



# Young Man is Living Proof that Nothing is Impossible

Photos by Rosie White Owl



Jacob is all smiles and happy when he received his award.

This fine young man was born on July 20, 2008 with cerebral palsy and spent the first eight months of his newborn life in the hospital in Fargo, North Dakota. He weighed two pounds and was born two months early and wasn't expected to live past three years old.

When he was one year old his grandparents Paul and Donna White Owl took him in and raised him.

His name is Jacob DeCoteau. He is now sixteen years old and a junior in High School at the Watford City High School. His grade point average is 3.99. Jacob was recently honored by the North Dakota Honor Society along with some of his classmates. He was also nominated for the North Dakota Achievement Award.

Jacob happily lives with his grandparents Paul White Owl Sr., and Donna White Owl in the Independence area outside of Mandaree, North Dakota.

His goal in life is to go to college and after college, he wants to follow in his grandfather's footsteps by joining the army or to be a police officer.



One of his awards was a pin from the North Dakota Honor Society.

According to his teachers and his physical therapy instructors they all agree and say; "Jacob is a very determined young man, he doesn't let his handicap stop him from reaching his goals, he is a very hard worker". His grandparents were with him when he was honored, they are both very proud of his accomplishments. Jacob is living proof that nothing is impossible. He has accomplished things that could have held him back. With his hard work and dedication of not allowing cerebral palsy to limit him. Jacob chose to move forward and made the best of what he was able to do. He didn't let cerebral palsy get the best of him, instead he turned it around and showed the public what any person is capable of and what they can do and most of all showed them that nothing is impossible! Pictured to your right is the certificate he received from the North Dakota Association of Honor Society. Pictured to your left Jacob is with his proud and loving grandparents; Paul White Owl Sr., and his grandmother Donna.



## Councilwoman Turner-Lone Fight Update



Happy Thanksgiving to everyone who lives off the reservation and to those who live here in our community. I would also like to thank all Veterans for their service. We recently had an historic event here in our community. We unveiled the Veterans Memorial Park. We had quest speaker and invited the Oakdale drum

group, the Myron Johnson/Nathan Goodiron Post 271 and the Ladies Auxiliary Post 271 in which we welcomed everyone. Our guest speakers included; Austin Gillette, Councilwoman Mayer, Councilman Fred Fox and Councilman Robert White whom all served in our armed forces. After the unveiling we had a meal for everyone who attended. You can see pictures on pages 6 and 7 of our West Segment newspaper.

I have been advised the veterans program will continue to have their monthly dinners. For more information you can contact Aron Abbey at 421-5076 or James Johnson at 421-9732.

Firstly, I would like to thank everyone who came and voted in the Tribal elections this year. I appreciate the confidence and continued support from everyone. I understand this was a close election, I would also like to acknowledge my opponent Tex Hall for running a good campaign.

I would also like to say that I hear each of you! I am looking forward at what my opponents voiced for the changes they wanted to see.

With that said, I am working towards a way to remedy these issues and concerns to the best of my ability with help of my administrative staff here at West Segment.

These concerns will be addressed at my appreciation dinner this Monday, November 18th at 6:00pm at the Water Chief Hall. I would like to have all department heads along with any tribal programs working

within the West Segment community to attend and provide an update to all West Segment and Mandaree residents. This dinner is to reunite us and remember I am here for all of you as community members. This will be the place to get your questions out there and address solutions.

We are making progress on our existing projects. Our Architects are always available during any community dinner to answer any questions you may have regarding the master plan. It's early but we have scheduled a date for our Christmas dinner this year it will be on December 20th with more information to come. West Segment will have a turkey basket distribution on Thursday, November 21st from 4:00pm to 7:00pm at the Water Chief Hall. So mark your calendar.

The Tribal Business Council awarded the Mandaree School \$100,000 to support MHA schools. Pictured below is a photo of the Mandaree student council, Mr. Serna and myself at the tribal chambers.



Mandaree School Student Council and Superintendent Mr. Serna are pictured with West Segment Councilwoman Sherry Tuner- Lone Fight at the Tribal chambers to accept the money.

Photo taken by Lori Henry.

This is all I have for now. Thank you very much for being a good reader.

Councilwoman Gladys Sherry Turner-Lone Fight

# MHA Tribal Business Council Inauguration Swearing In Ceremony



MHA Nation Color Guard~ Post 253, Post 271 and Post 9061. Austin Gillette leads in the color guards for the opening and closing ceremony.

MHA Nation Tribal Business Council Swearing in Ceremony took place on November 7, 2024 at the Four Bears Casino ballroom. The Masters of Ceremonies was Charlie Moran and the welcome address and prayer was given by Poncho Brady.

The MHA Color guards were on hand for the presentation of flags; Post 253, Post 271, and Post 9061. A grand entry song was given by the Little Shell Singers and the Flag song by the Descendants singers.

Each Tribal Business Council Representatives gave their remarks at the ceremony. Each council member reassured the people that they're there for everyone not just their segments. They all congratulated and acknowledged the newly reelected council members.

After each council member had the opportunity to speak to the audience than the swearing in of the Tribal Business Council Representative began.

The East Segment Representative: Councilman Fred Fox was sworn in first.

The North Segment Representative: Councilwoman Monica Mayer.

The West Segment Representative: Councilwoman Gladys Sherry Turner-Lone Fight.



Welcome Address and Prayer: Mr. Poncho Brady



Master of Ceremonies; Mr. Charles Moran.



Tribal Business Council remarks given by MHA Chairman Mark Fox.



South Segment Twin Buttes Tribal Representative Cory Spotted Bear also spoke.



Newly reelected tribal council members each had their own give away. On the next page the swearing in of the reelected members.

## MHA Tribal Business Council Inauguration Swearing In Ceremony



Swearing in Ceremony began with Maria Kraft sister to Councilman Fred Fox is pictured here swearing in her brother to the MHA Tribal Business Council. Councilman Fred Fox serves another four years as the East Segment Representative on the MHA Tribal Business Council.



Austin Gillette former Chairman for the MHA Nation said a few words on behalf of Fred Fox. Austin shared with the audience that he looked up the definitions of a statesman and a politician. A statesman is there for his people a person that shows wisdom, skill and vision. A politician is a person experienced in the art or science of government. He pointed at Fred Fox and said he seen him as a statesman. Very powerful words that Austin Gillette shared about Fred Fox. Who was recently one of the reelected council members to be sworn in at this ceremony. Austin Gillette is a very well respected man on our MHA Nation, he is also a Veteran and proven leader of our MHA Nation.



Pictured is Adeline Brunsell swearing in Councilwoman Monica Mayer. Councilwoman Monica Mayer is the North Segment Representative and is proud to be the first woman from North Segment to serve another four years as the North Segment Representative on the MHA Tribal Business Council.



Zehuman Chazievman swearing in Councilwoman Gladys Sherry Turner-Lone Fight. Zehuman is a brother to Councilwoman Gladys Sherry Turner-Lone Fight. Councilwoman will served another four years as the West Segment Representative on the MHA Tribal Business Council.

# MHA Tribal Business Council Inauguration Swearing In Ceremony



Reelected to the Tribal Business Council all wearing war bonnets are from left to right; Councilwoman Gladys Sherry Turner-Lone Fight, Councilwoman Monica Mayer, and Councilman Fred Fox.



Here are the newly reelected council members. Each of them had their give aways after the swearing in ceremony.



Here is part of the crowd to attended the swearing in ceremony that took place at the Four Bears Casino.



Pictured here is the West Segment table surrounded with Councilwomen's staff to help with the ceremony give away.



Here is another photo of the people present, there were a lot of tribal members that attended the ceremony.



Here is the Post who brought in the flags before and after the ceremony.

# Unveiling of The Veterans Memorial Park in West Segment

Photos by LeeAnna Nation



Here you can see the United States flag as well as our MHA Nation flag. On the side there were colorful barrels with flowers.

