITE SHIELD BASKETBALL FUNDAMENTAL AND SKILLS DEVELOPMENT



Hosted by:
Jesse White - United Tribes Thunderbirds
Ivy Fox - Wahpeton Wildcats

Katherine White - Bismarck State Mystics

Goal

To help our athletes become, stronger, smarter, and well rounded basketball players.

Free for all White Shield Athletes
Cost for non White Shield Residents
\$20 a session / \$50 per week / \$150 for all sessions

Also we will have special guest hosts through out the summer! Big names, big games!

High intensity, alot of reps and great leadership will be on full display!

Any questions please call Sheldon Rush White Shield Fitness & Recreation Specialist Cell: 701-897-6441





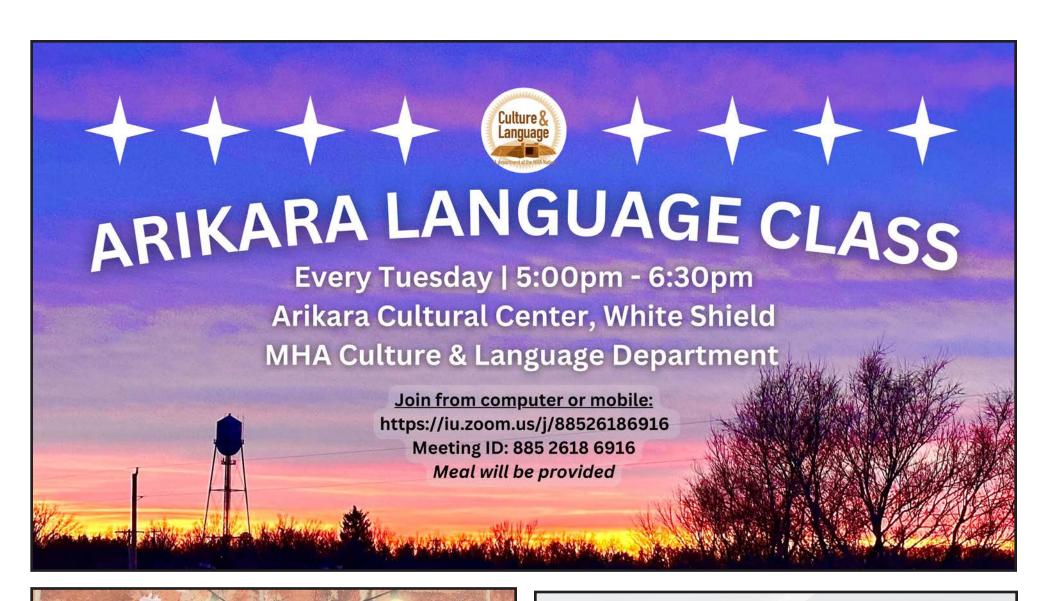
## WHITE SHIELD CHURCHES

### ARIKARA CONGREGATIONAL CHURCH

Worship & Sunday School: 10:00am Pastor Kathy Holmes

### SACRED HEART CATHOLIC CHURCH

Saturday Mass: 4:30pm Father Basil Atwell (701) 463-2327 (Parish Office)













**ELEMENTAL**JUNE 16TH



THE NEW INDIANA JONES MOVIE

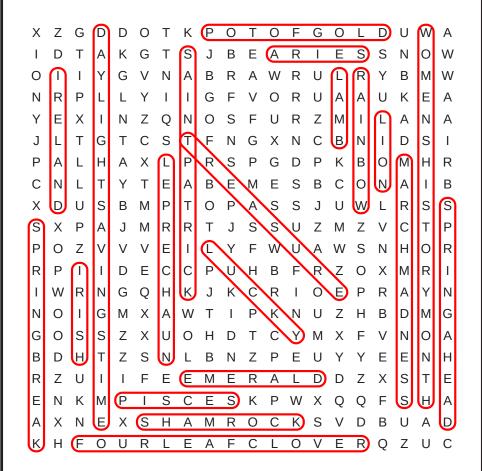
JUNE 30TH



### White Shield Star



### **March/April Answers**





#### WEEKDAYS **WEEKENDS** ARIKARA 6:00AM - 10:00PM FITNESS CENTER ARIKARA 8:00AM - 10:00PM FITNESS CENTER ARIKARA 6:00AM - 5:00PM ARIKARA CLOSED NUTRITION **NUTRITION** POOL 12:00PM - 8:00PM POOL 12:00PM - 8:00PM GYMNASIUM 6:00AM - 10:00PM GYMNASIUM 8:00AM - 10:00PM **REC ROOM 10:00AM - 8:00PM** REC ROOM 10:00AM - 6:00PM MOVIE THEATER FRIDAY AT 7:00PM MOVIE THEATER 10:00AM - 10:00PM