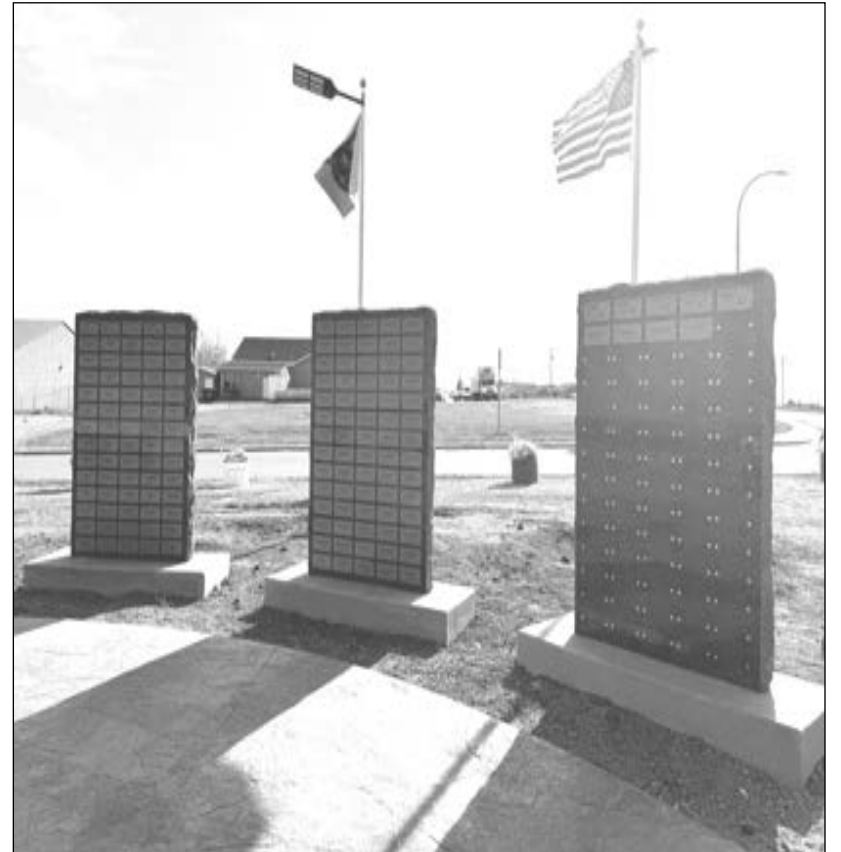
This reality all came from an idea from going on vacation to other states and places with military bases. A vacation that took them on to see the showcased memorials in memory of those who served. An idea that Councilwoman Gladys Sherry Turner-Lone Fight had and wanted for our community. She and her husband traveled a lot and visited many fort bases and seen a lot of memorials. This is where it all started from. Councilwoman Turner-Lone Fight wanted to honor our deceased veterans and those who served so she put the idea out there and the rest is history.

Today of what was an idea became a reality in West Segment. We now have a Veterans Memorial park. There is still a lot of work that has to be done on this park such as more landscaping which will happen in the spring. There are plans to install picnic tables and BBQ grills before next summer. In the picture below



which is north of the park, there were six flags representing the branches of the military.

This sidewalk leads you into the Memorial park.



Pictured above are the three black granite obelisks plaques with the names of Veterans.

Pictured above you can see the Memorial Veterans wall and on the next page you can see the names that families had put on a plaque for their family member who served in the armed forces.

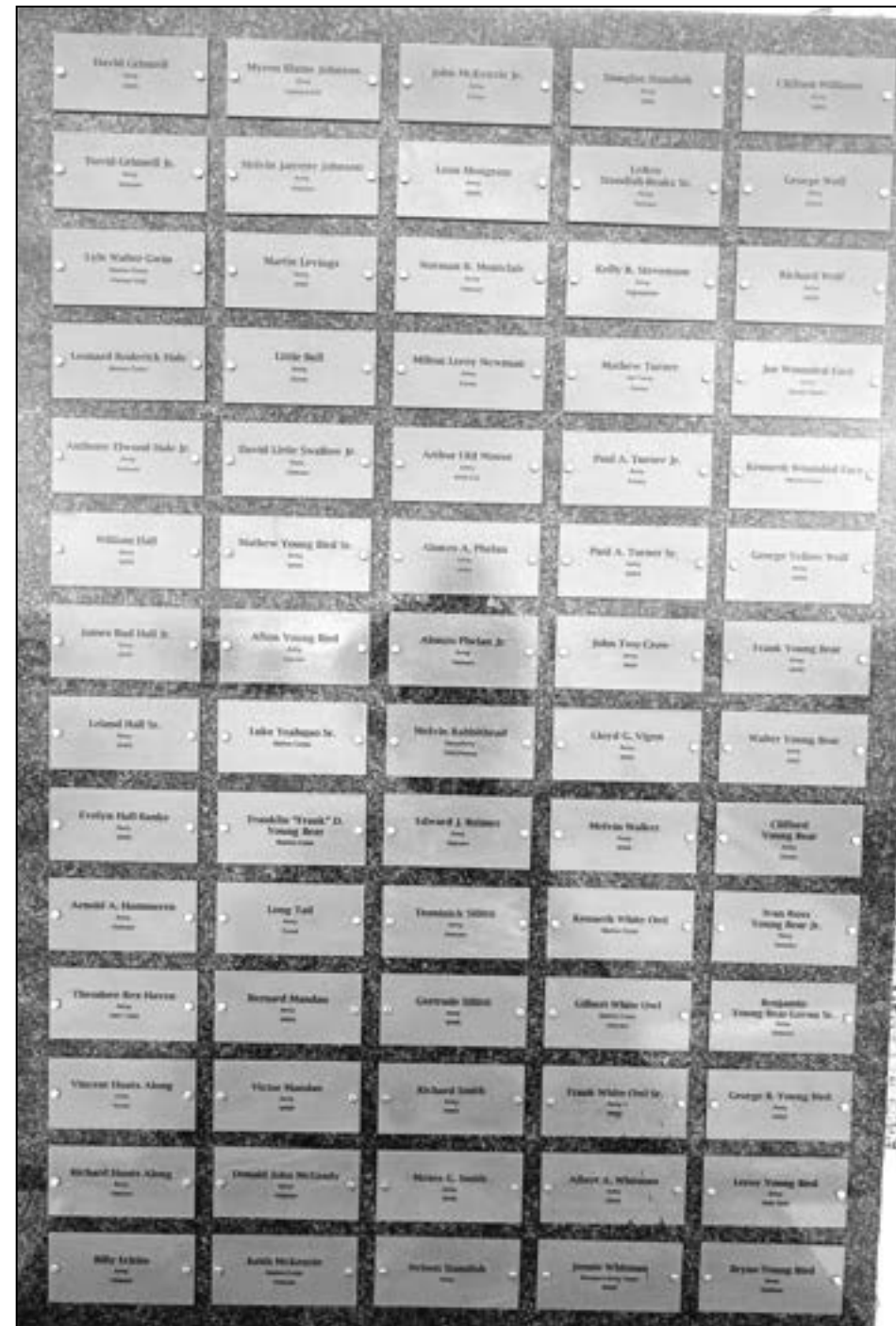
The picture on the top on the next page is the Mandaree American Legion Post 271 who participated in this unveiling of the Memorial Park.

This Memorial park is behind the Mandaree One Stop store just before you drive into the Mandaree Celebration grounds.

After everything was done everyone was invited to the Water Chief Hall for a meal, where guest speakers were called upon to say a few words. Among the guest speakers were as follows; former tribal chairman Austin Gillette, and tribal council members; Monica Mayer and Fred Fox.

You can see pictures on page 7.

# Names of Veterans that are on the Memorial



# The Veterans Memorial Park Photos in West Segment



Pictured is the sign for the Veterans Memorial Park.



Benches for the Memorial park were displayed during the unveiling.



Guest speakers were Councilman Fred Fox, Councilwoman Monica Mayer, Former TAT Chairman Austin Gillette and Councilwoman Gladys Sherry Turner-Lone Fight, who gave the closing remarks at this gathering.

Pictured to your right are community members who came to witness the unveiling of the memorial a great turn out for the afternoon meal and for the event.

Pictured to your right is our Gold Star mother Harriet Goodiron who participated in the event. She was gifted a star quilt during the event. Guest speakers were also gifted star quilts. While others who were there did give aways in honor of their veteran.



# Around West Segment

## Johnson Awarded The Legacy of Service Award

Photo courtesy of Jamie Hale



Roseann Johnson is pictured here holding her Legacy of Service Award.

The North Dakota School Board Association had their 2024 Annual Convention held in Bismarck, North Dakota. At that time, they recognized those who served on School boards for 20 plus years. The Legacy of Service Award was presented to RoseAnn Johnson, who served on the Mandaree School Board for twenty three years. The

award itself has a tree on it meaning; "The best time to plant a tree is twenty years ago, The second-best time is today." Planting, nurturing, and ultimately, waiting and hoping that a tree will bear fruit is an analogy for the work of school boards, particularly the members who have committed fifteen plus or more years in pursuit of positive students outcomes. We honor these school board members to recognize their sacrifice and their legacy; we hope their dedication will inspire the next generation of tree planters.

At the 2024 Annual Convention there were a number of names from various schools throughout the state of North Dakota who were recognized as well.



A very well deserved award for Mrs. Johnson, who resides in the West Segment community. She and her husband and her family all reside in Mandaree.

On behalf of West Segment we would like to congratulate and say thank you to Roseann on her dedication and commitment that she gave to our children at the Mandaree School.

## A Letter from the Mandaree School For Parents



Mandaree Public School

SCHOOL DISTRICT NO. 36  
PHONE (701) 759-3311 • Business Office: 759-3120  
MANDAREE, NORTH DAKOTA 58757

HOME OF  
THE WARRIORS

Dear Parents/Guardians,

I hope this message finds you well. I am writing to inform you about a significant opportunity available to students who need to recover missed attendance. To ensure that all students meet the necessary attendance requirements, we will offer Saturday School sessions to recover attendance. These Saturday sessions are designed to help students make up for unexcused absences or any days they may have missed throughout the school year. Attending these sessions will allow students to recover missed instructional time and stay on track academically.

### Key Details:

- **Where:** Mandaree Schools, Mandaree, ND.
- **Time:** 8 AM to 4 PM, when a student leaves they cannot come back for that day.
- **Who:** Students with excessive unexcused absences need attendance recovery.
- **What to Bring:** Students should bring schoolwork or study materials, as these sessions will be structured to support their academic progress.
- **When** November 2, 9, 16, 30, 2024; December 7, 2024  
January 4, 18, 2025; February 8, 2025; March 15, 29, 2025  
April 5, 12, 19, 26, 2025; May 3, 10, 2025

We encourage all eligible students to take advantage of this opportunity to avoid consequences such as falling behind academically or losing credit for their courses due to absences.

Please contact the school office with any questions or more information. We look forward to supporting your child's continued success!

Thank you for your attention to this matter.

Sincerely,

Hector Salvador Serna  
Superintendent/HS Principal  
Mandaree School District  
701-759-3311



## The Life and Times of An Elder and a Veteran



It was a good day to be outdoors, as I drove into Watford City. I was on my way to visit with a very kind, generous and humble man. His name is Paul White Owl Sr., his parents are the late Frank White Owl and Nina (Turner) White Owl. Paul was blessed as an infant with his Indian name (Lone Bear) given to him by Frank Young Bear. He was told he was given

his name at his grandmother's home Gladys (Bassett) Turner and his grandfather Allen Paul Turner. Paul and his wife Donna and their grandson all stay in Watford City during the winter months, their grandson Jacob goes to high school there. They make their way to their home on weekends in Independence, east of Mandaree.

Paul came from a large family; he had eleven sisters and two brothers; their older sister's name was Pauline, unfortunately she passed away at two weeks old. Today he has only two younger brothers and one sister who are living today.

Paul is a Veteran, at the tender age of seventeen he enlisted in the Army in 1972 and served till 1979. He did his basic training at Fort Leonard Wood Army Base in Missouri. From there he went to the head quarters company where he was a combat engineer. As Paul goes on to share, "When I was there, I trained the trainee's how to build bridges, demolition and repel from helicopters. I don't remember what year it was that I had trainees from home. Richard Hunts Along, Myron Rough and Leroy Crows Flies High, were at Leonard Wood Army Base in Missouri. I got hurt on that job so they changed my MOS (Military Occupational Specialty). I served in Korea for a year as a combat engineer. While I was in the Army, my rank was an E4, I was honorably discharged in Fort Carson, Colorado.

Like many families who grew up in the 60's everyone didn't have it easy like we do today, So I asked Paul to share with us his lifestyle of how he grew up at their home in Independence, which is east out in the country.

He replied; "When I was growing up with my sisters, brothers and my folks. I remember our family having a lot of visitors, being happy with family. We lived in a frame house in the summer months and in the winter time we moved into the log house, so we could be closer to the school bus. My sisters were older than I was it was Hazel and Emma who would help us do chores and my sister Gladys Judy was our cook. She did most of the cooking for us. Back then, we didn't have electricity so we used kerosene lamps in our home, and during the winter months it was hard on all of us because we had to work hard. We had to haul water because we didn't have running water, we chopped wood right below our house. I remember we would put the wood in an old blanket and haul it to the house. As kids us younger ones couldn't do too much but we did what we could do. Since we didn't have running water we used an outhouse. My older sisters did most of the hard work because my brothers and I were too young. We used the wood for our woodstove, I remember we used my uncle Tony Hale's tractor to go to his mine to dig for coal and we would haul the coal back to the house. We did the same for my grandmother Gladys. Then in the winter time we had shovel snow to the road which was about a mile from our home, it was a long way for us to shovel. My dad would start at one end and we would start at the other end we did what we could so we were able to get to the school bus. That was hard work with all that shoveling snow".

Many of us who grew up in the 60's didn't have much of anything, like toys, games they play on the television, or computers, or cell phones. We didn't have the technology that kids have access today. Back in the day, we used our imaginations and created our own toys. So, Paul shares some of the best memories they enjoyed when he was growing up. "We had fun times especially in the summer all of us would get cardboard boxes and we would go sledding off the hill by

## The Life and Times of An Elder and a Veteran



our house. Then in the winter time we used an old car hood for sledding down that same hill and we did a lot of horse back riding. We would climb saddle butte and other hills. We didn't have much but we had the most fun times back then. Those were some of the happiest times we all had together.

As we continued to visit, I asked Paul who had the most influence on him when he was growing up

and this is what he shared with us. "My dad was the one who I look up too, he's the one who influenced me the most in my life. He would take us all hunting and fishing and he taught us everything we needed to know. Back then my dad was a Police Officer so he taught us to have respect for the law. He would tell us to respect our aunts and uncles and our older grandparents. We always did what we could for our grandparents. As kids we didn't understand values, with us back then it was a given, meaning it was already learned automatically. When we were little kids, we didn't question anything we just did what we were told to do. We were raised not to raise heck with anybody we didn't know out of respect".

Paul laughed and said; "Myself I like to tease but I have to watch what I say and do. Back then my uncles and clan brothers were the ones who corrected me. If I misbehaved or if I didn't listen to my folks, they would call my clan brothers, they would come over and they used to throw me in the water".

Today Paul loves to travel to rodeos, he enjoys spending time with his grandson Jacob. As Paul goes on to say; "Jacob is like my son but he calls me grandpa. The doctors told us he would only live to be three years old

and now he's sixteen, so I know God treated us good. I loved riding horses and running cows.