# WHITE SHIELD STAR WORD FIND

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BASKET
BLOSSOM
BOUQUET
BUMBLEBEE
BUTTERFLY
CATERPILLAR
CINCO DE MAYO

CONSTRUCTION
DANCE
EXCERCISE
FESTIVALS
FLOWERS
GARDENING
GEMINI

LADYBUG
LAWNMOWER
MEMORIAL DAY
MOTHERS DAY
OUTSIDE
PARADE
PICNIC

RAINBOW
RIBBONS
SPRING
STAR WARS DAY
SUNSHINE
TAURUS
TRADITION

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Rebecca Bird Holly Felix TAT FITNESS & RECREATION Sheldon Rush RALPH WELLS JR. COMM Glenn LaCroix Harry LaCroix Shay LaCroix WHITE SHIELD CLINIC Main Phone Main Fax Line Tele-Pharmacy Danielle Harris Cassidy Behles Brittany Halsey Shasta Mandan Brenda Allard Doug Painte WHITE SHIELD CULTURAL	rebeccabird@mhanation.com hprice@mhanation.com  ON PROGRAM srush@mhanation.com  UNITY CENTER glacroix@mhanation.com hlacroix@mhanation.com slacroix@mhanation.com  danielle.harris@ihs.gov cassidy.zook@ihs.gov brittany.halsey@ihs.gov smandan@mhanation.com ballarad@mhanation.com	701-421-9156 701-898-0318 701-421-0413 701-897-6441 701-421-7585 605-228-8974
Rebecca Bird Holly Felix TAT FITNESS & RECREATION Sheldon Rush RALPH WELLS JR. COMM Glenn LaCroix Harry LaCroix Shay LaCroix WHITE SHIELD CLINIC Main Phone Main Fax Line Tele-Pharmacy Danielle Harris Cassidy Behles Brittany Halsey Shasta Mandan Brenda Allard Doug Painte WHITE SHIELD CULTURAL Main Phone	rebeccabird@mhanation.com hprice@mhanation.com  ON PROGRAM srush@mhanation.com  UNITY CENTER glacroix@mhanation.com hlacroix@mhanation.com slacroix@mhanation.com  danielle.harris@ihs.gov cassidy.zook@ihs.gov brittany.halsey@ihs.gov smandan@mhanation.com ballarad@mhanation.com	701-421-9156 701-898-0318 701-421-0413 701-897-6441 701-421-7585 605-228-8974 605-222-0534 701-743-4380 701-743-4163 701-627-7945 701-627-7940 701-627-7944 701-421-2144 701-743-4013
Rebecca Bird  Holly Felix  TAT FITNESS & RECREATION Sheldon Rush  RALPH WELLS JR. COMM Glenn LaCroix  Harry LaCroix Shay LaCroix  WHITE SHIELD CLINIC  Main Phone  Main Fax Line  Tele-Pharmacy Danielle Harris Cassidy Behles Brittany Halsey Shasta Mandan Brenda Allard Doug Painte  WHITE SHIELD CULTURAL Main Phone  Main Fax Line	rebeccabird@mhanation.com hprice@mhanation.com  ON PROGRAM srush@mhanation.com  UNITY CENTER glacroix@mhanation.com hlacroix@mhanation.com slacroix@mhanation.com  danielle.harris@ihs.gov cassidy.zook@ihs.gov brittany.halsey@ihs.gov smandan@mhanation.com  ballarad@mhanation.com	701-421-9156 701-898-0318 701-421-0413 701-897-6441 701-421-7585 605-228-8974 605-222-0534 701-743-4380 701-743-4504 701-627-7945 701-627-7945 701-627-7944 701-421-2144 701-743-4013 701-743-4986