Right now, I can't ride anymore or take care of my cows, so my son Paul Jr., and Paul Jones my grandson takes care of the cows. I gave everything to my grandson Paul Jones, we call him "Jones" so now he runs everything. When I'm out in the country at my home near independence, I feel safest and more at home".

I can't walk anymore so everywhere I go; I use my automatic wheel chair. My health isn't as good as it used to be. I have a number of health issues that I deal with. Due to an accident, I had a while back I broke my pelvis and back which all caught up to me now so I can't walk or do any kind of physical work that I used to do. When I was at figure four, we were outside working, I was going home from the field and there's a big hill above the house there. I had Donny driving the tractor and when I was coming down the hill, he was driving up the hill and I ran in the house for a drink of water and I came back and got on the four-wheeler and went up the hill well the four-wheeler didn't make it because it powered out and I went rolling down the hill and wrecked. I ended up in the hospital for eight months. So I can no longer do what I used to do because I can't walk anymore".

In 2023, I didn't think I was going to make it, I had a heart attack and my wife Donna said to me that God is the only one who knows when you're going to go. When I had my heart attack I fell over right on my face. I was pretty bruised up from falling on my face, I had black eyes and my face looked like I went through a pretty good fight".

We all go through hard times in our lives, I am glad I had the opportunity to visit with Paul. I asked him what advice would he give to our younger generation. He replied; "respect your parents they're not going to be with you all the time. To others I would say join the military".

In closing I asked Paul if there was anything else he'd like to share; "I'm happy I'm still alive, I enjoy watching our grandchildren and great grandchildren grow up. In the winter time, I enjoy quilting with my wife. I am glad to be with my family and relatives. I am glad to visit with you today, I am happy you came over to my home. Thank you.

# West Segment Hosts The Veterans Day Appreciation Dinner

Photos By LeeAnna Nation



Pictured above is Aron Abbey, the West Segment Veterans Liaison for our community. In his closing remarks with the West Segment News, Aron states; "it was an honor for us to do this for the veterans, to bring it back like it used to be long ago. Some veterans didn't have this done for them so it's good to let them know they are very much appreciated.



Songs were rendered by the Thunder Butte Drum group.



Pictured are Will Reeves and his wife Ethel Reeves, both veterans with their family. Their son Will Jr., also served in the military

West Segment Veterans Department hosted a veterans appreciation dinner. All West Segment veterans and their families were invited to join us at the Water Chief Hall for an appreciation dinner in honoring of our veterans.

It was a great turn out many veterans, who came with their families and friends to enjoy a great meal in appreciation for all our veterans. Pictured below is Wendell White one of the veterans and his wife Arvella and their daughter Wendy, and



Jeannie Spotted Horse with her husband Elton and family. All enjoying the meal for the appreciation of Veterans. Arvella also offered the prayer for this event.



A veteran Will Reeves Jr., talks about having a West Segment Vet Cemetery. That he is currently researching.



Here is the West Segment staff who worked at this event to make sure they were served and prepared the food for the West Segment Veterans appreciation dinner. We are very thankful for their help with the meal.

# Great Having Four Gals From Mandaree Play Ball With Lady Jacks

Photos by DCB Photography



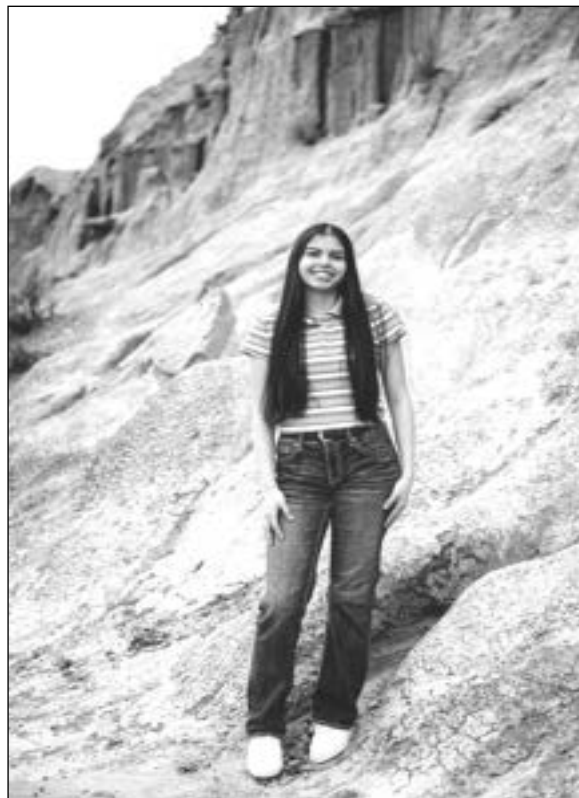
2024 Women's Basketball team players for Lady Jacks. Number 20 Aiyona Johnson, Number 30 Brandee Ray Mays, Number 11 Jewels Lone Fight. Number 2 Christine Driver. Proud of these girls playing ball for the Lady Jacks.



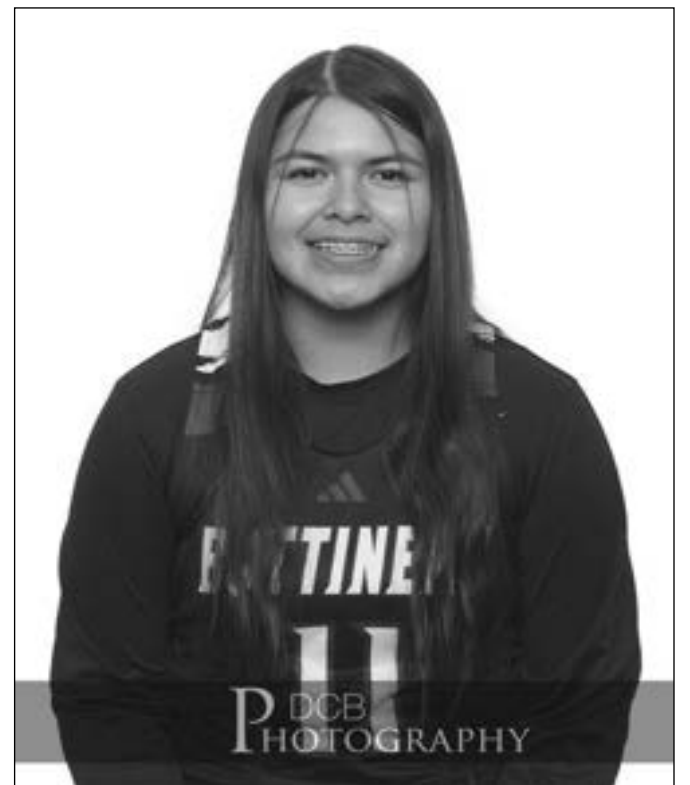
Aiyona Johnson's position is a guard for the Dakota College Lady Jacks in Bottineau. Aiyona's parents are Adam and Miranda Johnson who reside in Mandaree, North Dakota. She is a graduate of Mandaree High School.



Brandee Rhae Mays position is Forward for the Dakota College Lady Jacks. Her mother is Janell Jefferson., and Acorn Holds the Enemy and Anastasia Incashola. Brandee Rhae is a graduate of Mandaree High School.



Christine Driver's position is Center with the Dakota College Lady Jacks. Christine's parents are Marie and Russell Driver. Christine is a graduate of Mandaree High School.



Jewels Lone Fight's position is a guard with the Dakota College Lady Jacks. Jewel's parents are Ted and Sherry Lone Fight of Mandaree, North Dakota. She is a graduate of Mandaree High School.