NISHU LODGE (WHITE SHI	ELD ELDERS PROGRAM)	
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Main Fax Line		701-743-4411
Helen Krueger	hkrueger@mhanation.com	701-898-8609
Jayden Whitebear-Cisneros	jcisneros@mhanation.com	701-421-2706
Glennis Bearstail	gbearstail@mhanation.com	701-897-1163
Debra LaCroix	debralacroix@mhanation.com	701-460-9289
WHITE SHIELD ELDER MEA	AL SITE	
Main Phone		701-743-4121
Lujuanna LaCroix		701-460-7824
Jackie Conners	jconners@mhanation.com	
Francine Conners	fconners@mhanation.com	
John LaCroix	jlacroix@mhanation.com	701-421-2092
Kristopher LaCroix	klacroix@mhanation.com	701-460-9305
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Bernadette White Bear-Hall	bwhitebear@mhanation.com	701-897-1392
WHITE SHIELD DETENTION	CENTER	
Main Phone		701-743-4000
Main Fax Line		701-743-4093
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Alexandra Schwuchow	aschwuchow@mhanation.com	701-421-8188
Jazmyn Gibson		701-495-8954
Manuel Lucio, Sr.	mlucio@mhanation.com	701-421-2604
Tashena Sobotke	tsobotke@mhanation.com	701-421-8057
WHITE SHIELD PUBLIC SA	1	
Cody White Bear	cwhitebear@mhanation.com	701-421-5899
TAT POLICE DEPARTMENT		
Main Phone		701-627-3617
Main Fax Line		701-627-3113
Officer Mike Roy	mroy@mhanation.com	701-421-3685
Officer Duane Bowen	dbowen@mhanation.com	701-898-7264
TAT FISH & WILDLIFE		
Main Phone		701-627-4760
Charles Wilkinson	cwilkinson@mhanation.com	701-898-0129
Jordan Yellow Bird	jyellowbird@mhanation.com	701-421-7464
WHITE SHIELD AMBULANO	E	
Main Phone	CE CONTRACTOR OF THE CONTRACTO	701-743-0471
Main Phone Main Fax Line		701-743-0471 701-743-4472
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Main Phone Main Fax Line WHITE SHIELD ROADS DEI Main Phone Bruce Behles Morgan Felix Timothy White Bear Rick Hall MHA NATION BEAUTIFICAT Blaine Starr Jeffrey Bearstail WHITE SHIELD SECURITY Jim Miller WHITE SHIELD TRANSFER Main Phone Main Fax Line Donovan LaCroix Dwight Howling Wolf WHITE SHIELD WATER PLA Wes Fox SAHNISH HEALING LODGE Main Phone Main Fax Line Jessie Yellow Bird Amy Bearstail LIHEAP PROGRAM	PARTMENT  TION PROGRAM - WHITE SHIELD CRE bstarr@mhanation.com jeffreybearstail@mhanation.com  jamesmiller@mhanation.com  STATION (GARBAGE)  lacroixgenedonovan@gmail.com dhowlingwolf@mhanation.com  NT wesfox@mhanation.com  RESOURCES CENTER  jeyellowbird@mhanation.com	701-743-4472  701-743-4311 701-897-1185 701-421-1958 701-421-8409 701-897-1326  EW  701-421-7098  701-421-7098  701-743-4282 701-743-4283  701-743-4283  701-743-4872 701-743-4878 701-421-3044 701-421-3884
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Main Phone Main Fax Line WHITE SHIELD ROADS DEI Main Phone Bruce Behles Morgan Felix Timothy White Bear Rick Hall MHA NATION BEAUTIFICAT Blaine Starr Jeffrey Bearstail WHITE SHIELD SECURITY Jim Miller WHITE SHIELD TRANSFER Main Phone Main Fax Line Donovan LaCroix Dwight Howling Wolf WHITE SHIELD WATER PLA Wes Fox SAHNISH HEALING LODGE Main Phone Main Fax Line Jessie Yellow Bird Amy Bearstail LIHEAP PROGRAM Main Phone Main Fax Line Holy Elk Voice Hall 1804 C-STORE Main Phone	PARTMENT  TION PROGRAM - WHITE SHIELD CRE bstarr@mhanation.com jeffreybearstail@mhanation.com  jamesmiller@mhanation.com  STATION (GARBAGE)  lacroixgenedonovan@gmail.com dhowlingwolf@mhanation.com  NT wesfox@mhanation.com  RESOURCES CENTER  jeyellowbird@mhanation.com amybearstail@mhanation.com holyelk@mhanation.com	701-743-4472 701-743-4311 701-897-1185 701-421-1958 701-421-8409 701-897-1326  EW 701-421-7603 701-421-7098  701-743-4282 701-743-4283  701-743-4283  701-743-4878 701-421-3044 701-421-3884  701-627-2364 701-627-2664 701-743-4022

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Main Phone		701-743-400
Main Fax Line	APPIORO LIFAR OTART	701-743-403
WHITE SHIELD LITTLE W	ARRIORS HEAD START	704 740 407
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Range		701-627-653
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Toll Free		1-877-639-869
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Main Phone		701-627-822
Fax Line		701-627-281
TAT ENROLLMENT		
Main Phone		_
		701-627-423
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TAT SOLID WASTE  Main Phone		
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TAT SOLID WASTE  Main Phone  ANIMAL CONTROL  Delia Blake  Travis Jensen  SOCIAL SERVICES  Main Phone  477  Main Phone  GARRISON CENEX		701-627-203 701-421-521 701-421-890 701-627-816 701-627-445
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