## From District 4A Representative Lisa DeVille



### CONTACT:

Lisa Finley-DeVille  
lisadeville2013@gmail.com  
(701) 421-8020

### Lisa Finley-DeVille, District 4A House Candidate, Statement on District 4A Election Results

**MANDAREE, N.D.** — I want to first acknowledge my opponent, Ronald Brugh for stepping up and running to represent District 4A. It takes a lot of courage and work to run a campaign to inspire people to support your candidacy.

Thank you, Mandan, Hidatsa, Arikara Nation and Fort Berthold! I appreciate the support and trust that you have in my leadership and to represent our communities. I will continue to work with and for our people to find upstream solutions for our communities.

When I return to Bismarck in January, I hope that I will hear from you, my constituents, on issues that matter! I also hope that I can count on you when it comes to rallying for testimony and your expertise in the law-making process. It is up to us to shape the world that we want to see.

Like many of you, I grew up poor here on MHA Nation, my upbringing taught me to be humble, kind, and compassionate. I believe in speaking up for those who cannot. My grandmother, the late Julia Charging-White Eagle taught me to honor the earth that is part of our Indigenous identity. She and other elders gave me stories that tell us who we are and where we came from. It's their knowledge and wisdom of our creation stories that I will never forget and will continue to give me strength.

Thank you to my family and the many people who contributed and supported my campaign. Thank you for the many endorsements we received, I appreciate you.

We as Native people need to be at the decision-making table at every level of government. For centuries, decisions have been made on our behalf that do not benefit our communities. The intersection of state and tribal laws is critical for creating a just and inclusive society. This is where the sovereignty of our tribal nations meets the authority of state governments, and it is essential that we navigate this relationship with respect and understanding. I will work to ensure that our voices are represented in state legislative processes and help us develop policies that protect our unique rights, traditions, and needs. I will work to foster collaboration between state and tribal governments to ensure our communities' voices are heard included in critical legislation.

I want to send a special thank you to my endorsers, supporters, and donors:

- Advance Native Political Leadership
- Broadband Association of North Dakota
- Dakota Credit Union Association
- International Brotherhood of Electrical Workers
- League of Women Voters of North Dakota
- MDU Resource Group, Good Government Fund
- North Dakota AFL-CIO 2024
- North Dakota Association of Builders
- North Dakota Native Vote
- North Dakota United
- United Political Action Committee

Also thank you to my family and friends, donors who supported me through individual contributions, and door knockers in Mandaree, Twin Buttes, Four Bears, New Town, Parshall, and White Shield. Most of all, thank you voters for re-electing me. I've worked for more than 14 years to protect North Dakota, I'm ready to again continue that advocacy in Bismarck. The work continues for our future generations.



N. Donaghy-ND Native Vote, Standing Rock Sioux Chairwoman J. Alkire, and Representative Lisa Finley-DeVille.

On Wednesday, October 9, 2024, the North Dakota Tribal and State Relations Committee met with Standing Rock Tribal Chairwomen and some Tribal Council. Standing Rock Sioux tribe was the committee's last Tribe to meet with for 2023-2024. Thank you to the Standing Rock Sioux tribe for your hospitality and meeting with us, the ND Tribal and State Relations Committee. There was discussion on the items on the agenda listed below.

We began at 10:00 a.m. and at 10:05 were introductory remarks.

At 10:20 a.m. Our first presentation was on the  
Continue on next page.

# From District 4A Representative Lisa DeVille

operations and procedures of tribal court, presented by Mr. Finck, Executive Director, Commission on Legal Counsel for Indigents, and Mr. Cemey, Public Defender, Standing Sioux Tribal Court.

At 10:50 a.m. Presentation on The Native American Grave Protection and Repatriation Act Compliance Committee and Cooperation with tribal representatives to further the committee's repatriation efforts by Dr. Armacost, President, University of North Dakota.

At 11:15 a.m. Presentation regarding an update to the cooperative elk project with the Standing Rock Sioux Tribe Game and Fish Department presented by Mr. Williams, Director, Game and Fish Department. Continue on next page.

At 11:35 a.m. Presentation regarding voting in the 2024 general election presented by Mr. Howe, Secretary of State and Ms. Erika White, Secretary of State's Office.

At 12:45 p.m. Presentation regarding Special Law Enforcement Commission designation presented by Mr. Leingang, Chief Agent, and Mr. Wood, Special Agent, Bureau of Criminal Investigation.

At 12:00 p.m. Recess and Lunch

At 1:20 p.m. Presentation regarding an update on the federal Medicaid assistance and treatment services for tribal communities presented by a representative of the Department of Health and Human Services.

At 1:50 p.m. Presentation regarding the department's recent developments and priorities for the 2025 legislative session presented by Ms. Fredericks, Director, Indian and Multicultural Education Department of Public Instruction.

At 2:15 p.m. Presentation regarding the business climate and incentivizing business development on North Dakota Indian Reservations presented by Dr. Stratman, University Professor of Economics and Law, George Mason University.

At 2:45 p.m. Public comments, final item on agenda. I stayed until 3:30 p.m. Mandaree Bear Den Fire was in full force.

Representative Lisa Finley-DeVilley, ND Tribal and State Relations Committee Member.

## Fort Berthold Native American Church TAT Fitness & Recreation held the Fort Berthold Invitational Cross Country Meet at the Native American Church Grounds

Photos courtesy of Lisa DeVille



Pictured are the Fort Berthold State Champions.



1 & 2nd grade. With Poncho Brady.



3 & 4th grade with Poncho Brady.



5th & 6th grade.



1 & 2nd grade. Pictured with Poncho Brady.

On October 20, 2024, the 1st Annual Fort Berthold Native American Church and the TAT Fitness and Recreation held the Fort Berthold Invitational Cross Country Meet at the Native American Church grounds in New Town, ND. After the races all the Fort Berthold runners, teams and champions were honored those that were present.

Congratulations to all the youth runners. It is always exciting to watch our youth runners complete the course.

Lisa DeVille.

Continue on next page.

# For Your Information

From District 4A Representative Lisa DeVille

## Lobbying for our Ancestral Lands



I don't usually take any days off on the campaign trail (especially this close to Election Day), but this year I did, to work to protect our ancestral lands.

Earlier this week I and Walter Sr were in Washington DC representing Fort Berthold POWER at the Whitehouse, Department of Interior, and the US Forest Service discussing ways my tribe could co-steward a small portion of the Mandan and Hidatsa ancestral lands in the North Dakota Badlands.

This would be a big deal, especially with MHA Nation working on its own Tribal Park in the badlands! Thank you to Michael, Scott, John, and Shannon who also attended these meetings with us. Your expertise helped greatly.

Representative Lisa Finley-DeVille

Thank you, Councilwoman Lone Fight, for inviting me to the veteran's honoring ceremony on October 17. Unfortunately, I was unable to attend due to an unexpected family emergency.

As many of you know, my family had a strong legacy of service. Most of my Charging family members, my dad, served in the military, and especially my uncle Val, who remains MIA. Their sacrifices remind us of all the courage and dedication that define our veterans.

Thank you for your understanding and for gathering to honor those who have served.

-Lisa DeVille-

## Free Will Fundraiser For Mandaree EMS



Mandaree EMS will be having a free will fundraiser on Friday, November 22, 2024.

We will have beef stew, buns, drinks and a sweet treat. Shantell Fettig EMT and Katarina Nyberg-Luger EMT are currently enrolled in an Advanced EMT Program. Janine Perkins-Two Bears EMT will also

be taking the Advanced course in the near future.

Josie Bingen-Heart RN/EMT will be attending a class to receive a teaching certificate.

Monetary donations will be used to cover the cost of these courses. Please come and support our community members as they advance their education in Emergency Medicine.



We would like to invite you to our

## Weekly A.A Meetings

Every Friday beginning | Mandaree, ND:  
Nov. 15th starting at 7pm | CARE BUILDING

WEST SEGMENT RECOVERY SUPPORT SERVICES IS NOT AFFILIATED WITH GOOD ROAD CENTER, BUT HAVE BEEN APPROVED TO SIGN OFF ON HOURS FOR CLIENTS IN RECOVERY THAT ATTEND WEST SEGMENT A.A WEEKLY MEETINGS.

We hope you can make it. If you have any questions, please don't hesitate to reach out.

Contact Person: Glenn  
McKenzie 701-502-9158



# For Your Information

## Water Chief Hall November Schedule:

**November 15th: Indian Taco Sale @11:00am until sold out.**

**November 18th: Councilwoman’s appreciation dinner and community meeting at 6pm**

**November 19th: Colonial Life Insurance Representative at 11:00am-2:00pm**

**November 20th: From birth to 34 months Infant and Toddler Program at 10:00am-2:00pm**

**November 21st: Turkey Basket drive thru from 4pm-7pm at the Water Chief Hall.**

**November 28th: Loretta Lone Bear @ 11:00am**

**December 20th: Christmas Dinner**

## MHA Job Openings In Mandaree Area

### **Roads Department:**

**CDL Driver/Heavy Equipment Operator – Mandaree X2**

Location: Mandaree, ND

Management: No

Description: Regular, Full-Time, Benefits

Pay: \$24.00/ Per Hour

Deadline: Open Till Filled

Questionnaire: Not Required

### **Education New Town: New Town High School**

Location: Mandaree, ND

Description: Regular, Full time, Benefits

Pay: \$22-26 Per hour

Deadline: November 15, 2024

### **Education New Town-New Town Middle School:**

Location: Mandaree

Description: Regular, Full Time, Benefits

Pay: \$22-26 Per hour

Deadline: November 15, 2024

### **HeadStart:**

Cook-Mandaree

Description: Regular, full time benefits

Pay: DOQ

Deadline: Open till filled

## Continue Job Openings in Mandaree



### **Nursing:** **RN-MFC:**

Location: Mandaree, ND

Description: Regular, Full time, Benefits

Pay: 29-44 Per Hour

Deadline: November, 22, 2024

### **C.N.A.-MFC:**

Location: Mandaree, ND

Description: Regular, Full time, Benefits

Pay: 21-31 Per Hour

Deadline: November 22, 2024

### **Pharmacy:**

### **Pharmacy Tech:-MFC:**

Location: Mandaree, ND

Description: Regular, Full time, Benefits

Pay:23-30 Per hour

Deadline: November 15, 2024

For the Elbowoods Positions here is the information: For the MHA Nation please call 701-627-6431

### **Human Resources Department**

Phone: (701) 627-8251

### **All Recruitment Staff**

recruitment@mhanation.com **Kamie Heart – HR**

*Recruiter Tech*

Email: kheart@mhanation.com

Phone: (701) 627-8113

# Mandaree School Calendar of Events

## **November 2024:**

1-2: Volley Districts 15: TBD (To Be determined)  
 7: K-12 Health Fair  
 11: Veteran's Day: No School Employees/Students  
 27-29: Thanksgiving Break: No School

**\*Calendar of Events can be subject to change.**

## **December 2024:**

5: Parent/Teachers Conferences: 4:40-8:30pm  
 10: Girls Basketball @ Killdeer: 5:30-7:00pm  
 16: Girls Basketball @ Alexander: 5:30-7:00pm  
 19: Mandaree Community Christmas: 11:30-12:45  
 19: End of the 2nd Quarter  
 20: Parent Teachers Conferences: Comp day, No teachers/students  
 20: DH (Double Header) Both girls and boys basketball @Trenton  
 3:00-4:30pm and 6:00-7:30pm DH @ New Town, 1:00-2:30pm and  
 4:00-5:30 pm.  
 26: Capitol Classic @ Bismarck State College 2:00pm and 3:30pm.  
 27: DH @ McLaughlin: 10:00-11:15, 12:30 to 2:00pm.

## **January 2025:**

2: Second Semester/3rd Quarter Begins  
 3: DH @ Wilton Wings: 1:00-2:30pm, 4:00-5:30pm  
 9: Girls Basketball @ Parshall 5:30-7:00pm  
 10: DH Garrison @ home: 3:00-4:30pm and 6:00-7:30pm  
 11: DH Powers Lake @home: 3:00-4:30pm and 6:00-7:30pm  
 13: Martin Luther King Jr. Day: No School Employees/Students  
 16: Science Fair K-12, Judging at 11:00, Award Presentation at  
 2:00pm in the school gym.  
 17: DH @ White Shield: 3:00-4:30pm and 6:00-7:30pm  
 18: DH @ New Salem: 3:00-4:30pm and 6:00-7:30pm  
 21: Girls Basketball New England @ Mandaree 5:00-6:30pm  
 23: DH @ Center 4:00-5:30, 7:30pm  
 24: DH @ Washburn: 3:00-4:30pm and 6:00-7:30pm3  
 30: Mandaree Spelling Bee in the gym at 2:00pm

## **February 2025:**

1: DH Bomber Shootout @ Berthold TBD  
 6: Parent/Teacher Conferences: 4:30-8:30pm  
 10: Boys Basketball Alexander @ home: 5:30-7:00pm  
 13: Family Cupid Dance: 6:00-8:00pm  
 14-15-17: Girls District 6 @ Washburn

17: All Chiefs Day: No School Employees/Students  
 24-25-27: Boys District 6 @ Washburn  
 10: Boys Basketball Alexander @ home: 5:30-7:00pm  
 13: Family Cupid Dance: 6:00-8:00pm  
 14-15-17: Girls District 6 @ Washburn  
 17: All Chiefs Day: No School Employees/Students  
 24-25-27: Boys District 6 @ Washburn

## **March 2025:**

5: Title 1 Community/Family Engagement: 5:50-7:00pm  
 6: End of the 3rd Quarter  
 18: Snow day Make up day  
 19-21: Spring Break/No School

## **April 2025:**

10: **Title 1 Math/Annual Review 5:00-7:30pm**  
 10: Parent/Teacher Conferences: 4:30-8:30pm  
 11: Snow Day Make up day  
 16-17: Cognia Impact Conference (Staff Only)  
 18: Good Friday: No School Employees/Students  
 21: PTC Conference: Comp Day, No Teachers/Students  
 17: K-12 Spring Community Music Program: 11:30-  
 12:45pm, Spring Program: 1:00pm  
 25: Dance ? Prom 6:00pm-10:00pm

## **May 2025**

6: Academic, Art and Athletic Award Banquet at Mandaree  
 gym: 6:00-10:00pm  
 8: Mother/Son Daughter Dance: 6:00-8:00pm  
 9: Snow Day make up day  
 14: Spring Field Day  
 15: K-1 Field Trip  
 16: 2-3 Field Trip  
 19: 4-5 Field Trip  
 20: 6-8 Field Trip  
 22: Last Day of School  
 24: Senior Graduation at Mandaree Gym at 1:00pm

## For Your Information



Sign up Sheet will be at the Mandaree School  
Starts on November 18, 2024  
Grades: 2nd - 6th Grade Girls and Boys.


*Three Affiliated Tribes*  
**FITNESS and RECREATION**

# MANDAREE LITTLE CHEER SQUAD

**GRADES 2-6  
GIRLS AND BOYS**

**STARTS NOVEMBER 18TH  
PRACTICE TIMES AND LOCATION  
WILL BE POSTED  
CLOSER TO START DATE!  
SIGN UP SHEET WILL BE AT THE  
SCHOOL.**

**CONTACT INFO**  
AMANDA DEVILLE 421-8119  
FRANCESCA ROSS 421-7055  
TIA MANDAN 421-0239

 **FOR UPDATES:  
FOLLOW  
FITNESS AND REC-WEST  
SEGMENT**

# For Your Information

## MHA NATION FORT BERTHOLD RESERVATION CERTIFICATION OF RESULTS OF THE NOVEMBER 5, 2024 GENERAL ELECTION

Pursuant to Part VII, Section 5 of the Election Ordinance and Article IV, Section 3(c) of the Constitution of the Three Affiliated Tribes, the Tribal Election Board hereby formally certifies the Official results of the November 5, 2024 General Election of the Three Affiliated Tribes as follows:

<u>CANDIDATE</u>	<u>VOTES</u>
<u>MANDAREE SEGMENT REPRESENTATIVE</u>	
TEX HALL	194
GLADYS S. TURNER-LONE FIGHT	206

Gladys S. Turner-Lone Fight (is declared the winner in the November 5, 2024 General Election and shall be the Mandaree Segment Representative of the Tribal Business Council.)

Dated this 6<sup>th</sup> day of November, 2024

### TRIBAL ELECTION BOARD

Cheryle Good Bird  
Cheryle Good Bird, Chairperson

Megan Blacksmith  
Megan Blacksmith, Member

Marc S. Bluestone, Sr.  
Marc Bluestone, Sr., Member

Noreen Two Crow  
Noreen Two Crow, Member

Samantha Lucio  
Samantha Lucio, Member

Randall White Owl Sr  
Randall White Owl, Sr., Member

## For Your Information

### **NOTICE TO VOTERS**

#### **PROCEDURE TO CONTEST THE NOVEMBER 5, 2024 GENERAL ELECTION**

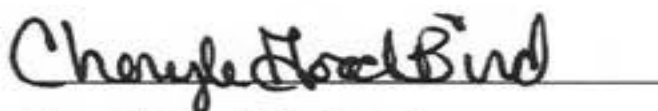
Pursuant to Part IX Section 1 of the Election Ordinance of the Three Affiliated Tribes, a defeated candidate or ten (10) qualified Tribal voters may contest the November 5, 2024 General Election within a period of three (3) days from the date on which the election results were certified by the Tribal Election Board.

Within the prescribed time period, by delivering a duly verified written election contest complaint, whether by mail or by hand, to the office of the Tribal Election Board located in the TERO building South Conference Room.

The filing of the written complaint must be accompanied by a nonrefundable filing fee in the amount of \$500.00 (money order only).

**Dated this 6th day of November, 2024**

**TRIBAL ELECTION BOARD**



**Cheryle Good Bird, Chairperson**

# For Your Information

## Spiritual Battles



Resentment is the feeling of reliving an offence that injured you in the past. It can also be passed on to you. In the spiritual world these are known as entry points.

These injuries we have gotten in our lives, the emotional injuries of those we have can also be entry points. Where shame, guilt, anger or any other negative feeling may try to enter our emotional state. These are attacks of the enemy on our identity.

Shame and anger can form a complex relationship that can lead to emotional distress and difficulties managing both emotions. Shame can lead to anger and anger can trigger shame creating a cycle that can be difficult to break.

Resentment can have many negative effects on a person's mental and physical health such as anxiety and depression. It can strain relationships and hinder personal growth. Resentment can lead to difficulty trusting others. Where do these feelings or emotions come from? They come from something that happened to us in our past. This is where evil likes to attach itself in our memories and distorts our memories through lies.

But these feelings or emotions are not who we are. It is said that we will know peace when we quit fighting any person, place, or thing. To move past or to become free of this negativity is to be able to work towards acceptance then to forgiveness. First, we must be able to repent of these negative feelings. To repent is to change our mind from the negative that wants to consume us and hold us prisoner in despair.

We must let someone know about these feelings and we must talk about them to identify them. It must be done in a safe place and with someone you can trust. The safest place to start is to start in prayer. You can make a personal relationship with God this way. Not everyone suffers from these things but some of us do. I believe that a person who starts this way of praying, that God will bring people into their lives with similar issues that can help them in their spiritual journey.

God who is also known to me as Jesus wants us to trust in him in all things, he also wants to be a part of our daily lives. It is good to let him know what we are happy with, but it is especially important to let him know about our struggles.

There is a format of a prayer that helps us identify these feelings and experience the healing mercy of God. It is called Unbound Ministry, at [hearttothefather.com](http://hearttothefather.com). There is a format of prayer that helps us deal with these feelings and emotions. Keep praying, keep growing, and keep trusting in Jesus!

May God Bless you always

Have a great day with Jesus Christ

Love & Prayers

Deacon James Baker

St. Anthony's Church in New Town, ND

St. Anthony's Church in Mandaree, ND



## Mandaree Jump House Information

**If you would like to use or reserve the jump house you are asked to contact the Jump House Coordinator: Echo Claymore at (701) 421-4689**



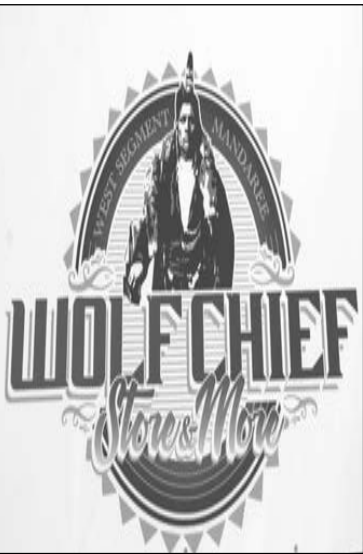
**Mandaree Post Office has a new Post Master, her name is LeeAnn.**

**Post Office Hours Monday-Friday: 12:00-4:00pm**

**Saturday Hours: 11:15am-1:15pm**

# For Your Information

## New Fall Hours For Wolf Chief Store & Cafe



**Wolf Chief Store**  
**Hours: 7:00am-8pm**  
**Monday to Friday.**  
**Saturday and Sunday Open**  
**at 10:00am-6:00pm**  
**Wolf Chief Store number is**  
**(701)759-3140.**



**Hay Draw Café opens**  
**7:00 am to 3:00pm**  
**Monday to Friday.**  
**Hay Draw Café is closed**  
**on weekends.**  
**Lindsey Fox Sepeta will**  
**be there if you have any**  
**questions you can call**

her 421-6347.



**Mandaree One Stop**  
**Hours: 7:00am-9:00pm**  
**Mandaree One Stop is**  
**closed on Weekends.**  
**If you need more**  
**information you can**  
**call (701) 759-3609**

## St. Anthony's Catholic Church Schedule:

**Saturday: 7:30 pm New Town**  
**Sunday: 8:30am New Town**  
**Sunday: 11:00am Mandaree**

## Native Printing LLC is Open For All Your Printing Needs

### Native Enrolled Member in the Mandaree Area:

### We offer the following:

- Embroidery
- Sublimation
- Vinyl Heat Press
- DTG
- Silk Screen Services

Phone: (701) 421-1027

Email: nativeprinting\_nt@yahoo.com

## Mandaree Field Clinic Hours

**Clinic is open Monday-Friday: 8:00am-4:30pm:**  
**Closed for Lunch 12pm-1pm**

**FNP Lori Jepson: is in the Mandaree Clinic on**  
**Monday, Tuesday, Thursday & Fridays**

**Every Wednesday: a Nurse will be at the Clinic**  
**for immunizations only by appointment.**

**Mandaree Clinic Pharmacy: is open everyday**  
**during the week Monday-Friday 8:00am to**  
**4:30pm**

## Numbers for Your Convenience

**Water Chief Hall : (701) 759-3377**

**Mandaree One Stop: (701) 759-3609**

**Wolf Chief Store & More: (701) 759-3140**

**West Segment Elders Advocate Rosie Johnson: at**  
**(701) 759-3377 ext.227 Her cell (701) 421-8519.**


**Mandaree Clinic: Monday-Friday from 8:00am to**  
**4:30pm phone 759-3422 (Pharmacy is open**  
**daily)**

**Mandaree School: 759-3311**

For Your Information

*1 School, 4 Squads, 1,000's of fans! We are The...*

# WARRIORS



COME OUT TO PLAY

**DEC 06 2024**



## ANNUAL ALUMNI CLASH

**MANDAREE HIGH SCHOOL GYMNASIUM**

**>>> 6PM <<<**

**MHS GIRLS VARSITY V. WOMEN ALUMNI**  
**MHS BOY'S VARSITY V. MEN ALUMNI**  
**TO FOLLOW**

Please contact Mike Deville 701-421-5814 for more information



# Getting Ready for North Dakota Winter Weather

Make sure your **North Dakota** home is **winter-ready** with these expert tips. Protect against the cold by checking your chimney, sealing drafts, insulating pipes, clearing gutters, and testing detectors for a cozy season.

## Road Condition Information

Access to most recent road conditions, load restrictions, work zones, weather cameras, width/height restrictions and weather radar.

ND Roads

ND Mobile Apps

North Dakota 511

Make sure you and your occupants are safe on every trip - review our information relating to preparing both your car and yourself for hazardous winter conditions.

## Snow and Ice Control Information

- The North Dakota Department of Transportation's (NDDOT) snow and ice control operations are an important function for the Department with over 8,600 roadway miles of highway to maintain. Winter in North Dakota presents many challenges and the NDDOT does its best to maintain and keep North Dakota's highways safe for the traveling public.
- The NDDOT works hard to keep travelers informed of road conditions. However, the road conditions are not reported 24-hours a day but are updated every day from 5 a.m. to 10 p.m. (CT). It's important to remember that the conditions may vary from what is being reported. The road report is based upon the information available to the NDDOT at the time of preparation and is provided solely as a public service. Find the information you need here to plan ahead and *Know Before you GO* so you can arrive at your destination safely.
- Winter driving can create hazardous driving conditions. Both the vehicle and driver must be prepared for bad weather, road conditions and vehicle or equipment failure.
- The information on these pages is to prepare both your car and yourself for hazardous winter conditions. Please take the time to review and make sure you and your occupants are safe on every trip.

## General Information:

- Carry a cell phone
- Let someone know when you depart, your route, and expected arrival time.
- Dress according to weather conditions. Keep dry and wear clothing in layers.

- Do not leave without a full fuel tank.

## The Basics:

Slow down. It's harder to control or stop your vehicle on a slick or snow-covered surface. In fact, in 2021, there were an estimated 121,156 police reported crashes that occurred when there was snow/sleet conditions at the time of the crash. On the road, increase your following distance enough so that you'll have plenty of time to stop for vehicles ahead of you.

Don't crowd a snow plow or travel beside the truck. Snow plows travel slowly, make wide turns, stop often, overlap lanes, and exit the road frequently. If you find yourself behind a snow plow, stay far enough behind it and use caution if you pass the plow.

## What to Do in an Emergency:

If you are stopped or stalled in wintry weather, stay focused on yourself and your passengers, your car, and your surroundings.

- Stay with your car and don't overexert yourself.
- Let your car be seen. Put bright markers on the antenna or windows and keep the interior dome light on.
- Be mindful of carbon monoxide poisoning. Make sure your exhaust pipe is clear of any snow and run your car only sporadically-just long enough to stay warm. Don't run your car for long periods of time with the windows up or in an enclosed space.

## Changes You May Notice:

### Tires:

As the outside temperatures drops, so does tire inflation pressure. Make sure each tire is filled to the vehicle manufacture's recommended inflation pressure, which is in your owner's manual and on a label located on the driver's side door frame. Do not inflate your tires to the pressure listed on the tire itself. That number is the maximum pressure the tire can hold, not the recommended pressure for your vehicle.

### Some other tips:

- Inspect your tires at least once a month and before long road trips.
- It's best to check the tire's age. Some vehicle manufactures recommend replacing tires every six years regardless of use.

**An inspection is not just about checking tire pressure and age.**

### **Remember to check:**

- For any damage or conditions that may need attention;
- The tread and sidewalls for any cuts, punctures, bulges, scrapes, cracks, or bumps. The tread should be at least 2/32 of an inch or greater on all tires; and
- Your spare tire

If you find tire damage, take your vehicle to a tire service professional. Consider installing snow tires, but before buying new tires, visit NHTSA's Tires page to review tire safety ratings. The Uniform Tire Quality Grading System (UTQGS) lets you compare tire treadwear, traction performance, and temperature resistance.

# NHS College November News



## NHS November Happenings

### Campus Updates:

November 27th-29th: Thanksgiving Holiday –Campus Closed

### Events:

Every Tuesday-Free Lunch at Noon in Room 37

November 12th-19th: Garden Speaker @ 5pm in the NAS Cultural Building

November 13th: Lunch & Learn 12pm in the Cafeteria (Red Berry Woman Norma Flying Horse)

November 14th: Veterans Luncheon at 11am at MHA Veterans Affairs

November 20th: Healthy Habits Expo at 11:30am-5pm in the Cafeteria

November 20th: Lunch and Learn at 12pm in the Cafeteria (Justin from Diabetes Clinic)

November 22nd: Friendsgiving All-Staff 12pm in the Cafeteria

### Academics:

November 15th: Spring Application Deadline

### Athletics:

November 15th: Turtle Mountain Community College @ NHSC

November 16th: Turtle Mountain Community College @ NHSC

November 20th: Dickinson State University JV @ NHSC

November 30th: Oglala Lakota College @ NHSC



# NHS College November Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Alumni Cash Bingo in the Cafeteria @ 6pm	2
3	4	5 All Chief's Society Meeting 12pm  Storm Family Study Night 430pm-730pm	6	7		9
10	11 Veterans Day Campus Closed	12 Free Lunch at Noon in Room 37  Application Event 4pm in the Cafeteria	13 Lunch & Learn 12pm in the Cafeteria	14 Veterans Luncheon 11am at MHA Veterans Affairs	15 Spring Application Deadline  Basketball TMCC & NHSC	16 Basketball TMCC & NHSC
17	18	19 Free Lunch at Noon in Room 37	20 Healthy Habits Expo 1130am-5pm in the Cafeteria  Lunch & Learn at 12pm in the Cafeteria	21	22 Friendsgiving All-Staff 12pm in the Cafeteria	23
24	25	26 Free Lunch at Noon in Room 37	27 Thanksgiving Holiday Campus Closed	28 Thanksgiving Holiday Campus Closed	29 Thanksgiving Holiday Campus Closed	30



On behalf of West Segment we would like to wish each and everyone of you along with your families a Happy Thanksgiving!! We wish you all Thanksgiving blessings. From Councilwoman Gladys Sherry Turner-

Lone Fight and the West Segment staff.



Thanksgiving is a time to give thanks and be grateful for the blessings we have. A time to be thankful for our families, for our homes. As we all gather with our families let us take time to give thanks to our Creator God for all that he has done for us.



# MANDAREE MILES CHALLENGE!!

REACH MILESTONES WITHIN YOUR AGE GROUP AND RECEIVE AN INCENTIVE. STARTS NOVEMBER 1ST!

**100 MILES IN 30 DAYS!!**  
FOR AGES 13-49

NOT A STEP CHALLENGE! ONLY ACCEPTING OUTDOOR WALK/RUN, ELLIPTICAL AND TREADMILL BIKE MILES (1/2 THE WORKOUT) ALL MILES WILL NEED TO BE LOGGED IN MAPMYRUN ADD TIA MANDAN

**50 MILES IN 30 DAYS!!**  
FOR AGES 50+



CONTACT TIA MANDAN  
701-421-0239  
FOR ASSISTANCE WITH THE APP



Happy Birthday Wishes To Our Elders!!

Arvella White

Dora Gwin

Sharon Lone Fight

Diane Johnson

Curtis Hall Sr.

Daryl Finley

Annette Lyons Peck

Katherine Holding Eagle

Sherry Turner-Lone Fight



happy,  
happy  
birthday  
to you!

Please forgive us if we forgot to mention your name, it was not done intentionally.